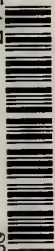


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Anherst High School Library



SOA

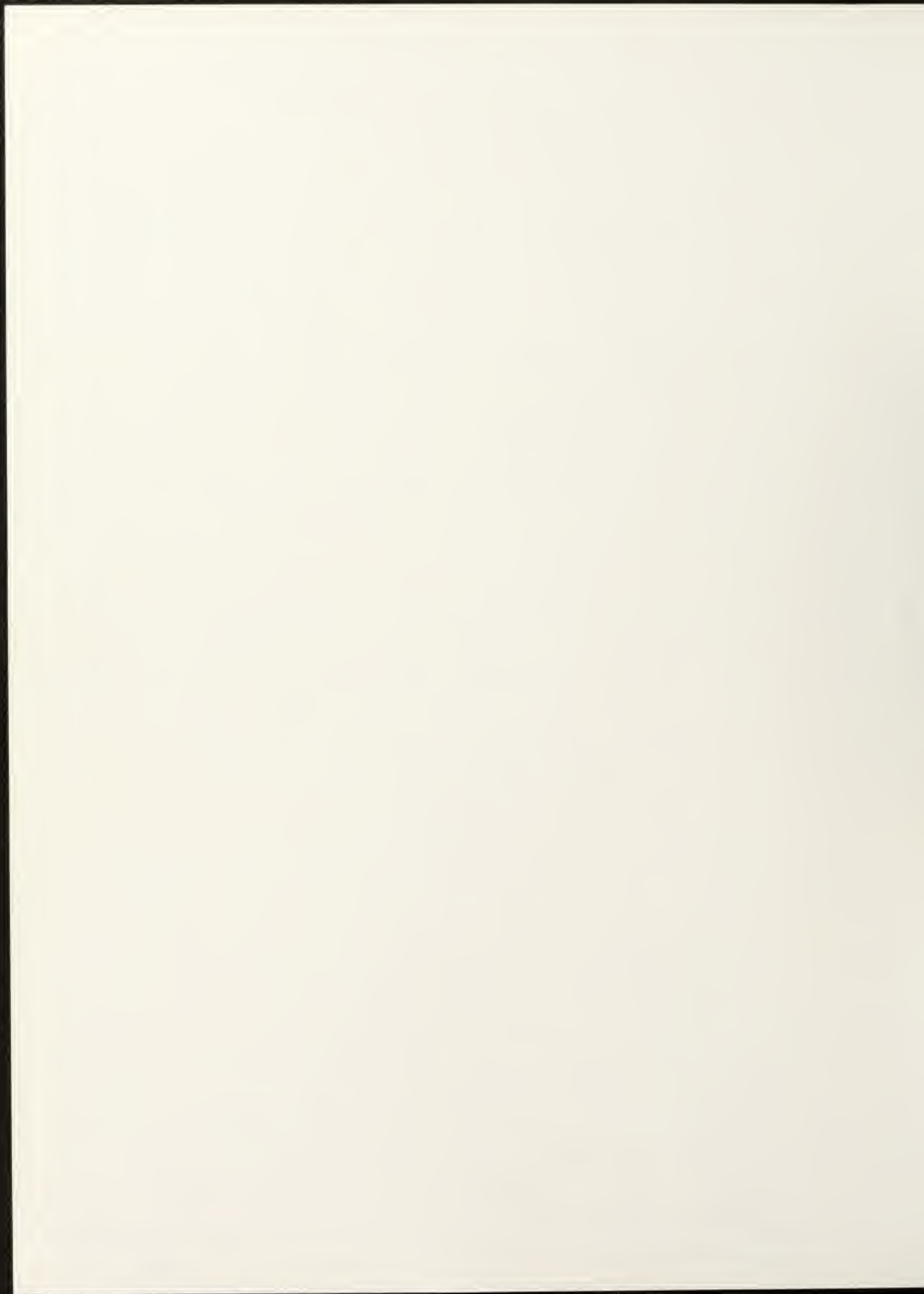
CHALLENGES

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SOA



Goldbug 1995



Class of 1995

Amherst-Pelham Regional High School
21 Mattoon Street
Amherst, Massachusetts 01002
(413) 549-3710
Enrollment 762
Volume 78

Challenges



Challenges

Facing Them Together

Every morning over 850 students and faculty walk through the front doors of Amherst Regional High School, carrying with them their own personal problems and challenges. These challenges range from trying to prepare for the next class, to dealing with friends, to making decisions about our future. But this year we have also had to join together to face such common problems as adjusting to a new administration, the issue grouping levels, the fight over a school addition, and the impact of budget cuts. The students have indeed been willing to take on the initiative and responsibility needed to maintain our school's educational resources and standards. This willingness has combined with the contribution of teachers willing to fill the gaps that have developed in the absence of a permanent administration. Such a response from students and faculty should spell success.

Our school's sense of unity has grown in the past few years and will continue to do so with the successful facing of each current challenge and of those to come. Therefore we devote this Goldbug to the theme of challenges and to those who face them.

*by Sarah Levy ('95)
Editor*

This is Josh Wallace!



Jesse Whittemore, Jessie Anthony, Alison Klaum, Emily Adrion run up North Whitney Street on their way to the finish line.



Cheers! Yu-Fei Lo, Shou Chi Chiang, My Hanh Vu and Thuy Tran enjoy a delicious school breakfast.



Meaghan Muldoon and Jessi Ross fill out superlative ballots while waiting for the bus.

Displaying their confusion sophomores leave the gym on the first day of school.



"Leave me alone, Yaron," says Havalah Schnurr, "I don't want to go to the math club meeting!"

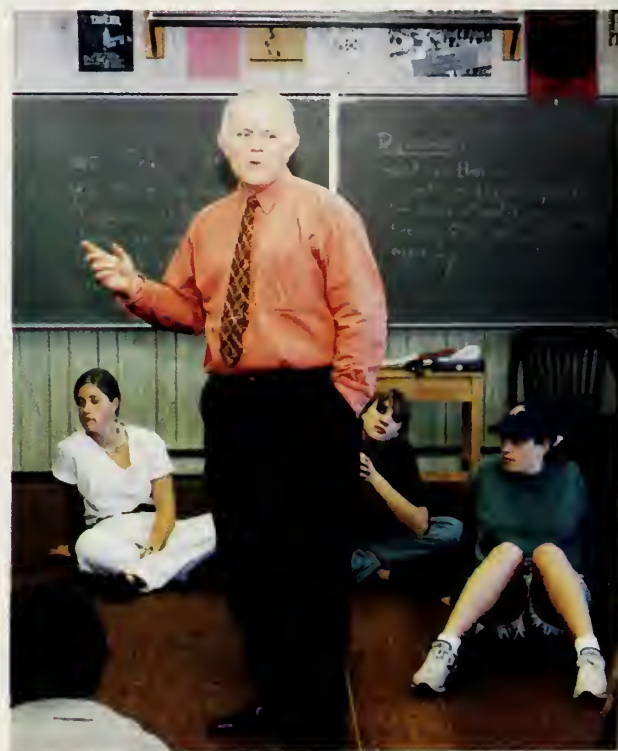
Diana Santiago ponders her chemistry book after school.

Matt Perchemlides cheerfully waits for physics class to begin.

Pretending to be Mr. Warthen, Ben Zeitler takes attendance in Drama class.



"All you have to do is find the average velocity" Nell Bryden explains physics to Elena Maltese-Blount.



Sophomore Bob Cole works hard on a paper before class starts.



Academics

Challenging Yourself To Learn

As students, we are reminded again and again that academics is the most important part of school. Academics is about more than subjects and grades, through; it's about challenging yourself to learn.

Often we are asked to live up to the challenges of people other than ourselves, such as parents, friends, and teachers. Most students believe that their parents want them to do their best and get good grades. All students asked say they feel their friends aren't concerned about how they do in school. Many students say they believe their teachers also want them to do their best.

Sometimes, however, the challenge becomes too much. A common complaint among students is that there is too much homework. Students say the average time they

spend on homework is anywhere from 0 to 4 hours a day. When asked if they ever felt overwhelmed by school, every student asked said, "yes" seniors Jesse Mazer and Jenicca Mainville said they often feel overwhelmed by too much work.

The question remains, how and why do we challenge ourselves in academics? Most students say that they challenge themselves by trying to do their best in school, and some say they challenge themselves by taking advanced classes, and others say they challenge themselves in order to learn more and make school more interesting. They also do it to prepare themselves for the future, which is full of challenges.

by Erin Littlefield ('95)



Pondering the meaning of Life, Ky Vu procrastinates doing his homework.

An energetic Mr. Warthen gets involved teaching his class.



B.J. Harris fiddles with his hat as he waits for Mr. Jacobs to arrive in class.



Hazard

Crowded Hallways Ahead!

Click, you close your locker after coming out of homeroom, turn around and see an endless wave of people that you must become a part of to attempt to get to class on time. Crowded hallways are common occurrences at ARHS, not just in the mornings, but for all passing periods. For every student, every day, getting around is a challenge. Unfortunately there is nothing that can be done, except to understand the causes and possibly figure out a way to minimize the struggle. One comment was made by David Kroodsma ('97), "it is easier later in the five minutes."

The unavoidable fact is that there are 762 of us students. Add to that a few dozen teachers and staff, the frequent television carts, occasional Physics hallway labs, and the numbers feel even larger.

The other areas of complaint and frustration are all focused on our bad habits of making mobs in the hallways. Noni Montgomery ('97) says the problem comes from the fact that "people walk too slowly," while Jay

Lithgow ('95) criticized "the slow-moving groups," and yet others just said the traffic jams occur when people just stop in the center of the hallways and talk with friends.

Although every student deals with the slow-moving mobs, there are students who have a still harder time due to crutches, wheelchairs, braces, or other physical challenges. People on crutches replied that although students will try to be courteous, it is still difficult to maneuver through the crowds. Jan Klenowski ('95) simply said "I mean, whoa!" in answering what is the most frustrating thing about the hallways. On the other hand, she did not say that getting around is her biggest problem on crutches; instead it is fatigue. And Matt Crossman ('97), also on crutches, commented that the stairs are his main problem.

In a school where academics and sports and friends are so important, it is easy to overlook the simple challenges of just getting physically through a day, a hall, and a crowd.

by Caitlin Callahan ('96)

"Want a bit of my cookie?" Danielle Margalit snacks between classes.



Despite her injury, Mariah Peelle is always on time for class.

Getting some help from friends, Matt Crossman gets through the day.



Relieved that no one was blocking her locker, Kristin Moyer gets her books for her next class.

Kneeling by her locker Addie Fletcher packs her bag to go home.



Hobbling through the halls, Jan Klenowski makes her way to class.

Robbie Russell leads the sophomore class out of their first high school assembly.

Do you think Chris Moran plans to join the circus after high school?
Or maybe he plans to be an astronaut.

Sophomore Adam English "hacks" with his friends after school in
front of St. Brigid's Church.



Heather Anderson, Melissa Roco, Alexandra Collado and Nana Ofori pass some time
during their open.

Enjoying a bagel and ice tea, Curry Walker and Venuta Carulli sit outside Bruegger's.



Aspiring chef Cristina Dann, hangs out with friends and shows off her cooking skills.



School's Out...

Now What?

School's over for the day. You're hungry and bored and have no place to go. Many students are occupied with sports or other after-school activities and others spend time at their friends' houses. Some choose to head uptown to hang out, but the search for a place to spend time with friends is not an easy one.

While we live in a college town with a variety of stores and restaurants, a challenge many students have is finding a place to just hang out where we're not being referred to as a disturbance. People often look down on kids in town who appear to just be sitting around doing nothing. This perception couldn't be further from the truth. After a day at school, most students are just interested in sitting around talking with their friends.

Free time in school is most often spent in the guidance office, in the lobby, by the doors in front of the au-

ditorium, or just talking during open periods in the cafeteria.

After school, the most popular places to socialize and get food are *Antonio's* and *Bart's*. *Bart's* is appreciated for their tolerance of kids sitting around all afternoon and just ordering a coke. A store most likely visited on a trip into town is the *Mercantile*, and *For the Record* is a popular place to look for music. Public places where students are commonly seen just hanging out are on the Common or outside of *Bart's*, at the front of the *Unitarian Meeting-house*.

The most common complaint in our town is that students feel that there's nothing to do and are just looking for a place to relax. While this is still a challenge, most students are able to find their own place to sit, stand, spread out, socialize, and just be themselves after school.

by Carrie Roy ('96)



Tisha Walker and Jen Dillon enjoy their pizza from Antonio's



Trisha Dana and Jeff Matuszko hanging out late one night and looking for a rodeo?



Summer

Around The World

Sunshine, lemonade, long days, swimming and sunbathing are all associations evoked by many ARHS students' favorite word: summer.

The unusually short summer vacation of '94 did not prevent ARHS students from undertaking some impressive challenges. From Virginia to Vietnam, from Australia to Alaska, students scattered throughout the globe to challenge themselves emotionally, intellectually and physically.

One student traveled to Thailand and volunteered with Hmong refugees. Another attended a communal

living camp modeled upon the Israeli Kibbutz experience. Several students assumed intellectual challenges: from architecture camp to ARHS' ESL summer school. One student biked across the U.S., while still others found the task of finding daily (and nightly!) entertainment in Amherst to be a challenge in itself.

While each ARHS student had a completely unique vacation, we all shared in the toughest challenge of all: dragging ourselves back to school at the end of the summer!

by Dorith E. Peleg ('95)

Sarah Collins and Gabi Kruks-Wisner spent time this summer in London.



Thuy Tran spend some time fishing on her first return to Vietnam since coming to this country.



Casey Beebe and Naomi Cairns enjoying some time on the beach at the cape this summer.





Muscle men Ned Connelly and Brian Bishop show off their pecs while vacationing on Block Island.

On the last day of summer vacation, Adrienne Copen, Susie Carey, and Marion Sussman get together for a 2-dozen Dunkin Donut feast.



Nell Bryden teaching at the Phanat Nikom Refugee Camp in Thailand.

Carrie Tharp and Jessi Denis hang out after soccer practice.

At a friend's house, Julie Gohsing slices red peppers for a pizza party.

Sitting on the bleachers, Patty Cole and Jen Hartwell wait for their turn to play pickleball.



During homeroom, Tova Neugut, Jen Morgan, and Lilly Mullin pose for the camera.

Jeremy Mainville tests his creation in Foods class.



Dressed up in their floral skirts, Jenn Gladu and Amy Margarit smile for the camera.



M

uch Ahead

Ready For the Challenge

In the spring of ninth grade, everyone was ready to leave the junior high school. Most people were slacking off in their work and people were ready to enter the high school.

Some had classes in the high school already so that led us to believe that this transition was going to be easy.

The transition did turn out to be easy, but there were some surprises. Some of us had to look at maps that we were given to get around and the guidance office was busy with schedule changes. Most of us found that the seniors got all of the electives that we wanted.

After we had settled down and felt more comfortable here we had to face new challenges. The junior class found that there was a lot of preparation and planning ahead of them. In October there were the PSAT's and there were talks with the college representatives and they had to start thinking about college visits. Everything seemed to be leading up to the big goal — graduation and our future.

There is a lot of work ahead of us but for now we have settled down to enjoy life at the high school and are ready to face the challenge.

by Lilly Mullin ('97)



Between classes, Gillian Howland, Sara Parent, Courtney Hall, and Cheryl Brunell stop for a picture.



Watching her peers play Caitlyn Webster relaxes on the bleachers.



Senior Year

The Challenges Ahead

*"I don't know where life will lead me,
but I know where I've been
I don't say what life will show me
but I know what I've seen."*

After a hectic four years, the senior class countdown is finally for the class of 1995 and soon it will be our turn to see where life will take us. We have watched those before us as they prepared for "life in the real world", and wondered what it felt like. Now we are getting ready to take our separate ways, we understand the combination of excitement, sadness, relief and anxiety that is part of our final year at Amherst Regional High School.

As our high school experience is coming to a close, we are all busy pondering the future. For some of us,

graduating from high school means going off to college. With applications, recommendations and essays to be completed, the college admission process has required lots of time and hard work. Others of us have plans to travel or to explore employment opportunities.

While some of us will leave Amherst Regional High School without looking back, others will remember these past years as the best part of our lives. Yet we have all gained knowledge, and memories that will stay with us forever.

Ad astra per aspera, class of '95
(To the stars through the hardship)

*by Cori Garret-Goodyear
Molly Stebbins
and Eleana Counselis*

A roving photographer catches Cori Garrett-Goodyear and Molly Stebbins during a free moment.



Moises Nunez and C.J. Wynder's faces show that English class can be a pleasant experience.



Meaghan Muldoon, Vanessa Norton, and Sarah Lange are joyful when they look at the Senior Countdown.





Pausing at his locker Luis Rosario poses for the camera.

Emily Cayer and Hillary Wilbur enjoy themselves at camp.



Between classes good friends Bill Cray, Josh Wallace, and Andy Bohne spend some quality time together.

Zak Katz exposes his hidden talents in drama class.

Sophomore Chris Rue actually looks happy to be in school.

Before class Sarah Callahan and Emily Silver catch up on the days news.



Sitting in front of CVS, Chris Carde and Sara Brown have a good laugh.

Moises Nunez has a chat with Mr. Jacobs outside the English office.





Roger Weisman successfully portrays a psychotic dentist drilling Jason Harlows' teeth as Sean Collins watches, fearfully.

Enjoying the sun Nadia Lcsy and Zrinka Dekic chat afterschool.



Courtney Scherpa and Thea Moruzzi set a good example by sharing.

In Appin, Scotland, English teacher Joseph Jacobs visits Stalker Castle.



STUDENT LIFE

The 2:15 bell may signal the end of the academic school day — but for most of ARHS, the day has only begun. Whether rushing off to practice anything from Ultimate Frisbee to the euphonium, or selling fresh-baked goodies to hordes of hungry students, or rehearsing for a performance, ARHS students occupy the school long after school is officially over.

As one senior breathlessly rejoiced after a break in her busy schedule, "This is the first day all year when I've actually gone home after school!" Belonging to an abundance of organizations and clubs, this student, like many of her peers, attends meetings and practices virtually every day . . . and then some.

Counting their earnings Thuy Tran and Yu-Fei Lo smile as they raise money for the International Students' Club.

Whether geared to prepare for the future (FBLA, Model UN . . .), to inform and express (The Graphic, Syntax), to entertain (Theatre Co., Cabaret), to explore cultural diversity (POCU, International Students'

Club, Latinos Unidos), to provide services (National Honor Society, SADD, Peer Education), or to fulfill one of many other purposes, ARHS clubs and organizations keep the school community active and alive.

ARHS student life keeps us involved in our school and with each other, and through such participation we often gain important insights about ourselves and our world.

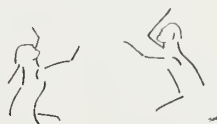
Best of all, these rehearsals, meetings, practices and bake sales cement friendships and inspire future undertakings. They are the experiences that provide us with fond and long-lasting memories of

our high school.

Dorith E. Peleg ('95)



Relishing in the sunny day, Gabi Kruks-Wisner, Alison Hsieh, Addie Fletcher and Cathy Wirth enjoy their weekend at Lake George.



Junior Bande Mangaliso displays one of the cakes for bidding.

Carrie Bernstein and Jenny George admire the many interesting cakes before the sale starts.



The International Students' Club cake and the Slacker Cake were two of the many cakes sold.

The final product of the Ultimate Frisbee team's cake at Tiina Booth's house.



More Cakes Than Ever

The tension in the room was amazing. The whole school . . . well maybe that's a bit of an exaggeration, most of the school was gathered in the auditorium, waiting for their chance to bid on one of the many delicious cakes. In fact, there were more cakes this year than in many years past. By the end of the auction, after most people had filtered out of the room, there were only a few smaller cakes left, which ended up being donated to charity.

Mr. Saulsberry, taking over

for Mr. Adams, had a large wad of money that he had earlier extorted from his fellow staff members. After buying several cakes he seemed to be willing to jack up the price, just to help raise money for the worthy junior class.

There were a few cakes this year that really stood out. The Ultimate cake had several layers and was decorated with one full sized disk, and several smaller ones. The International Students' Club cake was also noteworthy. One of the largest of the auction, it was round, and decorated

with many colors, candies and cookies. Of course not all of the cakes were beautiful. There was a small group of kids that were proud to present their "Ugly Eiffel Tower" which not only had cake but had pieces of apple and banana in it to help support it.

After people bought their succulent culinary masterpieces, they huddled around their cakes in the cafeteria, quickly devouring them before heading off for Thanksgiving weekend.

Eli McKenna-Weiss '96



Students and teachers stop by the auditorium to view the cakes before the sale.

Josh Brandt and others help frost the Ultimate Frisbee cake.



Let There Be Light!

It's dark out on the football field, then suddenly the lights go on one by one. As it gets brighter, people in the crowd are saying, "Let there be light." Each of the ten light poles will feature a plaque honoring those who gave money to purchase the lights. The first light to be lit was dedicated to the memory of Jack Hefley, the late ARHS principal who was instrumental in getting the lights, and Ken Jenks and Karen Kudriko who were dedicated parents of ARHS graduates.

The bleachers are so full, people have to stand on both

sides of them. The band plays the National Anthem, and Amherst runs out all excited and gladly begins the game.

Northampton scores the first touchdown. The Amherst crowd goes wild, yelling for its team to get a touchdown. Matt Natle, Amherst's fullback, complies. The crowd shouts happily. The first touchdown by Amherst. It is a very enthusiastic crowd, yelling, screaming, and cheering along with the cheerleaders.

It is the first night under the lights.

The team tried really

hard, knowing that the community was out to support them, to beat their biggest rival, Northampton.

It was a good game, but Amherst came up short. The final score was Northampton 44, Amherst 20.

"It felt really good playing under the lights because it was something that our team has always wanted to do," said Coach Tom Cullen.

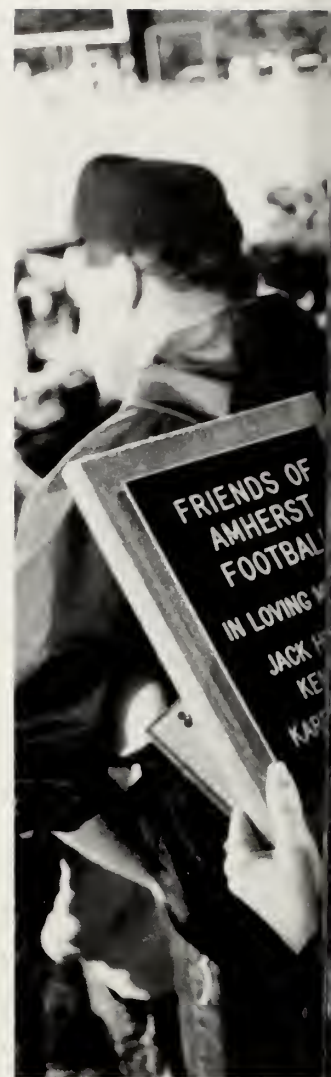
"It was a great game and Amherst did a good job," said a fan.

Michele Wenowitz '96



Jason Murphy, Jeff Matuszko, Trisha Dana and Ned Connelly get ready for the game under the lights.

Amherst has a show of force as they attack Northampton's line.





As the new lights flood the field Linda Jenks looks at a plaque dedicated to supporters of Amherst football. (photo by Christopher Evans, Hampshire Gazette)

At Homecoming, Junior Tuba player Caitlin Callahan shows her team spirit.



Rowdy fans cheer from the sidelines as Amherst makes a play.

Emily Silver, Meryl Glassman, Ellen Lin, and Jennifer Morgan enjoy homecoming.



Almost Broadway

The ARHS Theatre Company begins each year hoping its various productions will include as many as 150 different students, and 1994-95 achieved that easily enough. Its October production of *Three Irish Plays* alternated lunatic farce and tragedy. In February, it presented *Born Guilty*, a new script about legacy of guilt at work in present-day Germany. In March, *Mixed Babies* connected a slumber-party involving five African-American girls in Oklahoma with the ageless

pull of African culture, in the ARHS entry into the state one-act play contest (Ekene Nwokoye '95 directing). And at the same time, the huge production of *Fiddler on the Roof* was coming together, another Wendy Kohler/Phil Crafts/Jessel Murray staging following last year's *Carousel*. Another gaggle of student written plays followed in the spring. And working with the Valley Light Opera, the Theatre Company purchased another piece of lighting equipment to the auditorium's system.

Student playwright, Elisabeth Malsch, gets her cast in shape for a production of her play.



In "Lovers" Ojay Martinez balks at whatever has tickled girlfriend Aviva Wertkin.



Rehearsing "Mixed Babies," director Ekene Nwokoye proposes a dance move to Bande Mangaliso and Heather Anderson.





A sextet of Theatre Company mainstays take their bows as techies in a Theatre Company production.

Simon Shea loses it altogether, at rehearsals for 3 Irish Plays.



At a set-building session. Addie Fletcher breaks-up in conversation with Sarah Collins and Nathan Dauchy.



As Deborah Wolk watches, Ben Nugent announces he has poisoned Luis Rosario, rival for his wife, in G.B. Shaw's *Poison, Passion, & Petrification*, in 3 Irish Plays.

Cast members go through the motions during one of the many rehearsals leading up to the performance.

Taking a break from working on sets, Abbie Weinberg watches the cast rehearse.



Heidi Norbis (Hodel) and Cristina Dann (Golde) go through their lines together.



Getting ready for the big night, Ebon Moss-Bachrach (Tevye) practices one of his songs.



The cast of *Fiddler on the Roof* goes through a dance routine.



Spending most of February vacation at the high school, Cora Weimer-Hodes helps to build sets.

Fiddler on the Roof

After two grueling auditions in which hopefuls sung the National Anthem and did readings from the script, the cast of *Fiddler on the Roof* was set.

The musical follows the exploits of Tevye (Ebon Moss-Bachrach), his wife Golde (Cristina Dann), and their daughters, Tzeitel (Elena Maltese-Blount), Hodel (Heidi Norbis), and Chava (Molly Godfrey) through hard times in the Russian town of Anatevka during the Revolution.

Other characters include Yente (Miranda Balkin), Motel (Yaron Karon), Rerchik (Gabe Vaughn), Lazar Wolfe (Paco Tolson), Mordcha (Luis Rosario), the Rabbi (David Lemly), Medel (me), Avrahm

(Josh Feldman) and many others (who will be angry at me for not mentioning them here [However, this will be in a few years when they read this.]).

For those wondering what a rehearsal is like: Deb yells and teaches us dancing while the cast talks. Mrs. Kohler directs us and Mr. Murray is the director of music.

Hereafter are the "identify the speaker" in-joke lines: "In New York...", "Too much chatter," "Mazel tov." "Hey you four son of trouble," "Why am I here?" "We don't know." "That's the wrong answer."

Thanks to all who made the performance possible.

Gabriel Barbaro ('95)



Showing that rehearsals can be fun, Elena Maltese-Blount (Tzeitel) and Luis Rosario (Mordcha) take a break for a hug.



Cabaret 1995

What a difference a year makes. This year there was no snow during the four performances, lots of cast members and tons of people. Because of the huge audiences it was a successful fund-raiser for the choral program.

For those of you who don't know what the Cabaret is, it's a hodge podge of skits and musical acts. There were songs from Motown, and lots of numbers from musicals including: "Little Shop of Horrors" (From a flower lover to a Mad Dentist), "Damn Yankees," (in which co-master-of-ceremonies Elena Maltese-Blount is a

disgruntled wife), "Babes in Arms," an Elvis song (co-master-of-ceremonies Gabriel Barbaro played the king), a Gershwin Song and a duet from the "Sleepless in Seattle soundtrack." At the end the seniors carried on a tradition a la "The Lion Sleeps Tonight."

The show was made possible thanks to Mr. Murray, the school administration, custodians, food people, the lighting techies, jazz trip, stage manager Chris Harlow and all the unsung heroes. With this years stellar show next year ought to be a stellar success. Thanks and good luck!

Gabriel Barbaro ('95)

Chris Walker-Ray and Gabe Barbaro compare walks in the "Ministry of Silly Walks."



A seventies atmosphere fills the room with a spirited rendition of "ABC."



Shira Olevsky-Abercrombie and Will Matthews contemplate their marriage as Sarah Harrington looks on.





While performing *Satin Dolls*, Phoebe Taubman and Abe Smith have all the right moves.

Masters-of-Ceremony Elena Maltese-Blount and Gabe Barbaro entertain the audience before the next act.



Thuy Tran and an unidentified flower show off their petals.



A large part of the cast sings *Freedom Is Coming*, one of the traditional Cabaret songs.

The Purcell Prodigies

Performing (very) challenging music under the always-entertaining direction of Mr. Purcell ("Just because it's Tchaikovsky doesn't mean it's rushin'"), drawing symbolic meaning from the temperature of the instrument room ("You know it'll be a bad day when the pole is cold"), student-conducting adventures (from Ella's purple monsters to Noni's all-out full-body method), and jazz performances during lunch periods were just a few of the highlights enjoyed by ARHS' four bands: the Symphony Band, Wind Ensemble, Jazz Workshop and Jazz Quartet.

The Wind Ensemble had another amazing year, one filled with musical discovery. We came as close as we've ever gotten to achieving two of the pinnacles of musical skill, only to fail at the end. Alas, Keeping in Tempo and Playing in Tune will have to wait for another year. Last year's invading freshman have become sophomores, and they began to make themselves heard in large numbers, both musically and otherwise. Of course much of the year was spent in anticipation of the eagerly-awaited spring trip to Philadelphia, which of course proved a rousing success. The Wind Ensemble sold enough citrus fruit to fortify the entire Pioneer Valley with

a winter's supply of Vitamin C, and it truly banded together (no pun intended) in pursuit of a common goal.

The Jazz Workshop got a somewhat different taste of the Purcell Experience, rehearsing in a more intimate workshop setting, with daily exposure to Mr. Purcell's free-wheeling jazz improvisations (look out, Kenny G!). At the same time the advanced group, the Third Mile Jazz Quartet, refined its distinctive sound and experimented in new musical direction. After hearing them play, we can only say that "ultimate cool" is not longer just a thermometer rating.

And the Symphony Band played a wide array of music — everything from *Schindler's List* and *The Lion King* to music from Cambodia. Others in Amherst may give lip service to diversity, but for the Symphony Band it's a way of life.

So, as always, all the wind-instrument groups experienced a lot of the three L's: learning, late dismissals and laughs. And those who attended the concerts, as well as the participants themselves, know that the hard work of the groups and their members paid off for memorable and successful performances, and a very special year.

Yaron Koren ('95)

Dorith E. Peleg ('95)

Dan Halgin watches as Jeff Ragle plays is trumpet.



Third Mile Jazz Quartet

Clarinet & Alto Saxophone - Yaron Koren
Guitar & Bass - Loren Ludwig
Piano - Ebon Moss-Bachrach
Drums - Brian Emery



WIND ENSEMBLE

Douglas L. Purcell, *Dir*

Piccolo

Abbie Weinberg

Flute

Ella Pearce
Cora Weimer-Hodes
Kari Stanek
Cathy Wirth
Laila Kachwaha
Meryl Glassman
Carrie Roy
Dorith Peleg
Litza Melendez
Noni Thompson
Catherine Bonsignore
Sara Suglia

Oboe

Sarah Callahan

Bassoon

Rebecca Peterfreund

Clarinet

Yaron Koren
Daniel Mullins
Corey Kurtz
Jennifer Morgan
Amy Margalit

Alto Clarinet

Carrie Adrion

Bass Clarinet

Christine Depault

Alto Saxophone

Scott Snyder
Michael Ellis

Tenor Saxophone

Matthew Lambdin

French Horn

Esther Switzenbaum
Stefania Vanin
Derek Van Blerkom

Trumpet

Elizabeth Brown
Emily Jones
Jeffrey Maki
Justin Sorensen
Dorje Romito
Simon Shea
Matthew Burnham

Trombone

David Kroodsmas
Matthew Jones
Joshua Douglas

Euphonium

William Matthews

Tuba

Caitlin Callahan

Percussion

Rene Gonzalez

Seth Blitzblau

SYMPHONY BAND

Douglas L. Purcell, *Dir.*

Flute

Janet Ross
Tamar Barnoon
Kira O'Neil-Bona
Lillian Mullin
Irene Askew
Lauren Schiller
Amanda Pidel
Kathryn Donoghue
Angeli Martinez
Jameson Triplett

Clarinet

Kate Berrien
Joshua Bloomekatz
Peter Marchetto
Ingrid Frau
Bryan Looze
Nicholas Lange
Joshua Davis
Adina Lemeshow
Ginger Fowler

Alto Clarinet

Cheryl Brunelle

Bass Clarinet

Sara Parent

Bassoon

James Hing

Alto Saxophone

Shaen Robertshaw
John Whitehead
Geoffrey Burnham
Robert Moriarty

Tenor Saxophone

Brian Zloger

Baritone Saxophone

Christopher Meyers

Trumpet

Stephen Christopher

Trombone

Gregory Ross

Euphonium

Matthew Crossman

James Melby

Tuba

Philip Ciccarelli

Percussion

Rachel Friedman
Benjamin Jones
Jeremy Mainville
Davin Peelle
Ron Peleg
Courtenay Ross



Symphony Band



Wind Ensemble



Jazz Workshop

JAZZ WORKSHOP

Douglas L. Purcell, *Director*

Galen Kilroy, *Clarinet*
Tova Neugut, *Clarinet*
John Szczesny, *Clarinet*
Daniel Halgin, *Alto Saxophone*
Jeffrey Ragle, *Trumpet*
Charley Eisman, *Guitar*
Devin Giles, *Piano*
Jesse Hofrichter, *Piano*
Robert Friel, *Bass*
Rene Gonzalez, *Drums*





Chorale



Concert Choir

Concert Choir

Jessel Murray, *Director*

Leyda Andino
 Miranda Balkin
 Julia Barnes
 Toni Battistoni
 Casey Beebe
 Amike Blake
 Naomi Cairns
 Heather Carmichael
 Emily Cayer
 Wha-Hsiang Chao
 Erin Cheney
 Megan Drake
 Allison Dunn
 Adam English
 Joshua Feldman
 Aaron Fine
 Amelie Geiger
 Devin Giles
 Jennifer Gladu
 Mollie Godfrey
 Julia Gohsing
 Sean Griffin
 Jennifer Grim
 Christopher Harlow
 Sarah Harrington
 Dawn Howard
 Emily Howard
 Ethan Karson
 Nicole Landset
 Heather Lattuca
 Molly Maland
 Gabriel Marquez
 Jaime-Lynne Marshall
 Gracious Mbubaegbu
 Heidi Norbis
 Shira Olevsky-
 Abercrombie
 Abigail Penniman
 Aida Perez
 Matthew Riddle
 Tashina Robinson
 Ryan Ruopp

Colleen Schmitt
 Abraham Smith
 Claire Spencer
 Michael (Paco) Tolson
 Jonathan Walker
 Abbie Weinberg
 Michele Wenowitz
 Samuel Wilson
 Deborah Wolk
 Christopher Wood
 Benjamin Zietler

Chorale

Jessel Murray, *Director*

Asha Awad
 Gabriel Barbaro
 Kai Bicknell
 Nell Bryden
 Venuta Carulli
 Cristina Dann
 Jason Harlow
 David Lemly
 Erin Littlefield
 Loren Ludwig
 Elena Maltese-Blount
 Lucia Maraniss
 William Matthews
 Becky Mazur
 Eli McKenna-Weiss
 Ebon Moss-Bachrach
 Jamie Munger
 Rita Powell
 Nina Reck
 Maria Roeper
 Emily Riddle
 Joshua Rock
 Melissa Roco
 Karen Ross
 Diana Santiago
 Daniel Spratlan
 Ashleigh Sullivan
 Phoebe Taubman
 Molly Thomas
 Johari Townes
 Roger Weisman



Before the concert at the Lasagna Dinner, Jamie Munger and Loren Ludwig stop for a picture.



Murray's Musical Marvels

September 1994 marked the beginning of Jessel Murray's second year as conductor/director of the choral program. Both the Concert Choir and the Chorale had busy performing schedules which kept them singing until June.

Despite some changes in the program, the system of choirs remained the same: Chorale is still admission by audition and Concert Choir requires no audition. Chorale maintained its size of 31 members while Concert Choir grew from 21 to 52.

The Chorale gave three main concerts including one at Grace Church in November, one at Wesley Methodist Church in May and the annual Lasagna dinner in October. The Concert Choir gave two

main concerts: one at the Junior High in December and one with the Ninth Grade Chorus at the South Congregational Church.

Both choirs toured. The Concert Choir sang at Framingham State College in January for the McAuliffe Foundation. Chorale traveled to New Jersey and Pennsylvania in late April.

Members of both groups helped to make Cabaret a great success. All of the four shows were sold out and we didn't have to cancel any performances due to snow. (We did survive an opening night black-out, however.)

At the end of the year, all of the choruses joined the high school orchestra to give a rousing finale with a performance of the Vivaldi *Gloria* at Buckley Recital Hall.

Phoebe Taubman ('95)



The chorale, under the direction of Jessel Murray, performs for the crowd after a good meal at the S.H.O.C.K dinner.



Making garlic bread for the Annual Lasagna Dinner, Lucia Maraniss, Josh Rock, Eli Martz get some help from cafeteria manager Heddie Thompson.

Elisabeth Malsch, Alice Yao, Kim Sherman and Jessie Whittemore pose for the camera.

Smith's Symphonic Strings

Well it has been quite a year for us orchestra folks, what with a trip to the city of brotherly love, and the orchestra wave. Musically, we've had the *Sonata da Chiesa* by Adolphus Hallstork, *The Simple Symphony*, the infamous Mendelssohn piece that he-wrote-when-he-was-thirteen-and-we-can't-play-at-seventeen,

and *The Barber of Seville*. As the orchestra we have grown tremendously (nine violas?!), and not just in the metaphorical sense of the word. So much, in fact, that the orchestra in the secondary levels contained 150 players! It's been fun, it's been exhausting, but most of all it's been musical. But hey, it was fun, right?

Amanda Boynton ('96)



Josh Feldman, Eleanor Norton and Cynthia Lowen hang-out before a concert.

Orchestra buddies Stacey Whitbourne and Noah Stapleton live it up.



Rachel Mackintosh prepares to tune her violin before the concert.





Orchestra

Patrick C. Smith, *Director*

Violin

Marcos Anello
 Aaron Fine
 Ethan Hazzard-Watkins
 Alison Hsieh*
 Jane Leonas
 Ellen Lin*
 Li Liang
 Tzu-Chun Liang
 Cynthia Lowen
 Rachel Mackintosh*
 Elisabeth Malsch*
 Bande Mangalis
 Brian Meyers
 Nashema Morales
 Sara Orellana
 Tyson Peelle*
 Abigail Penniman*
 Jacqueline Possardt*
 Viviana Ruiz
 Ryan Ruopp*
 Kim Sherman
 Robert Sachowiak
 Jennifer Steinberg
 Narah Valcarcel
 Curry Walker
 Christopher Walker-Ray
 Stacey Whitborne
 Jessica Whittemore
 Steven Williams*
 Alice Yao
 August Zajonc

Viola

Amanda Boynton*
 Sarah Harrington
 David Lemly*
 Eli McKenna-Weiss*
 Elisha Portier
 Joshua Ratner
 Karen Ross*
 Mia Sorcinelli
 Jeremy Waterman*

Cello

Sarah Collins*
 Joshua Feldman
 Jared Hirschhorn*
 Alysoun Johnston
 Samuel Kimball
 Vivian Lee*
 Kerry McKenna*
 Eleanor Norton*
 Matthew Perchemlides
 Daniel Roth
 Noah Stapleton
 Anson Tripp

***Chamber Players**



Orchestra



Chamber Players



top to bottom: Tarik Coble; J.R. Reynolds, Moises Nunez, Gregory Fennell, Luis Rosario, George Sierra, Roger Garay, Ojay Martinez

Senior JR Reynolds does his best to make the ABC house shine.

Getting the Best

Just the eight of us. It resembles the Real World on MTV, except it is real. We all come from different backgrounds and different up-bringsings, to live together in Amherst. The goal is to get the best education possible, and afterwards be able to attend the college of our choice. It works.

We came to Amherst for "a better chance"; to get away from the crime, the pollution, and the noise of the big city. The city where we were once receiving sub-par education. For many, going through Amherst's program provides them with a chance to be one of the few in their families to attend college. The program provides us with a lot of opportunities, opens doors and paves roads that lead to success.

It's tough having to leave your family for three years. When you return to your families on vacations an out-of-touch feeling presents itself, but this quickly vanishes when you are resituated, and the rewards, praise, and love start pouring in.

It sounds to many as if living at our house is all work, but we've come to learn that work equals rewards and self-fulfillment. It is a warm and intelligent family we've become a part of; a family with pride and love.

Amherst ABC is more than "just a program"; it is our home. It is our family, and it is a close knit one. We find time to argue, fight, run around, and to work. It is not all fun and games, but hey -- it's the real real world.

Moises Nunez ('95)

Ojay Martinez ('97)



ABC veterans Luis Rosario, Moises Nunez and George Sierra pull a prank on the new members by moving their furniture out onto the front lawn.

Taking a break from his studying, Tarik Coble uses his time to catch up on the latest gossip.





Chef Ojay Martinez whips up one of his famous confectionary delights.

Live and Learn

Ever thought about living abroad? Sure sounds like fun! Well it is, and you can. Whether it's for a summer, a semester, or a whole year, going abroad takes a lot of preparation and energy. Yes, spending time away from home in a foreign country certainly has its benefits: you will form a life-long bond with your host family, make new friends in school and learn what it is like to live in a culture completely different from your own. Being immersed day to day in a foreign language will have you fluent no time. Sharing with others about yourself and your

country becomes a daily task that is very rewarding. You come to realize and appreciate things about our country and your life at home that you once took for granted. All in all it is a very positive, self-fulfilling growth experience. It helps to know as much about your country as possible, as people will ask you lots of questions. Good preparation is to brush up on the language, and ask yourself: What would I ask a foreigner who was living in my house? Go with an open mind, and hope for the best. Live and learn, and share the experience.

Adrienne Copen ('95)



On her AFS exchange in Venezuela, Adrienne Copen and her host sister are greeted by the school principal.



Spanish Exchange Group

1st row: Dael Chapman (advisor), Ingrid Frau, Sarah Levy, Abigail Penniman; 2nd row: Michael Cohen, Kate Berrien, Asha Awad, Kari Stanek, Carrie Roy, Erin Littlefield; 3rd row: Corey Kurtz, Anna Coldham, Ethan Hazzard-Watkins, Ojay (the juice) Martinez, Luis Rosario, Matthew Lambdin, Gabriel Barbaro, Molly Thomas



Making a Difference

Many students devoted a large amount of time to helping the community of Amherst and surrounding towns but also our own school community. *National Honor Society*, *Students Against Drunk Driving*, *Environmental Action Club* and *Women's Collective* are four examples of student organizations that have made a noticeable difference.

National Honor Society, led by officers Matt Perchemlides, Danielle Margalit, Jessie Whittemore and Addie Fletcher, was very active. NHS members played a key role in the paper recycling efforts in the high school. In addition, NHS continued to help the Western Massachusetts Food Bank to distribute food through the Brown Bag projects. Members all spend at least 20 hours doing volunteer work in the community.

Students Against Drunk Driving, run by Angela Palazzolo and Jason Harlow, remain committed to educating the student body about the dangers of drinking and driving. They organized a drunk driving awareness event in the

spring.

The Environmental Action Club, led by Cathy Wirth and Gabi Kruks-Wisner, also had a very active year. The club's major achievement was the initiation of S.M.A.R.T. (solid waste management and recycling team). Through this program, waste from the cafeteria was recycled and composted, a portion of which was fed to pigs on a local farm. The students were very willing to participate in this program, although they had to deal with big buckets of slop!

Women's Collective grew under the leadership of Anette Jacque and Johari Townes. The group provided a comfortable and supportive place (Sadie Wilcox's living room) for students to meet and talk about social and personal issues. Events such as the second annual Fletcher's basement sleepover allowed the group to bond together.

It is wonderful that students were so willing to help out in the community. We have a lot to offer!



Students' Against Drunk Driving
Sara Suglia, Rhiana Swartz, Jason Harlow



National Honor Society

1st row: Jessica Whittemore, Rebecca Chernock, Hannah Blitzblau, Chris Comish, Eli McKenna-Weiss, Jason Harlow, Dolores Cruz, Rachel Mackintosh; 2nd row: Ella Pearce, Lena Fletcher, Vanessa Norton, Allison Hsieh, Sarah Lange, Meaghan Muldoon, Erik Betjemann, Johar Townes, Sadie Wilcox, Anette Jacque, Molly Thomas, Gabriel Barbaro, Jon Mallen-St. Clair; 3rd row: Stephanie Hartouni, Isaac Kimball, Catherine Bonsignore, Sarah Collins, Jessi Ross, Andrea Ratner, Gabi Kruks-Wisner, Cathy Wirth, Carrie Adrion, Trinh Chu, Jen Weber, Karer Ross, Addie Fletcher, Vivian Lee, Rhiana Swartz, Abigail Gulliver, Dan Halgin, Matthew Perchmiledes, Bande Mangaliso, Kia Custard; 4th row: Matthew Collette, Litza Melendez, Joshua Ratner, Kai Bicknell, Ebon Moss-Bachrach, Nate Dauchy, Jessie Anthony, (and our friends not from the chess club.)





Matt Perchemides fulfills his volunteering requirement for NHS



Matt Collette quickly fills a bag during *brown-bagging*.



Sadie Wilcox: recycling with a smile.



Women's Collective

1st row: Gabi Kruks-Wisner, Maria Roeper, Kai Bicknell, Phoebe Faubman, Molly Thomas, Jamie Munger, Lena Fletcher, Ashleigh Sullivan; 2nd row: Rhiana Swartz, Elena Maltese-Blount; 3rd row: Anette Jacque, Curry Walker, Sadie Wilcox, Addie Fletcher, Allison Dunn, Catherine Bonsignore, Ekene Nwokoye, Johari Townes, Caroline Winter, Vanessa Norton



Environmental Action

1st row: Jason Harlow, Gabe Barbaro, Addie Fletcher, Gabi Kruks-Wisner, Cathy Wirth; 2nd row: Julliette Burbank, Alice Yao, Carrie Adrion, Kim Sherman, Lena Fletcher; 3rd row: Scott McNiven, Chris Walker-Ray, Jessie Anthony



Jenny George and Katya Riagoeva enjoy the snow in Petrozavodsk, Russia.



Noah Stapleton, Heidi Norbis, Becca Gallant, and Jessi Ross reminisce about the days of stickers and pens.



Sarah Collins, Woody Davies, and Jamie Munger celebrate the Chinese New Year with paperfolding.



Russian Club

front row: Heidi Norbis, Johanna Rhule, Bethann Fried, Noah Stapleton; back row: Judith Wobst (advisor), Greg Ross, Simon Cooper, Ira Lindsey, Becca Gallant, Jessi Ross, Josh Gold, Rob Stachowiak



Chinese Club

front row: Jennifer Chang, Nar Dong, Chih-Wen Su (advisor), Guo-Zhu Li; back row: George Solt, Matthew Burnham, Eden Ma, Lin-Chung Liang



Learning Languages

Our wacky language clubs were busy this year. Chinese Club, led by the unstoppable Mrs. Hsu, helped organize the S.H.O.C.K potluck, where they put on a puppet show. The members also held a Chinese New Years Celebration during lunch at the high school, where they taught students how to write "Good Luck" in Chinese, and about zodiac signs.

Russian Club continued its long tradition of baking a cake for the cake sale. Unfortunately, the cake did not turn out too well, but soon the club was back on track. The fall included numerous activities, such as potlucks, bake sales, and pirozhki baking. In February the club welcomed two guests from Petrozavodsk, Russia who spent all of second semes-

ter here. On April 29th the Annual Vecherinka was held, and, as usual, all Russian Club members helped out happily. (Some of course were happier than others.) The year ended with the traditional potluck, where the esteemed Judith C. B. Wobst handed out witty awards to all of her wonderful, dedicated students.

Latin Club, in its members own words: "I sing of T-Shirts and 4th Annual Junior high plays, first from the Latin club, who then went to plays, potlucks, and Toga parties, but never to Becky's house during A period. We learned how to pick-up men from the races, clad in oak and triple-plated bronze (Da mi basi mille) while fasting for ox-fam and completing puzzles. We hung newly-completed banners and Classics Day gold medals while eating Italy shaped cake. Ave atque vale!"



Latin Club

left to right: Meaghan Muldoon, Betsy Mathews (advisor), Hannah Blitzblau, Vanessa Norton, Becky Chernock, Josh Brandt



Chinese Club celebrates the Chinese New Year with a parade through the halls.



to be a rabbit

Outing Club began this year at 5:00 a.m. playing duck-duck-goose in a parking lot at the Notch. We spent our fall climbing mountains (Mt. Manadonok, Green Mountains, Bear t Norowotok), crawling in caves, and playing night capture the flag and all out tackle. Snow brought us skiing and winter back-packing, with plans for Lake George, rock climbing, mountain biking and hiking in the spring.

Memorable moments included Matt in the Hammock, Vivi and the dog

--, alarm clocks at 4:30 a.m., getting a speeding ticket, AK & HB, Pete listening to debates at core committee meetings, and many more. Twelve lucky cherubs learned that they were responsible for their own confusion in the leadership program, which included six Friday nights and three days in North Chester. Memorable moments included Aaron's joke hour, a dog named sex, crawling through ropes and up cliffs, and figuring out what noise a duckbill platypus makes. In short, it was a great year.

Lena Fletcher ('95)

Ella Pearce ('95)



Leadership Training

1st row: Josh Ratner, Ella Pearce, Lena Fletcher; 2nd row: Viviana Ruiz, Addie Fletcher, Gabi Kruks-Wisner, Hannah Blitzblau, Sarah Collins; 3rd row: Alex Rosenthal, Brian Clarke, Sarah Lange, Dan Mullins, Nathan Dauchy



Outing Club

1st row: Ella Pearce, Brian Clark; 2nd row: Lena Fletcher, Becky Chernock, Hannah Blitzblau; 3rd row: Stephanie Hartouni, Vanessa Norton, Alison Hsieh, Sarah Lange, Meaghan Muldoon, (the mysterious four); 4th row: Matthew Collette, Joshua Ratner, David Lemly, Sarah Collins, Ebon Moss-Bachrach, Gabi Kruks-Wisner, Nathan Dauchy, Cathy Wirth, Yang Tang, Dan Mullins, Alex Rosenthal, Addie Fletcher, Eli McKenna-Weiss, Matt Seeve, Isaac Kimball, Vivian Lee, Cora Weimer-Hodes, Viviana Ruiz, Molly Stebbins, Cori Garrett-Goodyear





After a hearty meal Casey Beebe, Naomi Cairns, Hannah Blitzblau and Andrew Kahn let their stomachs settle.

With broad smiles on their faces, Ella Pearce and Lena Fletcher participate in a funny game.



Running through the snow, Dan Mullins learns to appreciate shoes. (He also learns how to warm his feet up again.)



As the sun shows itself over the mountains, Scott McNiven and Gabi Kruks-Wisner start the day together.



At the end of the sunrise hike, Lynne Ashby, Patty Cole, Nathan Dauchy, Matt Seeve, Brian Clarke, Viviana Ruiz, Vanessa Norton and Sarah Lange gather for a group picture.

Megan Johnson, Delia Scanlan, Curry Walker and Caitlan Callahan hard at work on layouts for the yearbook.

Senior Jessi Ross had a great time working on the yearbook.

Putting mailing labels on, August Zajonc gets *The Graphic* ready to take to the post office.



Getting ready for the deadline. Alice Yao and John Whitehead put together *The Graphic*.



Goldbug

sitting: Molly Karlin, Karen Ross, Sarah Levy, Carrie Roy, Elnie Gillers; standing: Suzanne Stendahl (*advisor*), Caitlin Callahan, Delia Scanlan, Curry Walker, Trinh Chu, Andrea Ratner; not pictured: Megan Johnson (*assist. advisor*) and Jessica Ross





Stop The Presses!

Whether providing students with lasting memories, an outlet for creative outpourings, or a forum for opinion and information, ARHS' three student publications are an integral part of school life.

The Goldbug (school yearbook) keeps its staff busy conducting polls, compiling quotes, captions and photographs as well as designing layout. The Goldbug keeps memories alive by serving as a time capsule of ARHS life.

Syntax (literary magazine) solicits students' artwork, poetry, and prose. Its primarily new staff worked hard throughout the year assembling and selecting work for publi-

cation.

The Graphic (school newspaper) is distributed eight times a year during lunch, and for the first time it was regularly mailed to students' homes. Published at the Daily Hampshire Gazette, the Graphic won several awards at conferences its staff attended.

Each of the publications faces its own unique challenges, but all three must meet deadlines, stay organized and compromise occasionally conflicting aesthetic and/or literary ideals.

All three staffs rose to the challenges with devotion and determination, providing ARHS with printed reflections of its students.

Dorith E. Peleg ('95)



The Graphic

1st row: Bruce Penniman (advisor), Erik Betjemann, Dorith Peleg, Jon Petitt, Dara Cohen; 2nd row: Irene Askew, Kate Berrien, Alice Yao, Elisabeth Malsch, August Zajonc, John Whitehead, Evan Gregg



Syntax

Carrie Bernstein, Jennifer George, Amanda Pidel, Melanie Herbert; not pictured: Benton Minks (advisor)



Better Understanding

People of many different races and backgrounds attend our school. To reflect this, groups such as People of Color United (P.O.C.U.), the International Students' Club, Latinos Unidos, and the Cambodian Club try to help other students learn about the different cultures. They sponsor activities such as dinners, pot-lucks, dances, and fairs. Through these ac-

tivities, the groups hope to achieve better understanding of their cultures within the school community while strengthening their pride in them as well. By doing that, they can decrease the amount of attention given to stereotypes and increase the amount given to respect. The groups exist to make sure students of diverse backgrounds are all recognized positively in our school.

Kia Custard ('96)



Cambodian Club



International Students' Club

1st row: Thupten Tshering, Damrak Krouch, Nuon Noeun, Binh Loc, Chung-I Liang, Ky Vu (*vice president*); 2nd row: Wei-Feng Liu, Gou-Zhu Li, My Hanh Vu (*secretary*), Thuy Tran (*president*), Lucy Gordievsky (*treasurer*), Tenzin Dolker, Jin Sook Lee, Susan Abdow (*advisor*), Inge Ackermann (*advisor*); 3rd row: Lin-Chung Liang, Yashar Motedayan-Aval, Lei Xing



Narah Valcarcel, Luis Rosario, Tamisha Joyner, Kia Custard, Bande Mangaliso at the Kwanza Celebration sponsored by P.O.C.U.

Lei Xing helps decorate the cookies for the International Students' Club cake for the Annual Cake sale.

Everyone lines up for the great food at the Puerto Rican Potluck Dinner sponsored by Latino Unidos.



POCU

sitting: Noni Thompson, Ayyub Abdul-Alim, Chris Rue; *standing:* Karen Brown (*advisor*), Johari Townes, Renee East, Mavis Peloewetse, Kia Custard, Lindiwe Jenness, Bande Mangaliso, Heather Anderson; *not pictured:* Jessel Murray (*advisor*)



Latino Unidos

sitting: Sergio Hernandez, Iresema Lewis (*advisor*), Luis Rosario, Vivian Rivera; *standing:* Ojay Martinez, Jay Lithgow



The As Schools Match Wits team prepares for an upcoming match.

This member of the chess team isn't afraid to play with an adult.

Thinking of his next move, this player smiles shyly.



Members of the chess team are in deep concentration thinking of their next move.



As Schools Match Wits

sitting: Miranda Balkin, Yaron Koren, Sarah Collins, Anson Tripp;
standing: Alice Yao, Linda Tuzzio (coach), John Baron (host)





In These Kids, Hope is a Pencil

While the sports teams once again got all the glory, ARHS's academic teams, the unsung heroes of the school, had another record-breaking season in '94-'95. The *Math Team*, *Chess Club*, *As Schools Match Wits team* and *JETS team* were all very successful, proving once again that it is in these academic areas, not in athletics, where Amherst's real strength lies. Note that, at press time, each has remained, despite scores of competitors, undefeated. That's right, undefeated. How many sports teams had that kind of a record?

The As Schools Match Wits group, probably the most high-profile of the four teams, made its way into the playoffs for the second year in a row. They are looking for a strong showing in the playoffs this year, hopefully strong enough to avenge last year's somewhat-disappointing 2nd place finish. The

Varsity JETS team, after coming in an astounding 3rd place in its national division as the JV team last year, was, at press time, looking forward to again kicking some serious engineering butt at this year's meet. The Math 'Canes came in 1st place in Western Mass., as did their chess-playing counterparts, and both expect to do as well on the state level.

Of course the statistics tell only part of the story. What they don't show you is the human side—the bonding in the van on the way to math meets, or getting to meet Sy Becker and the gang at TV 22 during As Schools Match Wits taping, or the JETS team's frequent late-night initiation rites (Brrrr! Was that water cold!). In short; drama, glory, laughs and tears—the ARHS academic teams '94-'95 season had it all. Book and movie rights are currently up for sale.

Yaron Koren ('95)



Math Team

left to right: Matt Riddle, Jesse Mazer, Adi Ganz, Steven Williams, Yaron Koren, Fran Capporello (coach)



Chess Team

Guess what.... this isn't the chess club!



Support and Assistance

The Peer Education and Counseling programs are new and expanding to assist the student body. Located in the back of the nurse's office, the peer counseling center is a safe space for all students. Offering health resources such as phone numbers of clinics and support groups, pamphlets for every need, and of course the infamous condoms. Complete with an easy-chair, radio, and stuffed animals, the center becomes something of an oasis within the school. The center is a place for students to get support from other students and to draw on their own strengths and resources. An increasingly diversified staff allows the center to reach out to individuals of various ethnic, economic, cultural and religious backgrounds. The peer counseling center has someone available during every period of every day, including before and after school if special arrangements are made; and, of course, everything is confidential.

The Peer Education program has stepped up this year, becoming a regular class offered during the school day and finally receiv-

ing the recognition and credit the program deserves. This class, taught by Carol Staiti (who is also the advisor) offers any student the chance to educate her/himself and others. Upon completion of the course the peer educators presents workshops to elementary, junior high, and high school classes, on subjects such as safe sex, self-esteem and drug use and abuse. After a year of facilitating such workshops the peer educator is eligible to become a counselor.

"If the people lead the leaders will follow." The students involved in the peer education and counseling programs have taken this statement to heart, by leading the way in a revolution often overlooked by their adult counterparts. Students/youths have long been denied their role as capable and intelligent people, able to make their own wise decisions, lead their own lives, and help themselves. This understanding, and a partnership with Carol Staiti, has made the potential of the peer education and counseling programs immeasurable.

Anette Jacque ('95)

Matthew Perchemlides ('95)



Hope Kazonis stops in to have a chat with health aide Laverne St. Mary, who is always available to give a helping hand to students in visiting the health room.



Kathy Montleon counsels a peer in the peer counseling room.



Hannah Blitzblau, Becky Chernock, Kathy Montleon, Anette Jacque and Lena Fletcher show off the display of condoms in the Peer Counseling room.

We want you in the peer counseling room, says Becky Chernock with Hannah Blitzblau looking on. (*good place to talk, or get condoms*)



Lena Fletcher practices for the workshop she will be doing with some of the other peer counselors.



Peer Counselors

1st row: Carol Staiti (*advisor*), Felicia McNeill, Hannah Blitzblau, Lena Fletcher, Matt Perchemlides; 2nd row: Becky Chernock, Lindwe Jenness, Kathy Montleon

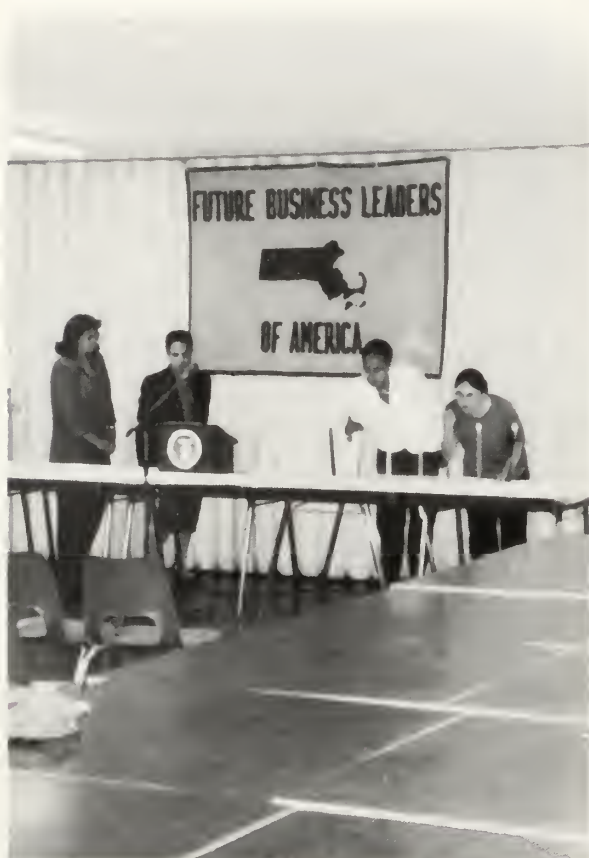


Peer Educators

1st row: Carol Staiti (*advisor*), Adrienne Copen, Jan Klenowski, Jennifer Chang; 2nd row: Jay Lithgow, Jenna Hartwell, Molly Stebbins, Maria Silva, Daniel Barnes



Co-Presidents Ekene Nwokoye and Sarah Levy blow out the officers candles to close the FBLA induction ceremony as Ms. Lewis and Ms. Brown look on.



Jade Cuevas and Kari Stanek go over the information on the resolution project for the Model UN.

These Model UN members are getting ready for the trip to the United Nations.



Reading the latest news, Elisabeth Malsch gets caught up in planning the next Model UN project.



Ms. Brown congratulates Jeff Matuszko on his induction into Future Business Leaders of America during the induction ceremony.





Big Projects

Future Business Leaders of America and Model United Nations have both taken on huge projects this year. Model UN, which is a simulation of conflict resolutions around the world, took a trip to the real United Nations in New York City in February. FBLA's biggest ventures this year were

reopening the school store as well as putting together the Career Education week in March. The week brought in various speakers to discuss the education and experience needed in their line of work.

FBLA and Model UN are not only fun, but they are a form of education as well.



FBLA

front row: Issa Cohen, Missy Shea (advisor), Alexandra Collado, Tamisha Joyner, Trisha Dana, Megan Ricard, Cristina Vazquez-Toro, Perla Mondriguez, Kia Custard, Emily Frant, Lynn McKinnon; *back row:* Matt Bryant, My-Hanh Vu, Kim Lien Vu, Shou Chi Chiang, Glenn Durham, Bande Mangaliso, Andrew Potter, Lynne Ashby, Ekene Nwokoye, Roberto Torres, Matt Reid, Gregory Smith, Moises Nunez, Ojay Martinez, Matt Chernovetz, Jeff Matuszko, Zak Katz; *not pictured:* Prentiss Austin-Frank, Monica Bhowmik, Scott Fisher, Lucy Gordievsky, Scott Gladu, Jennifer Grim, Gillian Howland, Ryan Howes, Hope Kazonis, Sushene Leitch, Sarah Levy, Jay Lithgow, Erika Loper, Jaime Matuszko, Adria Piccicuto, Luis Rosiario, Lauren Schweid, Noni Thompson.



Model UN

Havalah Schnurr, Corey Kurtz, Kate Berrien, Kari Stanek, Caitlin Callahan, Tova Neugut, Anna Coldham, Elisabeth Malsch, Jade Cuevas, Suzanne Adams (advisor), Dolores Cruz, Liz Brown, Asha Awad, Jenny Steinberg, Julia Gohsing, August Zajonc



Activities Keep Students Busy

Two new clubs have joined us at ARHS. *The Gay Straight Alliance* and *S.H.O.C.K. (Students Helping Organize Cultural Kaleidoscope)*.

The Gay Straight Alliance was formed as a safe haven and support network for Gay, Lesbian, Bisexual and Heterosexual students to speak openly about issues surrounding sexuality. Group discussions, watching movies about Gay, Lesbian and Bisexual teenagers and community outreach have all

been a part of the Alliance's activities over the past year.

S.H.O.C.K. was generated to meet the need for a club geared toward sponsoring the visibility of our truly diverse student body. S.H.O.C.K. students organized a diversity dinner and fashion show for Martin Luther King, Jr. day which opened with the "I Have A Dream" speech translated into languages from across the globe including Swahili from Kenya and Khmer from Cambodia.

Lindiwe Jenness ('95)



Gay-Straight Alliance

1st row: Ekene Nwokoye, Addie Fletcher, Molly Thomas, Lena Fletcher, Cori Garrett-Goodyear; 2nd row: Michael Bardsley (advisor), Maya Walker, Scott McNiven, Josh McCuster, Keren Peled, Lindiwe Jenness, Deborah Wolk, Tashina Robinson, Anette Jacque, Cora Weimer-Hodes



Posing for a picture after modeling Chinese fashions, Wei-feng Liu, Binh Loc, Joel Li, and Lin-Chung Liang.





Members of the Russian Club show off their dancing skills, at the S.H.O.C.K. dinner.

At the S.H.O.C.K dinner, Jin Sook Lee and Tenzin Dolker modeling some of their native clothing.



Sophomore Rene Gonzalez, enjoys playing the drums as part of the musical entertainment.



Medieval Reenactment Society

1st row: Bryan Galante, Adam Greeney, Jeff Maki, Isaac Kimball, Woody Davies, Bryan Russett; 2nd row: Clarinda Merripen (advisor), Jie Dong, Luke Harlow, Tony Pascoe, Matt Price, Jeremy Waterman, Kim Wehl, John Merripen (advisor); not pictured: Deborah Wolk, Carol Simmons (advisor)



Student Senate

sitting: Ryan Ruopp, Jade Cuevas, Courtney Scherpa, Mike Cohen; standing: Gaylord Saulsberry (advisor), Ethan Hazzard-Walkins, Corey Kurtz, Anna Coldham



P E O P L E

In our school everyone has a different part to play. As in a theater, there are actors, directors, and crew members; but in our case the actors are the students, the directors are the teachers and administrators, and the crew members are the rest of the staff. The "plays" can deal with such varying topics as U.S.

History or Chemistry or Modern American Literature. At other times there are performances by the numerous sports

teams or musical groups. And then there is the musical in which many people get involved. All in all, a day can be made up of many different,

challenging events, but it takes the entire ensemble working together to make these productions worth seeing.

Caitlin Callahan
(96)



Members of the Ultimate Frisbee team give help moving a friend into a new house.

Lying down in the summer sun, Ashleigh Sullivan, Erica Gilbert, Courtney Scherpa, Jade Cuevas, Emily Frant, and Thea Moruzzi take a break during summer volleyball camp.



Class of 1995

It is difficult to summarize three years of our lives in just a few type-written lines. We have come so far from the people we used to be... and we still have our whole lives left to grow. Our class has seen more than our share of uncertainty and loss, but every minute of learning and understanding and friendship and happiness has made the trip worth taking. There have been obstacles along the way that have made us all stop and wonder what it is that we are doing, but as graduation approaches, things are beginning to fall into perspective. Coming together as a class means more than just fund raising, choosing a

keynote speaker and planning a prom. I hope that as we walk across the stage on June 8th we realize how much we mean to each other, from our closest friends to that kid who always fell asleep in math class to the one who teased us in eighth grade that we never forgave. Thank you to everyone who taught us to believe in ourselves and help us become who we are today. I do not know where our futures will carry us after we leave A.R.H.S., but I wish everyone happiness and success. Good-bye class of 1995. Keep your memories with you, and may all of your dreams come true.

Meaghan Muldoon ('95)
Class President



Class Officers: Johari Townes, Secretary; JR Reynolds, Vice President; Meaghan Muldoon, President; Ella Pearce, Treasurer
Class Advisors: Tom Cullen, Tom Styspeck, Tara Yohan



Carrie B. Adrion

"Let me tell you the secret which has led me to my goal. My strength lies solely in my tenacity."
Louis Pasteur XC 1,3,4; Swimming 1-4; Track 2-4; NHS 3,4; Thanks to all my friends-I couldn't have made it without you. Freak out!



Heather Anderson

"God has a reason for all things, so remember everything is on purpose" Track 2; POCU 4; Much love & success to all my people I'm leaving behind BM, CR, BD, KP, MB, NT, HK, KC, AA, AMA ? Peace -N- Love I'm Out



Leyda M. Andino

Behold, the fear of the Lord, that is wisdom; and to depart from evil is understanding. Job 28:28
Gracias a Dios y luego a mis padres por apoyarme tanto en mis estudios. Concert Choir 4



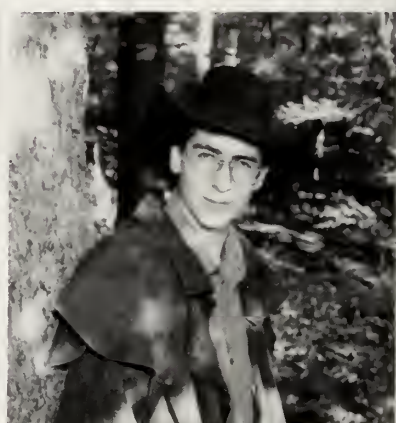
Marcos Anello

"One is the loneliest number that you could ever do..." Orchestra 1-4. Thank you for everything Mom & Dad, I love you wish I could be closer to A.B. Piano, Guitar, Violin. All I need is love. Anybody out there to share it?



Jessica A. Anthony

"The struggle for any dream is always worth the effort, for in the struggle lies its strength and fulfillment toward the changing seasons of ourselves." Track 1-4; Cross Country 2-4; NHS 3-4. Thanks to all my friends. Thanks to AB.



Joshua Artenstein

"American made by my Ma and Pa Southern Born by the grace of God" Confederate Railroad Ski Team 2-4; Thanks for the fun now we've got one life to live let's get it over with party on. JH, WG, MF, CC, AP, Country Music, Thanks Mom2





Gabriel Barbaro

"Through discipline comes freedom" "Persistence is the key" I am going to be famous. Chorale 2-4; Musical 1,3,4; Guitar; Cabaret 2-4; EAC 2-4; Thanks Mom, Dad, Star Wars, Eagle, KidTV, CCTV, ACTV, G.O., C.WR. and ARS



Monica Bhowmik

"You've got so much to say, say what you mean, mean what you think and think anything.." - CS Field Hockey 1-4; Softball 1-3; LYLAS-AMDAY She's Crafty 3-0 CFP MMHLAM BYB 06-03-94 RJB Thanks to AAP LES HHW my family and MBB Good Luck 95



Brian Bishop



Hannah G. Blitzblau

"You must have doubts about everything." I love you all - ABTCO, CGG, JR, PT, VL, BC, EP, CWH - When you're there I sleep length-wise, and when you're gone I sleep diagonal in my bed. Waltzing Matilda FIG- GIF- ATIGF!



Maya Bodhi

"Cause life ain't nothin but a good groove"- I just got to get out quick you're the only one to believe in; AB....RED. The goblinsque will goblin on.-Fugly grub:EJ-RUDE GRRRL!



Andrew J. Bohne

"I am what I am" "Handout business cards at funerals" Thanks and good luck to, Billy, Wallace, LS, AP, BC skiing. OK sure Beaver, Pentalum, Dr. Z, Scottie, JA wants a cookie, Rt 47 NJ, Susie you're the coolest



Amy M. Boreman

"If you never try you won't succeed." Soccer 1-4; Basketball 1-4; Track 1-4; Thanks LW, JM, MB, JW, RR. Bank! Frosting. LAURIE!



Joshua Brandt

"Some people say I play with a certain reckless abandon. Maybe that's true. Really, I just play all out, all the time." "Stir it up." ULTIMATE Thank you naom, erin, tiina, KD, JY, RNM.



Virginia Nell Bryden

Life is a tale told by idiots, full of sound and fury, signifying nothing.



Susan Carey

Doubt yourself and you doubt everything you see. Judge yourself and you see judges everywhere. But if you listen to the sound of your own voice, you can rise above doubt and judgement. And you can see forever. SWC AB JW AC EA



Megan L. Carpenter

"As you climb the ladder of success, be sure it's leaning against the right building." Soccer 1-4; Softball 1-4; Sandhill & Harkness. SB-want a banana? Thanks AB, MS, MR, HF, ER, EC, CO, KF, AS, JK. 7-8-94-I Love JB 4-ever!



Emily Cayer

"One of the pleasantest things in the world is going a journey, but I like to go by myself." Wrestling 3; 4 Thanx A.6., F., D.w. DIPE, Paco L.C.





Wha-Hsiang Chao



Ge Chen



Rebecca D. Chernock

I forgot a senior quote. Wait! Is my purple your orange? P.S. Remember the whale song!



Matthew R. Chernovetz

"You know you're in a small town if you pinch a girl and everybody squeals"



Shou Chi Chiang

International Students' 2-4; Model U.N. 3,4; FBLA 4; NHS 4; Chinese Club 2,3.



Trinh Chu

Upward Bound Program 1; International Students' Club 2-4; National Honor Society 3,4; Goldbug 4.



Issa Cohen

"Those who are skilled at combat do not become angered. Those who are skilled at winning do not become afraid. Thus, the wise win before they fight while the ignorant fight to win." Tennis 1-4; BBYO 2-4; FBLA 4; DR, JS, AG, ZK, DG, AN, JA.



Alexandra Collado

"People have one thing in common: they are all different." FBLA 3,4; Soccer 3 #2. Thanks Mita!! 2&2



Matthew D. Collette



Sarah Collins

"Let's buy heaps of sugar-set off without cares to Wildstrawberry Town!" I Ratushinskaya Theatre Co. 1-4; Syntax 2-4; Orchestra 1-4 Love and Luck to Muck The Duck. Thanks y' all.



Ned S. Connelly

"Why do today what you can put off until tomorrow." Good Luck Murph-Dog, Bish, JM, MC, DR, BS, and everyone else who I forgot. Thanks Parents Good luck Kate, have fun next year. Here's to standing on the big silver barrel.



Eli D. Cooper

No, his mind is not for rent/ To any god or government/ Always hopeful, yet discontent/ He knows changes aren't permanent- / But change is (RUSH: Tom Sawyer)





Adrienne C. Copen

"Have no fear to do something different in life, you will benefit from positive & negative experiences, use them to gain a wider perspective of the world." Muchas gracias a los de Venezuela por haber tenido un año al pelo SWC.



Eleana S. Counelis

It was an awesome year! It was a great experience that I will never forget! Greece RULES! Sofia I Love you very much and I will never forget you. Don't forget the good times.



William Cray, IV

"Your voice has changed but your breath is still the same." AB DR-Two grat guys Football 1-4 Golf 1-4 Thanx JW IY (Whoops) DS SusieQ F Auto; Hey kid-ES rte 47; Like a Pendulum "A River" B.A.L. Wax & GS "I don't feel so good" -NJ M&D



Renata Czarniecki

"There are hundreds of languages in this world but a smile speaks them all." Thank you to AC, MK, CW and Mr Bray. Podziekowania IA DLA MOJEJ NAJLEPSZEJ KOLEZANKI MONIKI. S, I DLA MOJEGO CHLOPAKA TADKA. W. KOCHAM WAS.



Trisha Dana

Only tell the people that can help you solve the problem. I love U Mom Coach Kara Brie Daff Gabe I miss U Karen Dad DJ thanx Nancys, Lewiss C-ya MC, ES, HA, BS, RP, NC, AG? Scott Empress Track1-4 Skow Sleep tight U Morons!



Cristina C. Dann



Nathan Weinthal Dauchy

"Don't let your morals get in the way of doing what's right." Soccer 1-3; Ultimate 2-4; Theater Co., Slacker 3, Sturdy 4; Outing Club 3,4; LT 4; NHS 3,4. Thanks to all for everything!



Zrinka Dekic

"Ljubav za sve vas daleko u Hrvatskoj. Uvijek ste u mojim mislima. I'll miss you ARHS!" Theatre Co., Ultimate Frisbee, Graphic. Thanks to: Riddles, Watermans, SOAP, FOSR and all you wonderful people that made my dream come true.



Jessica Denis

"If you don't change your direction you'll end up where you're headed." Track & Field 1-4; Basketball 1-4; Soccer 2-4.



Josue I. Diaz

Entropy Entropy Entropy *"Some say the world will end in fire some say in ice from what I've tasted of desire I hold with those who favor fire."* R. Frost I wish everybody lots of love. Let the good times roll.



Tenzin Dolker

"Aim high and strive for the best and never give up." Track 1; Soccer 1-3; Lacrosse 2-4; International Club 3-4. Thanks Ann & Bob for your love & support. Thanks to my family in India. PEACE.



Allison E. Dunn

"Wherever there's a closed door, there's an open window somewhere else." Women's Collective 3,4; Cabaret 3,4; Concert Choir 3,4; Core Committee 4. Mom, Dad... even the beav, I love you more than anything.





Benjamin C. Elbow

"I said 'Holly-wood, Where'd he go?' Holly-wood said 'Where'd who go?'" Soccer; Disco BOWL- Viper, BM, NWA, Vanin, AW, SR, Charlie; SJM "MOTHER GOOSE" BCE, DC, KB, KC "And you can quote me!"



Brian C. Emery

Five minutes! Zounds! I have been five minutes late all of my lifetime. Football, Baseball, B.A.L. CANES R.C.B. LNF, It's you EMB, D-LOVE



Kathryn A. English

"If you're feeling contempt well then you tell it If you're tired of silent night Jesus, well then you yell it condemned to wires and hammers strike every chord that you feel that broken trees and ivories conceal." -J.M.



Jonathan D. Fenstad

"Always be able to look back and say, 'At least I didn't lead no humdrum life.'" Soccer 1-4; Lacrosse 4; Volleyball 1; Theatre Co. 3,4; Student Gov't 1.



Scott W. Fisher

"Oh the gallant fisher's life! It is the best of any; Tis full of pleasure, void of strife, and tis beloved by many" Ultimate 2-4; FLBA 3-4; Thanx: AF, JA, CA, VS, NO, AF, LF, BG, VN, JR, RP, JH, Sat, LTB, HJ, MS, ES, AB, JD.



Addie Clare Fletcher

"Standing on my elbow, With my finger in my ear, Biting on a dandelion and humming kind of queer, While I watched a yellow caterpillar, creeping up my wrist, I leaned on a tree and I said to me, "Why am I doing this?" LOVE YOU LSF



Lena S. Fletcher

"The way I see it, if you want the rainbow, you gotta put up with the rain." -Dolly Parton; Soccer 1-4; OC 2-4; LT3,4; SL 3,4; WC 3,4; Peer Ed 3,4; My love to the slackers and my awesome women. You're my hero Addie. Keep smiling



Pablo L. Flores-Torres



Matthew D. Franz



Derek H. Gagnon



Rebecca Jayne Gallant

"So I took off the intellectuals and I put on they must be giants" Thanks and smooches to: DM, JR, SWF, JW, Lizzie, Speeding on Rt. 2, SC, MUM, POP, my blue sock, DASHER



Gerard Gardner

"There is a place just around the corner of your mind, where reality is an intruder and dreams come true" Football 1,3; Track 1,2; GOOD FRIENDS VS, EK, JP, DB, AE, A, SO, MP, MV, SC, MP & LCC.... AP I love you!!





Cori Garrett-Goodyear

"The ocean roars and breaks on the inside of my forehead." Outing Club 3,4; Ultimate 3,4; FIG-GIF-ATIGF Thanx 2 all. My girls MS, EN, luv u HB, VL, EP, JS, CWH, BC, RM, AF, PT, NB, HGG...now I go on standing, flying, dreaming.



Erica Gilbert

"Reach for the moon-if you fail you'll fall amongst stars." Volleyball 2-4; Softball 3,4. Good Luck Class of 95. B.O.S. "Insignificant things may seem unimportant. But indeed they are the only things that make a difference."



Scott Gladu

"One part of knowledge consists in being ignorant of such things are not worthy to be known" Baseball 1-4, Football 1,4, Thanks IY MC GS JW JM DH KW, JG



Nathan M. Goodwin



Wesley J. Goscenski



Sathya Gosselin

"But what was going on in here? George stopped working and pressed his nose against the window. George was fascinated! What wonderful paints and markers they had. George could not resist" Thanks: KD, NR, LL, SF, JB, YJ, JH, LB, GM, GG

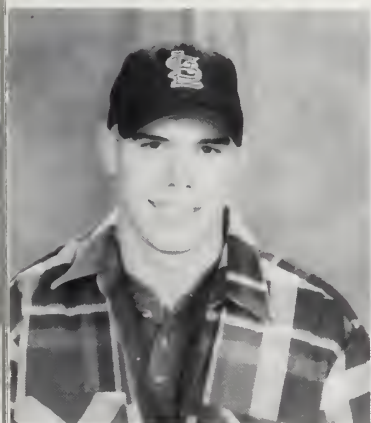


Abigail Gulliver

"If you laugh every day you'll have more days to laugh" Field Hockey 1-3; Lacrosse 1-4. Thanks L.M., E.J., T.D.



Hing Ham



Blake Harris

"Why try if you don't have to" Chillin with the six foota, Sunday afternoons at 007 with: KB, GP, BH, RD, PB, BD, DR. Hockey 1-4 with the kindness. B-crew, K-stands, Glo-sessions. Fun with TR, IP. Recked on Rt 66 with Jake-P! "wher'ditalgo"



Stephanie R. Hartouni

"How fair the realm imagination opens to the view." Soccer 1-4; NHS 3-4; Outing Club 4. Thanx to all my friends, VN-you always knew what to say to calm me down! "Life must be lived forward, but can only be understood backwards."



Jacob H. Heider

"Live fast, Love hard and die with your mask on!" Football 3-4, Theatre 3, Track 3-4, Math Team 3. Lots of Thanx to: JB, AB, IK, LT, TC, WG, DG, JA. Wes and Josh may we meet again in ROCHESTER!!!



John Hinds

Thank you to my friends of Nineteen-Ninety-4 and the years before: Yamsha'numba-nine, Fish, sat, BLT and especially Johari; Love you! Kiko and Mom, Love you forever, Dad-Love, Peace, and RESPECT.





Dawn M. Howard

"I've said and heard the word goodbye felt the blade and turned the knife but I'd cross bridges while they burn to keep from losing what I've learned." Thank M, D, EM, Cola, Steph, Jenn, DN, I Luv U All. St. John 14:18 TFS-HF



Ryan R. Howes

"Well I'm a 6.7 on the Richter Scale, got rhymes galloping then I never fail, play to potatoes, Luke to Darth Vader, I'm a super up sucka and I'll see ya all later." Soccer 1-4; Golf 2-4; Racketeering and Money Laundering 1-4



Alison Hsieh

"The most painful part of all is to never be a part of your future; knowing I must make a life entirely without you." Orchestra 1-4; Ultimate 3,4; Outing Club 3,4; Love to all my friends, thanks for everything! :)



Anette R. Jacque

"Paint walls, dance naked, CAUSE CHANGE" Johari-challenging together, we find strength forever. Vanessa-2 crazy girls on sleds, fields. Stay lost too EMB. LUV U-WC-MP, Luis, AD, Mom, Dad, BJ



Emily Jones

"Everyone sees what you appear to be; few know what you really are, and those few will not dare to set themselves up in opposition to the many." Basketball 1-4; Softball 1-4



Nisha Joshee

"Dying is an art like everything else I do it exceptionally well. I do it so it feels like hell. I do it so it feels real. I guess you could say I've a call." -S. Plath. To my girls Bande, Heather T&K



Tamisha Joyner

"The Lord watches over Babies and Fools." All those I leave behind will be covered. POCU 4; FBLL 4; Basketball 1, 2, 3, Lots of Lovin!! EI, DG, TA, NT, BM, KP, DE, MB, CR, KC, NS, RH, PF, and to all the rest.....



Eowyn E. Juckette

Weirdlaubs live on! Grub maya and Frumpy amber sorry to leave you! Grub and I are off to New Mexico to seek rude boyz Thanks to those who count



Alexander Kaplan

"If a tie is like kissing your sister, loosening is like kissing your grandmother with her teeth out." Football 1-4; Baseball 1-4; B.A.L CANES; Pickleball 3,4; Thanks AP, BE, JB, SH, IY, GS, EP, MP



Zak Katz

Hello Dad! It is now three in the morning. Do you know where I am? - Calvin Thanks - DR, IC, NS, JLK, BR, CC. Much love to KB, CB, MR, Mom, Dad, GSL Ski Team 1,3,4; LAX 1-4, Thanks PK & LB, BFP, JW



Isaac J. Kimball

Huzzah! Hurray! Some advice: Be all you can think, and say all you can feel. MRS 2-4; Outing Club 4. Big Huzzah to: EC, CC, JJ, my goofy friends, all the Boffers and ARHS too!



Harrison (Ozzy) Azjah Klate





Adam J. Kleindienst

"Don't just sit there, do something—even if it's wrong." Football 1-4; Wrestling 1-4; Track 2-4; NS, MP, NG, M's and to the rest of all my pals good luck and thanx. Mom & Dad love ya. Move along—smartly



Jan Klenowski

"You will do foolish things, but do them with enthusiasm." Thank you to my family for helping me through everything. Mrs. Saulsberry I love you, you saved my life. Also to CV this is your diploma too. I'll never forget you.



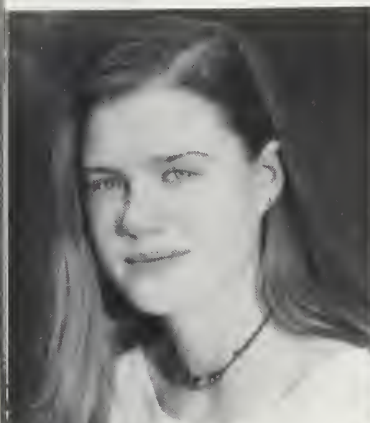
Yaron Koren

"A man is like a carpenter; a carpenter lives and lives and lives, and finally he dies. And so, after all, does a man." - S Aleichem WE 1-4; Jazz 3-4; Pep Band 2,3; NHS 3,4; YJ 1-4; Theatre Co. 1-4; Math Team 1-4; ASMW 2-4



Gabrielle Kaya Kruks-Wisner

"We have a beautiful mother, her green lap immense, her brown embrace eternal, her blue body everything we know." - Alice Walker Ultimate 2-4; Theatre Co. 1-4; EAC 2-4; Outing Club 3,4



Sarah E. Lange

"Hold your vision clear before you, shining perfect in the sun. See the pathway laid before you, it is calling you to come... I will fly into the Freedom that my heart has always known." Outing Club 3,4; SL 3,4; LT 4. JWATM



Daniel Lawren

"It's a fine line between stupid and clever." Soccer 1-4; Tennis 1-4; Chai BBYO 1-4. I dole out love to all my people. Continued respect to those who dwell deep inside thought.



Vivian Lee

"You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose. You're on your own. And you know what you know. And you are the guy who'll decide where to go." Thank you AL, CWH.



Nadia Anna Lesy

"ONE BODY—RESPECT IT, ONE MIND—FEED IT, ONE LIFE—ENJOY IT." - Deseree



Sarah Levy

"At 18 a mentally voracious young woman should be allowed to live entirely upon scenery." Yearbook 3,4; FBLA 3,4; NHS 3,4; GU Summer '94



Chung-I Liang



Tom (Jiunn Yu) Liang



Gregg Lithgow

"When you have got an elephant by the hind leg, and he is trying to run away, it's best to let him run." - A.L. Baseball; Ski Team





Jay Lithgow

"When we have not what we like, we must like what we have." Peer Ed. 4, Musical 2.



Erin Littlefield

"A Song of Color Blooming For Deserving Eyes. Blooming Gloriously, For its Self." - Alice Walker Concert Choir 2; Chorale 3,4; Wind Ensemble 2,3; Theatre Co. 3,4; Yearbook 3



Yu-Hsin Lo

"If you like somebody just go for it. Don't wait til you lose the chance." International Club; National Honor Society; Chinese Club; CTSS, YHLW, A.B.C.



Binh Gia Loc

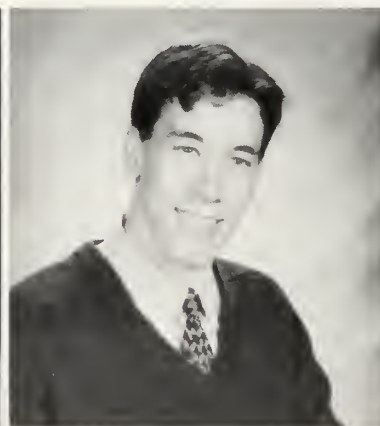


Loren Ludwig



Jenicca Mainville

"You never know what you've got 'till it's gone." Lacrosse 2-4; Cards, Stickers, Speed. Thanks for all the great times; AB, LW, JW, MB. Special thanks to my family.



Jeffrey Maki

"Life goes on. I forget just why." Wrestling 1,2; MRS 3,4; Realms 3,4. My thanks and love to last years senior six, to Carol, Jaime, Flea, Kat, Matt, Isaac, Mom, Dad Young Life, and the Realms!



Jonathan Mallen-St.Clair

Who has ever written the great work about the immense effort required in order not to create - intensity without mastery- the obsessiveness of the utterly passive- and could it be that in this passivity I shall find my freedom. SIX



Elisabeth Malsch

"for life's not a paragraph and death i think is not parenthesis." -e.e. cummings Volleyball 1-4; Graphic Staff 1-4; S.W.P.; Model U.N. 1-4; violin; viola de gamba



Elena Maltese-Blount

"You can't love yourself all the time but you must approve of yourself living." M.A. - STAY LOST-AJ Tennis 1-4; RF, MP, TD, PT, CGG, ML, L & AF I wish you all love. I remember 1/23/94



Sokem Mang

"We can measure the ocean deep but we cannot measure the feeling that we have inside us."



Lucia Maraniss

"I was in charge of the refreshment committee AND the mural committee at the SAME TIME!! CAN YOU BELIEVE IT?!!" - Matt Groening





Seth J. Zvibleman Marbin

"In order to achieve the exhilaration of success, you must always risk the agony of failure." Soccer; AFS-Ecuador. con mucho aprecio y agradecimiento a: Mama, Papa, Devora, Dave, Beans. BMBE CE LM EJ AP
Regards & best of luck: Class of 1995



Danielle Margalit

"Spirit is the journey, body is the book, I am the writer, together we flow"- Juluka. Love to CM in RI, KP, KP Sauce, BG & Dasher-POGO!



Jeffrey Matuszko

"Never underestimate someone who has nothing to lose." THANX MOM N DAD MJGNM Basketball 1-4; Baseball 1-4. 2PAC SM SG SR GC JS JK BS GW EF BB NC MURF JESSE TRISHA SKOW SL PEENSTEEN+SFF HEAVEN IS A PLAYGROUND GAS + MATCHES FLAMING



Jesse L. Mazer

"I do not take drugs - I am drugs." - Salvador Dali. Mafia 1-4; Interpretative Dance 3,4. So long, mammals (heh heh)...



Scott McNiven

"What ever happens during your life is just like a dream in a wink of sleep." Soccer 1; Environmental Club 3,4; Outing Club 2-4; Slacker 3,4; Ultimate 2-4; Theatre Co. 3,4; GSA 3,4.

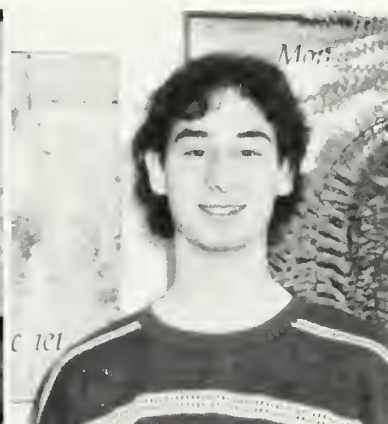


Nashema I. Morales

"That was your day and maybe since this is a new day there should be a new way" LH "I have finally woken to what is real" Orchestra 1-4; ABTCO. 1-3; Cheerleading 3; POCU 1,2; Thanx Mom & Dad Love to: KE, EN, RP, ES, EP, SD, TC: RUDEBOYS!!!



Joshua Morrison



G.D. Morse

Take the best and leave the rest.



Jesse Mosher

"Stupid is as stupid does." -F. Gump Bigslam to DRNSAKMPNGTS Jr. Nats 3,4; Varisty Wrestling 1-4; Johnny-5 is alive in 95; Speensteen & Spanky Flam Flam Thanx Jeff Murf Bonk Noah + DDBHBBSRDGNCKSJ IY SD+N Bestof luck 95



Ebon Moss-Bachrach

There's many a good tune played on an old fiddle. ULTIMATE; Soccer 1-3; Theatre Co. 1-4; Big Ups to DL, BE, JH, JS, CW, MN, JF much love and respect to all my people with knowledge of self.



Meaghan Muldoon

"Tomorrow we will run faster, stretch our arms farther, and one fine morning"- Tennis 1-4; Theatre 2-4; Outing Club 3,4; LT 3; VBCM. Thanks to all my friends. "You need not climb the right side of the tower to reach the top."



Jamie Munger

You must have chaos within you to give birth to a dancing star - Nietzsche Thanks to those who have loved and supported me- we walkin beauty, beauty is before us, beauty is behind us. Taste a little honey....





Brian A. Murch

"Super, and thanks for asking"-ACE Hockey 1-4; '94 Champs; Soccer 2-4. "Worst in the West" Golf 3,4; "Do you? Don't I?" Top Gun-Viper; CHOVS; Disco Bowl-NWA; BEANS; EJ; Vanin; forget it; AW; BM; SR; SM; AP; BE; DL; KC; EC; KB; RS; SS "REAL FRIENDLY"



Jason Murphy

"Your opponent may be faster, stronger and more skillful than you are, but never let him have more desire or determination." Thanx for all the good times: HW, Bish, Ned, GE, Tuzsko, MC, SR, BE, JM, KC, HW & especially Nate Thanx Parents



Vanessa Anne Norton

"Wildness is the state of complete awareness, that's why we need it." Theatre Co. 2-4; Ultimate 4; WC 4; Outing Club 3,4; Two crazy girls... AJ goose Froggy Mok Mok slacker 4; A little titillation never hurt anyone SH VN SL-3MS YK S&M



Benjamin Nugent



Moises Nunez

Life in the ghetto is like a movie, you don't want the credits to come up any time soon. CD thank you for everything, lots of love always JR, LR, RG, GS, TC, OJ, G, I love all you thugs. MM, RM, BS, LOL4U Grafitti 4 life. Sh+ was fun!



Ekene Nwokoye

To my beloved peers, In strange and beautiful ways you have revealed many mysteries of life unto me. For your willingness to teach I am forever grateful. Your free-spiritedness inspired me more than you could possibly know....



Nana Adwoa Ofori

"In life we must hurt to understand and persevere". Peace 2 my girls: MR CWH M&D JT BG SO can't forget my boys: SF SGM OE JR JH GS MB JAH ILY ALWAYS. Thanx M&D for it all! Much love to God! Jake wish you were here, Thanx J&T



Sara Orellana

"How long do we get to do something that lasts forever...". Black Elk Thank you Joel! Love to my girls: Noni, Trisha, BD, IS; POCU 3,4; To everyone else: Peace!! Bryan, BJ, Matt and Ge check ya later! Mami & Papi Luv ya



Saraivya Orench-Reinat

"No ha muerto el guanin. La guasabara se arrecia. la guasabara comienza" by Maria I Reinat. "Viva Puerto Rico Libre!" Peace and love to my brothers, you know who you are. Shout out to my girls who have stayed real. K&T, MP, SO, T



Keri Page

The best things in life aren't things"-NF Gymnastics 1-4; Tennis 1-4; Special thanks to- GP, JK, MS, KS, MC, JS. JK+JM-Watch out for the pedestrian!



Angela Palazzolo

"Anything worth while is worth waiting for." SADD 2-4; Track 3,4; Thanks Mom, Dad, Jane, and Ron. Thanks AB, RC, KP, NO & JM; Thanks especially to Mel & Alex- It's been fun thanks for the memories! FRIENDS FOREVER! c-ya!



Emily Paskus

"Not poppy, nor mandragora, Nor all the drowsy syrups of the world, shall ever medicine thee to that sweet sleep thou ow'dst yesterday."





Ella Pearce

"now is a ship which captain sails out of sleep steering for a dream." -ee cummings Outing Club 2-4; LT/SL; Field Hockey 1-4 FIG-GIF-ATIGF Thanx CGG, JS, AK, MS, VL, BAC, CWH



Mariah Peelle

"Nature is a huge word. I was lucky enough to rediscover at a fairly early age what most cultures have long forgotten; that every aster in the field has an identity just as strong as my own. Don't think that didn't change my life."



Keren Peled

"I see life as a continuous process of farewells. -Yonathan Gelen. Imaba, Toda al hakol. Ohevet, roy. Shiry, will I ever find the little prince? SHELANU? WC-thank U so much. Love, DM, FM, LJ, LM.



Dorith E. Peleg

"The smallest god deed is better than the grandest good intention." The Graphic 2-4; Horses 1-4; YJ 1-4; Wind Ensemble 2-4; NHS 3,4.



Matthew Perchemlides

"The personal revolution is far more important and is the first step in any revolution." "Each of us is responsible for everything to everyone else." Peer Ed-PC; NHS; Orchestra; Wrestling; 95 Bros. IRR I love you. Mom & the Perchs before me!



Carlos Perez



Marcos Peroza

Motivate the mind and the body will follow "HAKUNA MATTATA" Thanks for everything Coach Cullen, Coach B, TD, SO, SO, Football 3,4; Track 3,4; Special thanks to Mom, Vivian and Kevin



Adria Piccicuto

"Come and walk awhile with me and share the twisting trails I've known, but this bridge will take you halfway there the last few steps you have to take alone" Field Hockey 1-4; Lacrosse 1-4. MB LYLAS, LS She's crafty 3?



Gabriel E. Pless

"WHERE'S THE BEVI!" CHILLIN WITH THE SIXFOOTA, SUNDAY AFTERNOONS AT 007 WITH: KB, BJ, BH, RD, PB, BD, DR, KP. LAX 1-4; B.CREW K.STAND GLO-SESSION. FUN WITH TR, IP. THIS YEAR WAS THE BOOMMMMBBBB! RECKED ON ROUTE 66



Andrew F. Potter

"It's not the road you take, it's how you take the road" Football 1-4; Lacrosse 1-4; Elvis 2,3; PDS; B.A.L. Canes. Thanks Julie; Kappy, Ace, Hot Rod, Friends In Low Places, Pelham Pride



Rita Powell

"Try everything once except incest & folkdancing" Rag, I Remember Thanx ASH! ATTEND! JE VOUS AIMEZ! Chorale 2-4; x-c, 6 Yrs! Basketball 3-4; MORE THAN A WOMAN-AAHHH



Melissa Raskevitz

"I never knew what beauty could behold 'til this moment with you" I love you Zach! Thanks everyone for helping me to make it this far - PETER- I LOVE YOU MOM & DAD





Scott P. Rathbun

TAKE IT EASY Thank you Mom, Dad, Justin, Josh, Best of Luck Class of 95, Thanks Buzz, Coach Collins Ice Hockey 1-4; V. Baseball 3,4; 94 CHAMPS



Nina Reck

"What would life be if we had no courage to attempt anything?" Chorale 3,4, Treasurer 4; Soccer 3,4; SOAP 2-4 *"A single mat beneath a pine tree makes a summer mansion"*



Orville C. (J.R.) Reynolds

"How can we destroy and kill ourselves while our killers stand alive and watch..... man is almost extinct." Football 3, 4; Core Committee 3, 4; Good Luck MO, I'm gonna miss you. Shout out to all my ABC brothers CD, JT, GS, JH, MC



Emily E. Riddle

"And forget not that the earth delights to feel your bare feet and the winds long to play with your hair" - Kahlil Gibran Soccer 1-3; X-Country 4; Chorale 3,4



Frankie Rivera



Vivian Rivera

Todo lo que e aprendido en mi vida se lo debo a Dios primeramente, a mi madre y mis hermanos y a todas las personas que me han dirigido hacia el camino ala educacion. FBIA 3; Graphic 3; International 3; Latinos Unidos (Pres.) 4



Melissa Roco

"You can never love another until you first love yourself" To my adopted sisters Ange & Nana I love you guys! I'll never forget the good ol' days. Thanx to Alex for always being there. This ain't goodbye. TNK AB JM 4 Memories.



Roselin Rodriguez

Thanks to all my teachers and peers who in one way or another shared my accomplishments throughout high school. It was an experience I'll never forget I won't say good bye, but see ya all around. Latinos Unidos VP-4; Thanks Irasema



Dawa Romito

To journey into the darkness of the unknown, you must prepare for flight. The blackness will glow, the cloud will show, and that spark is the source that will make you flow. X-C, W&T 1-4; IC, AG, BC, NS, JK, JS, JM - Take 2 and Pass.



Luis Rosario

"Don't let the misconceptions of reality nail you to the ground, allow your desire to take you places." POCU 3,4; To All My Sisters Heather, Bande Olivia, Tiffany, Let the Flave Flow. To My Family NJMOJRWUOGTGFCFCD & Anette stay cool!



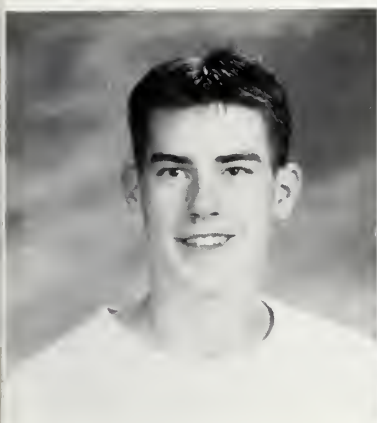
Jessica Ross

"An oaktree greening by the ocean a golden chain about it wound whereon a learned cat in motion both day and night will walk around" Thanks to my friends Waltzing Matilda-HGB, QRx37AWAY!



Jenny L. Salzman





James Schaefer



Lauren Schweid

"Let not the waves of the sea separate us now, and the years you have spent in our midst become a memory." Ski Team 2-4; Lacrosse 2-4; MB & AP ILYA; Shes Crafty 3? Thank you AB; Good Luck '95 Thanx for the memories!



Maxwell H. Scoon

"I'll take the dirt road-it's all I know" CDB, MGD, Hank Jr, MCA Sand Hill High Life *"Melting into memories like somebody else's life"* Thanx Buds ES, ST, IP, SL, ZE, MR, TD, BH, GP, JZ, MC, MS, SF, MW, DH, JC USA-1



Eric C. Scott

It's hard to leave when you can't find the door But life's been good thanks Sage I Love You Always and forever. Thanks Guys, Sandhill, MS, ST, JP, SL, BC, MR, JZ, TD, SF Thanks Mom and Dad. Powerlines, Green Socks and Pelham

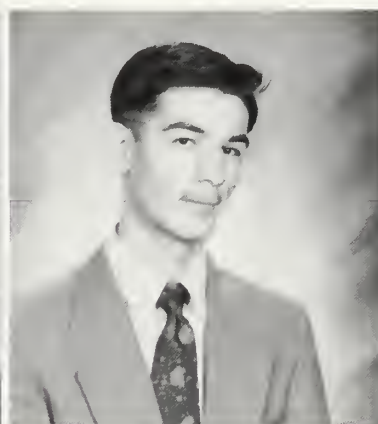


Matthew Seeve

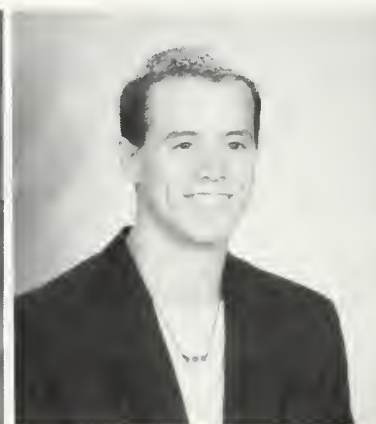
"To a worm in horseradish, the whole world is horseradish" Theatre Co. 2-4; Ultimate 2,4.



Babak Seihoun



Farzad Seihoun



Bryan M. Sepanek



Lavonne C. Shepard

"She looks like an angel, acts like one too but you never know what an angel might do." Basketball 1-4. S. Cheese If I give you some gum.... Pelham Pride



Kimberly Sherman

"And as he smiled, the hook got free and then what a deep sea smile! He flipped his tail and swam away down in the sea a mile." Cross Country 1-3; Track 1,2; Environmental Club 2-4; NHS 3,4



Zhong Yue Shi



Gregory Smith

"You don't always have to be ahead if you have the heart to come from behind." Football 1-4; Lacrosse 1-4; B.A.L.-WAXY. Thanks IY, AK, RT, MC, PM, SG, BC; and Mom





Tai Smith



Justin O. Sorensen

"Don't let life take you for a ride, take life and give it a ride." Basketball 1-4; Baseball 1-4, JK, BB, EMB, IC, SR, JM, DR



Aaron St. John

"Peers?..... I have no peers." Theatre Co. 2-4; Outing Club 4; Thanks: EC, CC, JW, TB, and AKS.



Julie Stanitis

"Every shut-eye ain't sleep; Every good-bye ain't gone." Basketball 1-4; Field Hockey 1-4; NB, EP & CGG you're the greatest!! I Love You AP



Noah Stapleton

To be the best you have to outwork the best. Wrestling 1-4; Track 2; Russian Club; Orchestra; PZ '94. AKDRICWJMMP and the crew. Cloud it. Glo sessions. Live How you wanna live. Thanks to M & D



Molly A. Stebbins

"Come dance in the fire, come in. This is the briefest night and just under the ocean the fires of the sun roll towards us." Thanks to all my girls, you are forever with me...love you MDF, Make well, finish & let go.



Ashleigh Sullivan

"The grass ain't greener, the wine ain't sweeter either side of the hill" Volleyball 2-4, Capt. 4; Theatre Company 1-4; Chorale 2-4. Last of 5! Thanks Pie for everything T.Y. RP, JM, NB Attend! Je vous amiez!!! AAAHHHH



Marion Sussman

"Sometimes it's easy, sometimes it's hard, but as you walk the road remember who you are." Gymnastics 1-4. Thanks MR, HF, MC, SC, AC. Block Island 93 Titos, Weasel's, MD, JB, JD, MS



Phoebe E. Taubman

"I want to dance always, to be good and not evil, and when it is all over, not to have the feeling that I might have done better." ABTCO. I love you all! Never forget AIYF 94, next year in Romania, Thanks CWH, RA, NC, BC, M&D



Luke Taylor-Brown

"And then we'll all go off to sweet life, 'cause now is the time and we all know time!" Ultimate 2-4; Thanks to: SF, JH, MB, GM, SG *"May your endeavors in life suffice."*



Carrie Lynn Tharp

"When you confront pain and hardships good fortune will always follow" X-Country 1; Soccer 2-4; Basketball 1-4; Softball 1-4. Sports... Merci MOM, JD, Family, Teammates. GO FOR YOUR GOALS!!!! So Long ARHS-YAH!!



Roberto F. Torres

"It has been a long journey across the path that will lead me one day to success, I am glad it's over but time marches on." Soccer 1-4; Lacrosse 3-4; Elec-Guitar 1-4. WHEREVER I MAY ROAM TOUR!!!





Johari N. Townes

"I'm safe in letting go and not afraid to fall as long as you will fall with me." Anette, thanx for sticking by me when I let go. John, thanx for being there to fall with me. Thanx Mom, Dad, and Ri. I love you all. Bye WC!



Thuy Tran

"Minh vi moi nguoi, noi nguoi vi minh. Cam on cau Quyet, anh Duy, Duc, Thien, chi Thu, nguoi ban than nhat cua em." Int. Students 1-4; Mediation 1-4; Soccer 3, Frisbee 2; Shouchi Hanh, Lien, Tenzin, Erin, Erica G. Thanks for everything.



Lilian Valiunas



Kim Vu

"Always being proud of who I am, but what I was." Special Thanks to ESL department. My best wishes to My Hanh and Ky. I'll miss you Thuy, Kami, Lilian, Gina and Andrew.



Ky Huu Vu

"Don't be afraid to be challenged." International Students' Club 2-4; Volleyball 3; Frisbee 3; Russian Club 3; Graphic 3-4; NHS 3-4. Thanks ESL teachers; Ms. Yohan & Ms. Silver; my friends. "Happy Campus" to all.



My-Hanh Vu

"Failure is a mother of success." International Students Club 2-4; Graphic 4; Frisbee 3. Love and grateful to Dad; Mr. & Mrs. Pham; Mr. & Mrs. Achermann; Ms. Yohan, T, Susan. A & Silver C. Luck for all my friends.



Christopher Walker-Ray

"You know, if you eat that now you won't have it later." Theatre Co. 3,4; Outing Club 3,4; Environmental Action Club 3,4; SLACKERS 3,4



Joshua Wallace

"I hate quotations. Tell me what you know." Ski Team; Lacrosse; NHS; SWC. Thanx to Bone, BC, LS, FP, SQ, M&D, Jen.



Cora Weimer-Hodes

"Some visions slip outta trees, others stalk the lakes inland, others leap from the glory of the sun." FIGGIFATIGF Love to you all! VL, EP, CGG, PT, MS. Gorky- Silverfrogs. VL- Thanks for everything.



Roger Weisman

"These will be the days that I'll never remember"-W. Grady Theatre Co. 1-4; Thanks to all of my droogies; "The song is over"



Jessica Whittemore

"Behind every great man is a woman getting ready to pass him." X-Country 1-3, Capt.4; Indoor Track 1,2; Track 1-4; NHS 3,4. I Love You Mom, Dad, Denny, Tay & Jill; Thanx LW, AK, MP, JM, AB, JA, CK, EC. Sticuers and Mom



Hillary Wilbur

"This eye looks with love. This eye looks with judgment. Free me take the sight out of this eye." E.B. Lax 1-4; Thanks... you all know who you are.





Laura Wing

"Our little lives get complicated, it's a simple thing; simple as a flower, and that's a complicated thing" Swimming 1-4; Ultimate 2; WE 1,2. Thanks GL, JM, JW, AB, MB. Love you, J. Remember?: BANK! "Aimeel", K.R., Stickers



Catherine Wirth

"You are never alone or helpless, the force that guides the stars guides you too." Ultimate 2-4; Environmental Club 2-4; Outing Club 3,4; WE 2-4; WC 4, Bathroom Club 1-4. Wanna Cha? Thank you everyone!



Jaime L. Witholt

"If life's a waste of time & time's a waste of life, let's all get wasted & have the time of our life!!!! -K.P. Theatre Co. 3,4; Thanks Lyn C. Kevin Z., L.W. Karin P, D.D., BG, JM & CS (mom) I love you guys, Quai Shay Spud!



Lei Xing

"The will to win is not as nearly important as the will to prepare to win." International Students Club 4; Track 2-4. Thanks IA, WX, ZL, YX, and all the people who helped throughout my school life.



Alice Yao

"No, babe, it ain't the truth... truth is something worse, I ain't said what, yet. It's something hasn't come to me, but I ain't saying' it won't." -Eudora Welty Graphic 2-4; NHS 3,4; E.A.C. 3,4; As School Match Wits 4



Ian C. Young

"I've always been crazy, but it's kept me from going insane." E-BRAKES IN THE ARIES, GOOD OLD DAYS.BB ROOSTIN THE SHUTESBURY PIGS NOVA- WHOLESOT CLUB. FOOTBALL SPEED LIMIT 151 HOT RODS FOREVER B.A.L. "See ya at Daytona"



Jeremie J. Zabko

Are you the dreamer or just the person in the dream? I'm the crazed drunk looking for my keys with a machete. Unlike life, death cannot be taken away from man, and therefore I consider it as the gift of God. So live it up! SARAH



Haun Zhang

Pictures not available

Sergiy Chebotarev

Joshua Riley Kortright

I never killed anybody and I never developed an intense hatred for the enemy. My war ended before I ever put on a uniform; I was on active duty all my time incognito; I killed my enemy there. Thanx JS, RB, BB, DR, Garcia, OE8, BKIND

Jonathan Lalonde

Joshua Rock

Christian Stidsen

"Don't act with re-action, re-act with action." ULTIMATE- Thanks to all my mentors: Bukowski, Marley, Rollins, Selby, TB, JB, MK, Kenny, Bickford and especially Jethro, for making the ground cringe. Joe Cole 4.10.61-12.19.91

Eliza Smith

Scott P. Snyder

Kan Thach

Chan Sin Tran

Phi Hoang Tran

Tuan Anh Tran

Tani V. Wilson

"How do you perceive the color brown? A question that shall forever go unknown." Mom and Dad it's been rough, thank you. I could have never asked for more. Love to LC, LZ, KE, DT, AB, EJ, and RH

Calvin Jr. Wynder

Most definitely existing in CHAOS. Ball 2-4; Big ups to DR, MO,EMB,IC to life chaos: Sha-sun, Edub, Miz, T-rex, Obe1, P-funk, A-plus... deadly, deadly, daresgot dirty elbows.



Harrison Azjah Willis Klate

"Ozzy"



February 2, 1977 - December 15, 1994

BOULEVARD OF SAINTS

Take these precious few,
these moments now.
The park adorned with visages of pasts
cut in marble sacrament.
a sadness to the snowfall,
& couplet footfalls we make in heaven's lair.
A touch of sentimental blue is surrounding sky and fading all.
yet these precious few, these moments,
with scents of new York Christmas drift,
penniless & dream-rich farewells.
walking on alone towards more ports of pockets torn.
yet salvage, yet save. yet take.
These precious few.

8/19/93

HYMNAL HERE I RISE

Here I rise beneath the stars, their silent mediations,
moon residing sublimity & soft little shadows fall upon me.
The texture of night, is elegance, a bridal gown.
nuptial with living. The ceremony by which mind is spawned
& the consumption is liberation, is satisfaction pure and indelible.
This is only life, complete, immaculate.
forsythia's golden spill sun cursed highway of drear ongoing
wheelholding, power, power is not existent, now,
a piece of perfect whole vibration.
alive! Come alive. The metropolis shrink & grassland bulge.
come alive, you parodies, personas, fake images of self & ego,
your truth, yourself is out there somewhere.
waiting to connect with heart, soul, mind in tune.
we come to understand. that this is only life.

& I hear the hip-hop dimension tumult the funk side
groove bop drop kick bass pops of vibrato, yes!
Mozart is blue & lonesome, madness torment
so alive. The neon notes twitter excitedly
above conception.
phrases form as clouds might & rear in thunder explode rain. Yes!
and we rise
surrounded with choices & parables unending.
so much raw existence, beauty, love.
yet this is a life where people shred themselves in hate,
where bodies lie shot & beaten in blood & bullet streets
go paranoid kill, killing, kill
mist from man's teeth as shot gun rips his chest.
this is only life.
a solemn laugh or tears in joy & disbelief
placed between two doorways unknowable
to rage, love, create, destroy
& pass away forgotten,
and we are given stars! Oceans! Range upon range
or edge soaring heightened breathless peaks!
We are given time! Lovers! Soul-mate!
I, falling down in bliss to feel my pens scratching its way through
line! verse!
If there was any consequence in life, I could not live it.

so, as we deal with death in terms of life,
look on living, as death's prelude,
& let your body rise,
to meet the moon a ensequined skies!
Sunlight, like a daisy, waxen in the pinpoint
expression of a little girl
in mother's scarlet shoes,
& though my scribbling may remain obscure
it is only poetry.
It is only life, Youth, dreams
the compounded jasmine hue, of dawn, here, towards day, i rise..

6/17/93



During open. Ashleigh Sullivan and Rita Powell joke around in the lobby.

Fried worms anyone? Vanessa Norton and Von Shepard enjoy their lunch.



Before the December vacation, Jay Lithgow and Francisco Bethance sell plants during lunch.

Milk, it does-a-body-good! Justin Sorensen and Dawa Romito grab a bit to eat.



In the art room, Cora Weimer-Hodes puts the finishing touches on a project.

On the soccer field Stephanie Hartouni, Amy Boreman and Jessie Denis wait for instructions.



Between classes, Nicole Lima and Keren Peled stop to talk.

In the cafeteria, Sathya Gosselin and Chris Stidsen talk about the days events.

At the school picnic, senior class president, Meaghan Muldoon sells ice cream to raise money for the class.

Hanging out in the parking lot, Max Scoon, Jeremie Zabko and Eric Scott talk about plans for the weekend.



During lunch, Addie Fletcher, Cathy Wirth, Nathan Dauchy and Alex Rosenthal discuss plans for an outing club trip.

During lunch, Rob Fisher sells some beautiful plants.



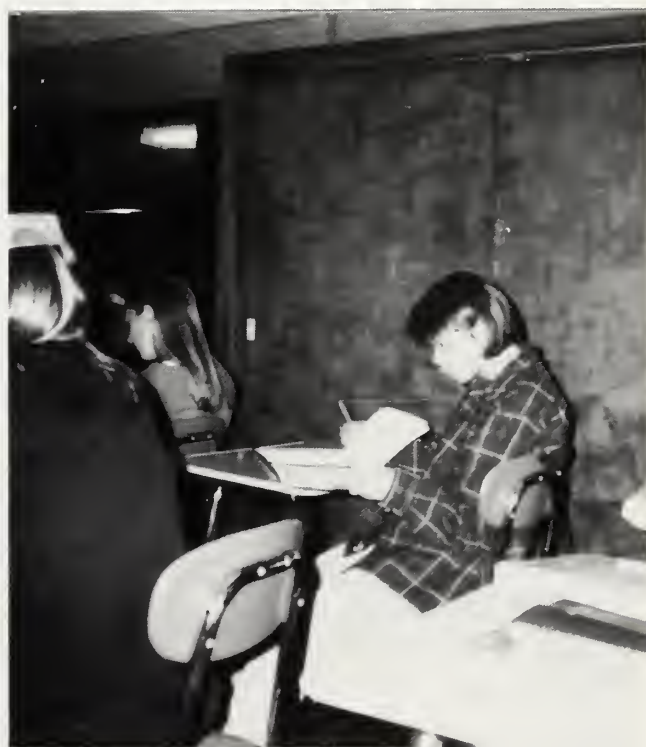


Playing hide and seek, Ryan Howes finds Christian Calderon in a locker.

Giving a helping hand, Scott Fisher and Josh Brandt move some furniture.



Best friends, Lilian Valiunas and Emily Paskus pose for a picture.



Looking for yesterday's notes, Alice Yao flips through her binder.

Dress in her traditional garb, Nisha Joshee models at the S.H.O.C.K. diversity dinner.

During a pre-Spanish class conversation, Eleana Counselis listens attentively to her classmate.



Another day in guidance, Kim Sherman labors over her homework.

Recycling for the National Honor Society, Trinh Chu drearily pulls the recycling bin through the halls.



LOOKING BACK



Zak Katz



Jan Klenowski



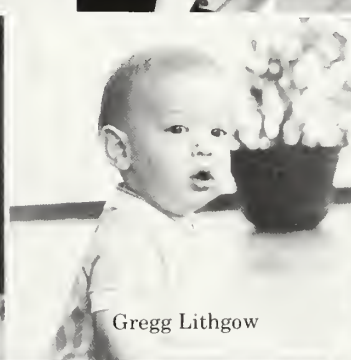
Elena Maltese-Blount



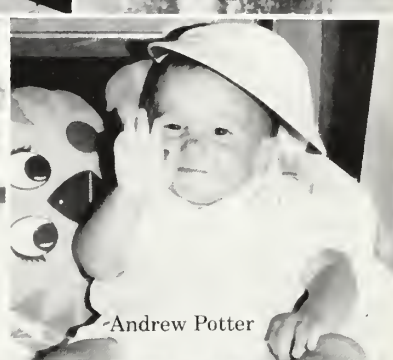
Nina Reck



Susie Carey



Gregg Lithgow



Andrew Potter



Josue Diaz



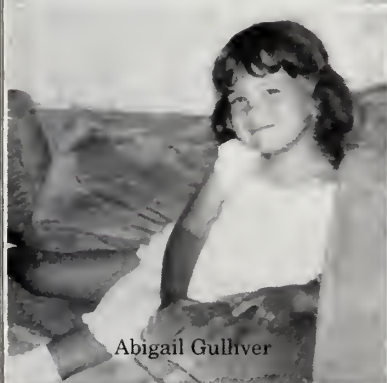
Gerry Gardner



Jonathan Fenstad



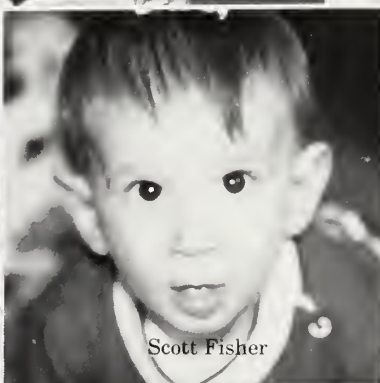
Addie Fletcher



Abigail Gulliver



Aaron St. John



Scott Fisher



Emily Riddle



Erin Littlefield



Nadia Lesy



Jay Lithgow

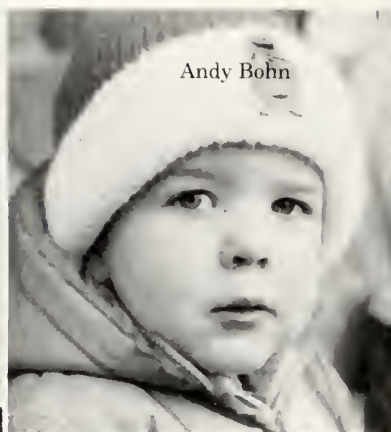


Hannah Blitzblau





Jessi Whittemore



Andy Bohn



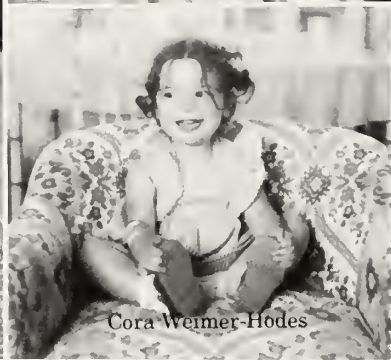
Johari Townes



Allison Dunn



Elisabeth Malsch



Cora Weimer-Hodes



Ebon Moss-Bachrach



Danielle Margalit



Yaron Koren



Megan Carpenter



Max Spoon



Tenzin Dolker



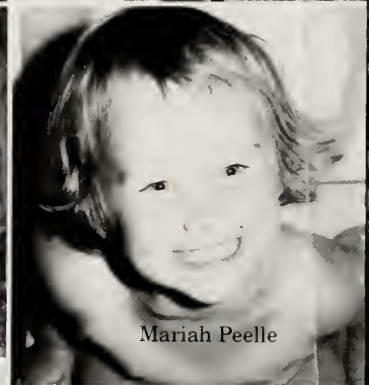
Gabe Barbaro



Josh Brandt



Lavonne Shepard



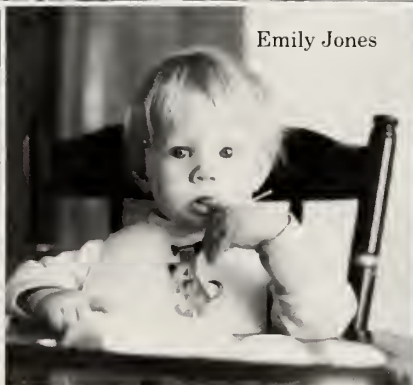
Mariah Peelle



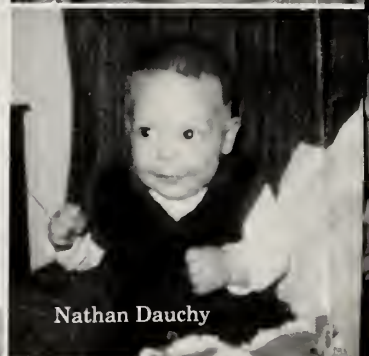
Monica Bhowmik



Eric Scott



Emily Jones



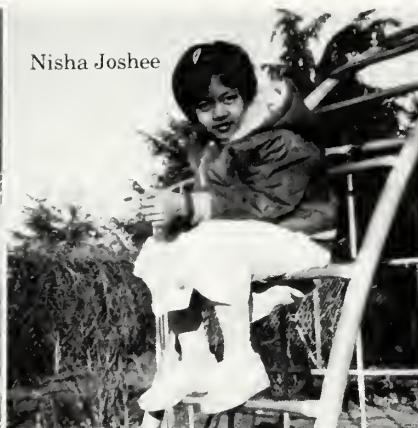
Nathan Dauchy



Melissa Roca



Angela Palazzo



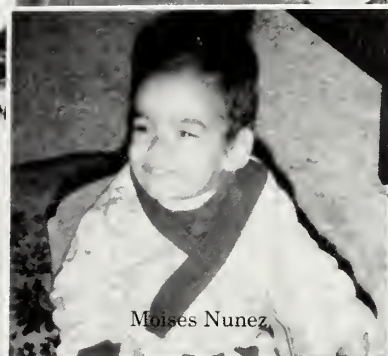
Nisha Joshee



Joshua Kortright



Greg Smith



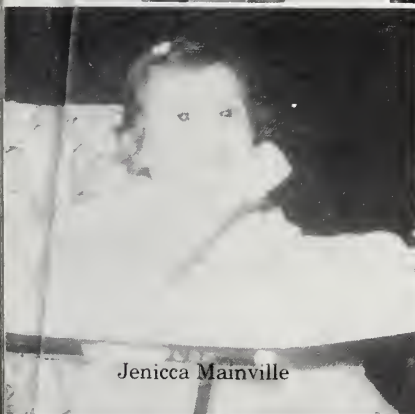
Moises Nunez



Cristina Dann



Marion Sussman



Jenicca Mainville



Cori Garrett-Goodyear



Stephanie Hartouni



Melissa Raskevitz



Rebecca Chernock



Jessica Anthony



Ashleigh Sullivan



Scott McNiven



Sarah Collins



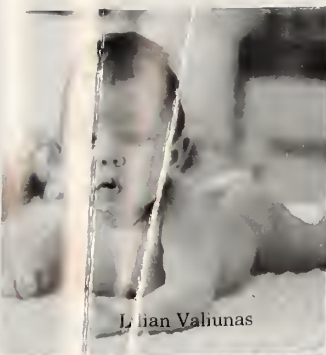
Dorith Peleg



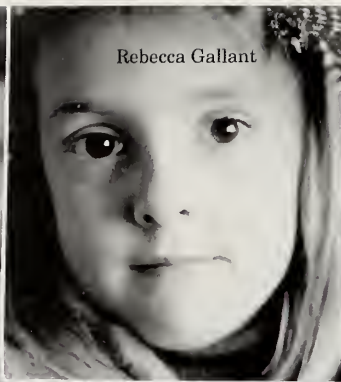
Luis Rosario



Lana Fletcher



Lilian Valiunas



Rebecca Gallant



Sara Orellana



Brian Murch



Marcos Arellano



Keren



Sarah Levy



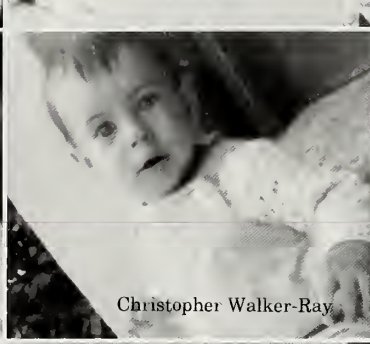
Jesse Lewis



Jesse Mazer



Kim Sherman



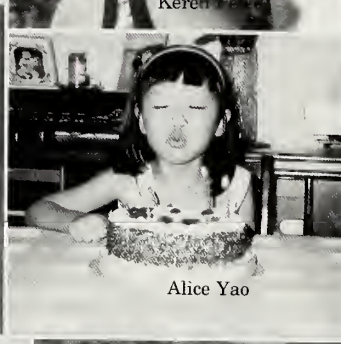
Christopher Walker-Ray



Adrienne Copen



Justin Sorensen



Alice Yao



Dawn Howard



Keri Page



Jon Mallen-St. Clair



Alexandra Collier



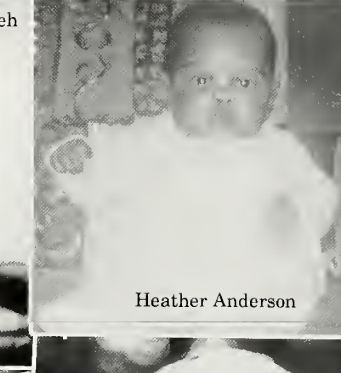
Tai Smith



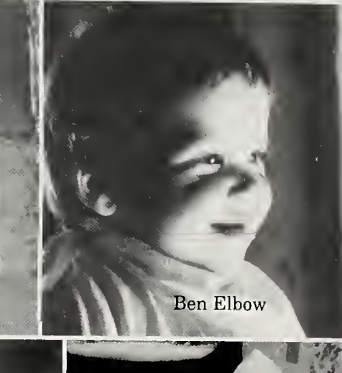
Vanessa Norton



Alison Hsieh



Heather Anderson



Ben Elbow



Amy Borem



Ella Pearce



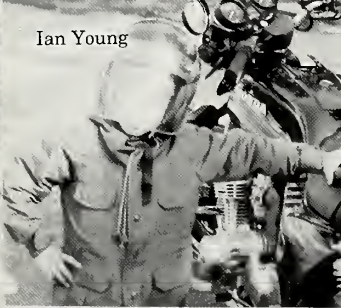
Adria Piccuto



Lauren Schweid



Dan Lawren



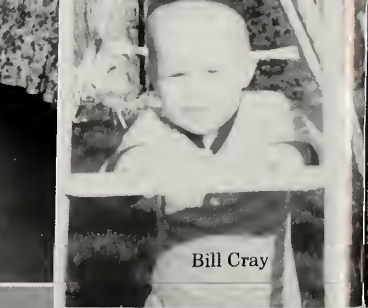
Ian Young



Lucia Maraniss



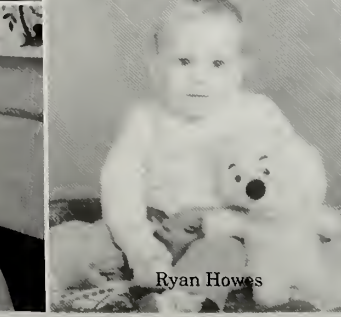
Laura Wing



Bill Cray



Ned Connelly



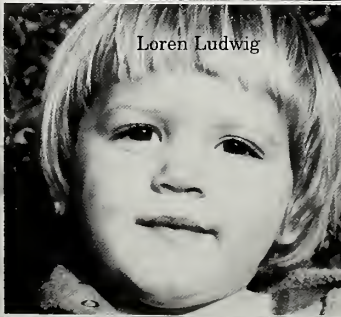
Ryan Howes



Jessica Ross



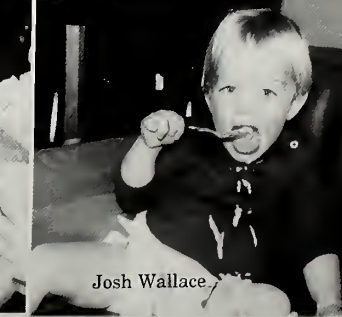
Sarah Lange



Loren Ludwig



Gabi Kruks-Wisner



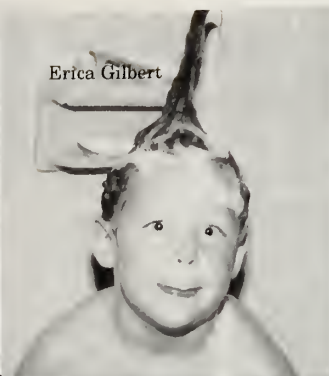
Josh Wallace



Zrinka Dekic



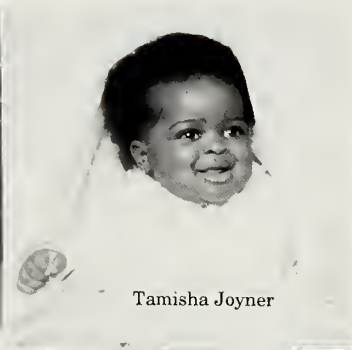
Jesse Mosher



Erica Gilbert



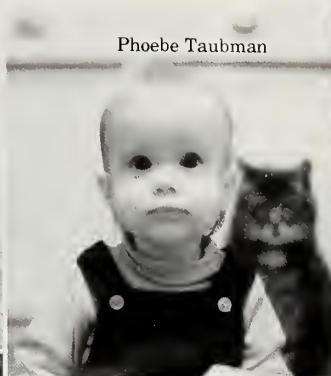
Cathy Wirth



Tamisha Joyner



Sathya Gosselin



Phoebe Taubman



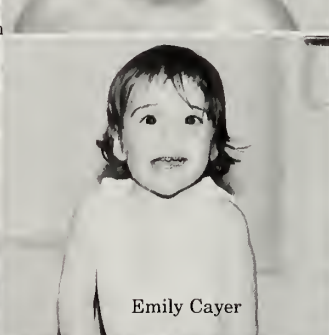
Jamie Mung



Scott Gladu



Kathryn English



Emily Cayer



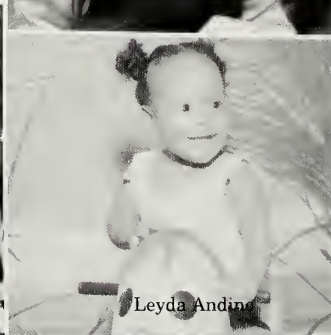
Carrie Adrion



Noah Stapleton



Brian Emery



Leyda Andino



Molly Stebbins



Seth Marbin



Matt Seever



Anette Jacque



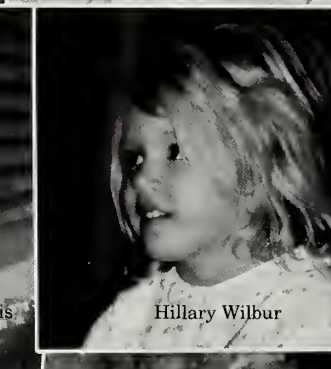
Matthew Perchen



Ekene Nwokoye



Julie Stanitis



Hillary Wilbur



Alex Kaplan



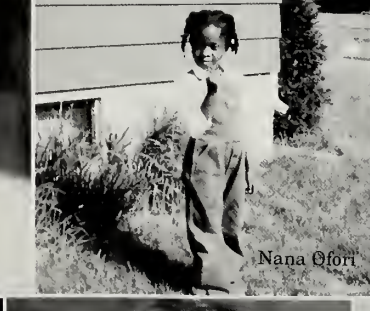
Nell Bryde



Adam Kleindienst



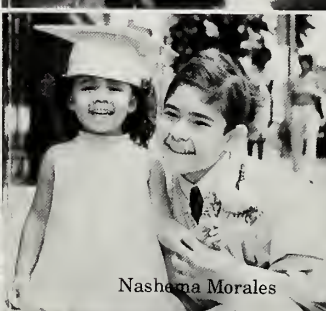
Meaghan Muldoon



Nana Ofori



Jason Murphy



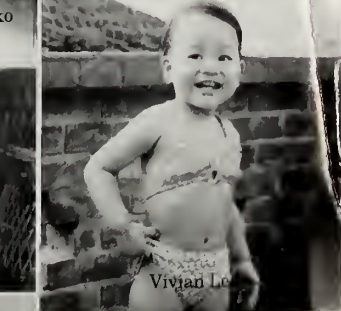
Nashama Morales



Emily Piskos



Jeff Matuszko



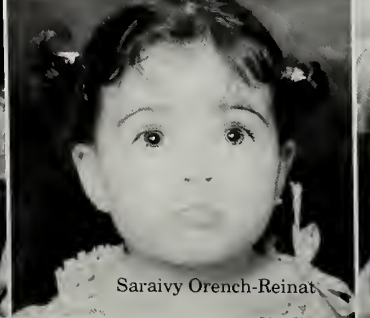
Vivian Lee



John Hinds



Gabe Pless



Saraivy Orench-Reinat



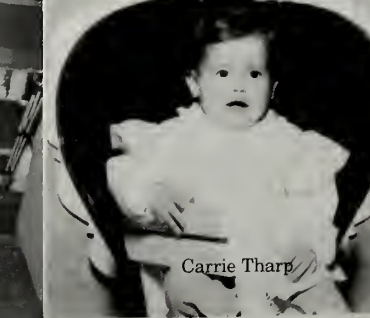
Rita Powell



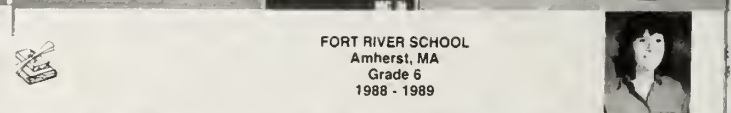
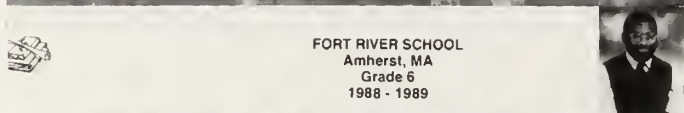
Jamie Witholt

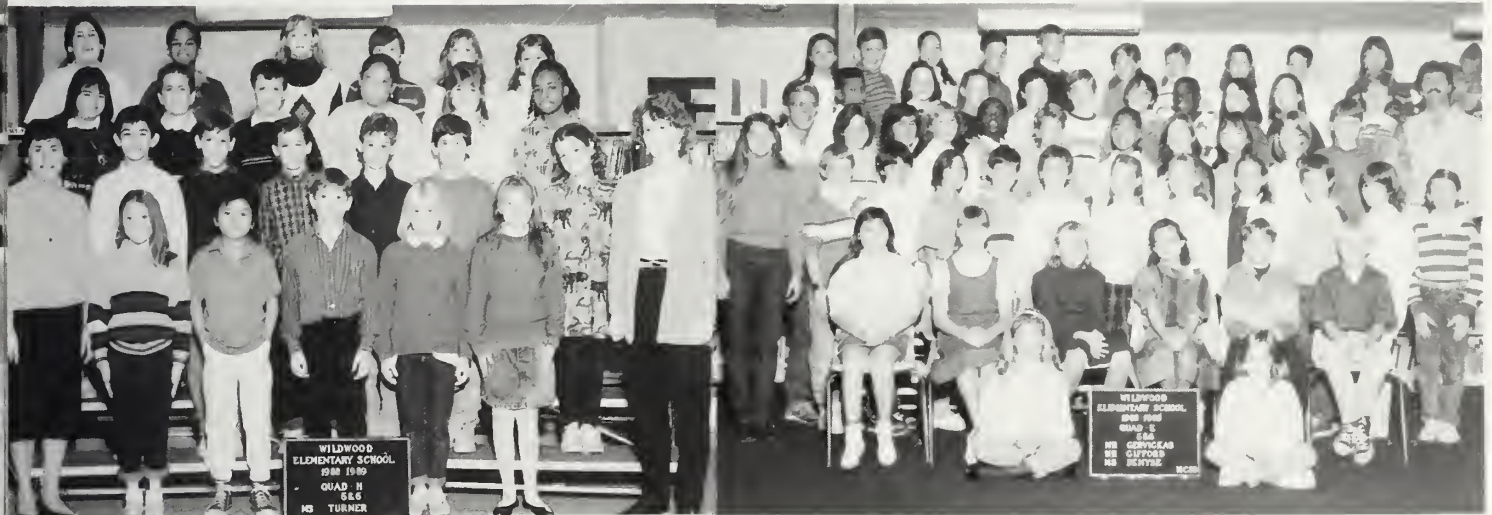


Carrie Tharp



Trisha Dang





S

ENIOR

U P E R L A T I V E S



Best Car — Becca Gallant



Class Disco Trio — Jessi Anthony, Carrie Adrion, Rita Powell





Class Preppies — *Alex Kaplan & Meaghan Muldoon*



Class Tag Sale — *Jamie Munger*



Class outdoorswomen — *Ella Pearce and Lena Fletcher*



Most Understanding — *Matthew Perchemlides & Anette Jacque*



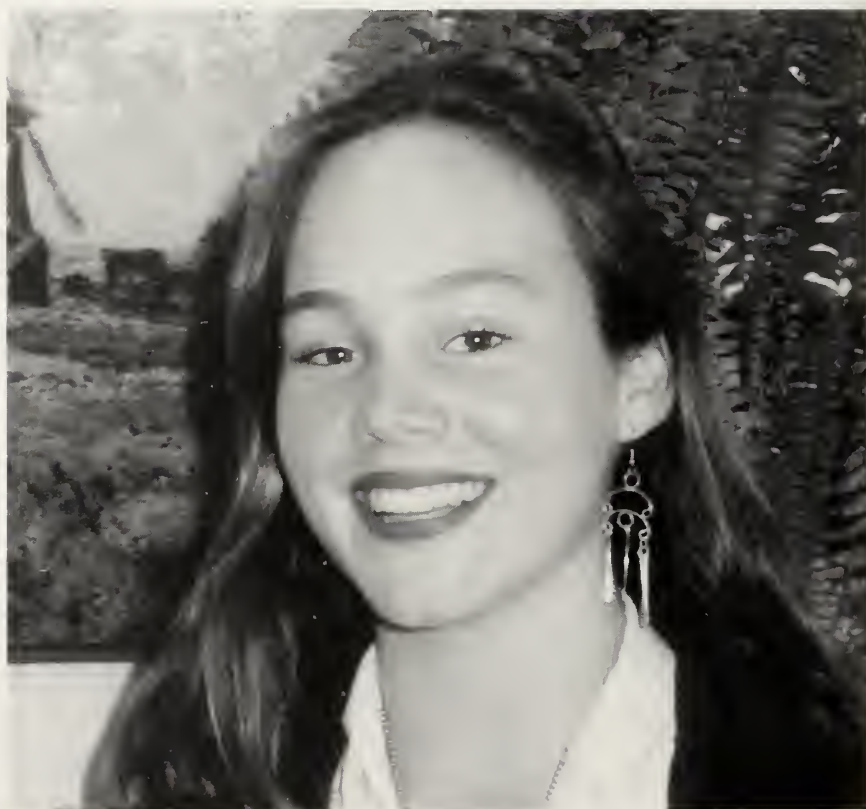
Most Likely to Be Famous —
Ozzy Klute



Class Gossip — *Nana Ofori*



Best Eyes — *Becky Chernock*



Best Smile — *Mariah Peelle*





Most Talkative — *Dorith Peleg*



Class Conservative — *Jon Fensted*



Best Eyes — *Josh Wallace*



Class Personality — *Trisha Dana*



Class Photographer — *Kate English*



Most Dramatic — *Vanessa Norton*



Most Athletic Girl — *Emily Jones*



Most Athletic Boy — *Dawa Romito*





Class Outdoorsman — *Joshua Brandt*



Shyest — *Laura Wing*



Class Hair — *Elena Maltese-Blount*



Class Cynic — *Roger Weisman*



Class Clown — *Gabe Barbero*



Cutest Boy & Girl — *Jason Murphy & Cora Weimer-Hodes*



Best Dressed — *J.R. Reynolds*



Class Camouflage — *Jessica Ross*





Class Musician — *Loren Ludwig*



Best Dressed — *Luis Rosario & Ekene Nwokoye*

Class of 1996

The Junior Class has been working hard all year to raise money. The main fund raiser is the sale of seat cushions for basketball season. The cushions have the school logo on them and are only five dollars. We also shared the pickleball tournament with the seniors, raising a lot of money, and the Cake Sale was a great success. The year started out slowly for the class, but by the time of the Cake Sale the future looked good.



Class Officers: George Solt, *President*; Bande Mangaliso, *Vice President*; Asha Awad, *Secretary*; Dolores Cruz, *Treasurer*

Class Advisors: Christine Clifford, Christina Higgins

Nathaniel W. Adams
Edward A. Ainslie
Alexander Ambroz
Jessica Ambroz
Lynne M. Ashby
Prentiss Austin-Frank

Asha Awad
Julia D. Barnes
Gregory D. Bascomb
Jennifer Bastable
Amber B. Bemak
Shynia Bennett

Carolyn Bernstein
Ronald Berthiaume
Francisco E. Betances
Erik A. Betjemann
Katherine W. Bicknell
Aaron M. Blain

Maya S. Bodhi
Catherine Bonsignore
Michael Booxbaum
(Sardinas)
Amanda Boynton
James Brady
Rob Benjamin Branch

John H. Bray
Erica L. Brillhart
David Britt
Elizabeth K. Brown
Philip M. Brown
Matthew Bryant





Caitlin N. Callahan
Christopher Carde
Kimberly S. Carey
Venuta M. Carulli
Jennifer J. Chang
Erin Cheney

Tory J. Chlanda
Brian Clarke
Mikael L. Clason-Hook
Sean Coleman
Sean Collins
Christopher J. Comish

Nichole Comtois
Kathleen A. Connelly
Cara Connolly
Dolores Cruz
Kia Janee Custard
Stacey Dalmau

Adam J. Daniell
Rhydwyn Davies
Christine R. Depault
Stephen P. Digges
Jennifer Dillon
Brian W. Dimetres

Mark C. Donfried
Robert D. Doubleday, Jr.
Glenn E. Durham
Richard W. Dyer
Charles Eiseman
Emily H. Emond



Glad that school is over, Elnie Gillers and Diana Santiago prepare to go home.

On average how many clubs or student organizations do you belong?

0	28.95%
1-2	42.11%
3-4	23.68%
5	5.26%



Jeremy S. Falkowski
 Andrew Fernsten
 Richard Figueroa
 Alexander B. Forbes
 Emily Frant
 David A. Fuentes



Roger G. Garay
 Tara D. Geiger
 Jennifer George
 Andrew Giambrone
 Devin M. Giles
 Eleanor W. Gillers



Julia Gohsing
 Kate Gomberg
 Alexander Gordievsky
 Lusa (Lucy) Gordievsky
 Tiffany Goscenski
 Bryna P. Griffin



Raj Gurung
 Daniel S. Halgin
 Jesse Halpern
 Seth M. Hankowski
 Jason R. Harlow
 Rashaan I Hazard



Delmy del Carmen
 Hernandez
 Eric A. Hernandez
 Sergio Hernandez
 Jesse Hofrichter
 Carrie A. Howard
 Emily M. Howard



Which hallway is the hardest to get through?

Sophomore Hall	40.00%
Junior Hall	43.53%
Senior Hall	16.47%



Rachel Mackintosh smiling for the camera



Amanda Boynton is happy to be able to complete her homework during orchestra.

John Bray takes part in Halloween Trick or Treating with the pre-school.



Jiguang Hu
Katie C. Hutchinson
Joseph Ihedigbo
Nichol L. Jackson
David D. Jacoby
Yeheshua Johnson

Laila Kachwaha
Charles J. Karch
Robert W. Kareithi
Molly Karlin
Gabriel M. Kennedy Costa
Brian B. Kerrigan

Galen M. Kilroy
Robert King
Yoshiya Kinuta
Joseph Kislo
Sarah E. Klaum
Damnak Krouch

Lubomir Krupa
Emily R. Kuc
Chelsea Lafond
Eugenia E.S. Lamet
Jin Sook Lee
Amanda T. Leigh

Erin F. Lesniak
Guo Zhu Li
Lin-Chung Liang
Huiyu Lin
Yu-Fei Lo
Tian En Long

Jesse Lynch
Rachel E. Mackintosh
Marah M. Macrostie
Nombulelo (Bande)
Mangaliso
Peter R. Manning
Kevin Marino



Biking through the Pyrenees in Spain, Sadie Wilcox takes a break.



Watching an Ultimate Frisbee game, Peter Manning shows his goofy side.



Elias Martz
Daniel B. Matarazzo
Rebecca H. Mazur
Kelley A. McCarren
Joshua A. McCusker
Eli McKenna-Weiss

Felicia K. A. M. McNeill
Litza J. Melendez
Brian Meyers
Perla Del Mar Mondriguez
Katherine Montleon
Thea L. Moruzzi

Aval Yashar Motedayen
Kristin E. Moyer
Daniel T. Mullins
Michael M. Nduati
Nan Noeun
Nuon Noeun

Jeremy A. Paine
Ryan W. Parker
Tyson A. Peelle
Melissa A. Pelak
Mavis N. Peloewetse
Abigail Penniman

Carlos Perez
Amanda Pidel
Jacqueline M. Possardt
Mathew D. Price
Scott C. Quinlan
Jeffrey Ragle





Andrea Ratner
Joshua Ratner
Erin Reffsin
Matthew Reid
Megan D. Ricard
Caitlin W. Robinson

Tashina M. Robinson
Maria A. Roeper
Dorje Romito
Alexander Rosenthal
Karen Ross
Steven P. Rouisse

Carrie M. Roy
Aaron Rubinstein
Nicholas A. Rufe
Viviana Ruiz
Diana Santiago
Delia L. Scanlan

Courtney Scherpa
Searita Scott
Catherine R. Seelig
Benjamin Y. Seldin
Malulani Sherlock
George L. Sierra

Maria Silva
Sokna Sin
Vannoch Sin
George Solt
Thy Som
Beatriz E. Soto-Diaz



Jennifer Chang and George Solt chill with Ms. Hays and Mr. Jacobs.

On what do you spend most of your money?

Saving for the future	11.90%
Buying CD's	4.76%
Car insurance and gas	7.14%
Sporting events	11.90%
Clothes	11.90%
Food/Entertainment	26.19%
Other	26.19%



Daniel Souweine
Jesse D. Springer
Robert H. Stachowiak
Nicole M. Stanford
Jennifer I. Steinberg
Joseph Stepchew

Ian Streciwilk
Joshua Streeter
Sara Suglia
Daniel E. Sutton
Rhiana Swartz
Lida Tang

Christopher Tarr
Teane Tehleab
Suzanne Theberge
Molly C. Thomas
Noni Thompson
Sage Thompson

Christina Vasque Toro
Tyler A. Trafford
Phi Hong Tran
Anson Tripp
Thupten Tshering
Vanni Vanin

Periandro J. Weiga
Christian P. Wigeland
Katsuhito Wakaki
Maya Walker
S. Curry Walker
Jennifer R. Weber



In your opinion what is the #1 critical issue facing teens today?

Drugs.	19%
Violence	25%
Teen Pregnancy	0%
Gangs	0%
AIDS and other STD's	47%
Economic Issues	3%
Other (sex)	6%



"School is a fun place to be," says Alex Rosenthal.



Chemistry is a good place for Catherine Seelig and Asha Awad to show off their baking skills.

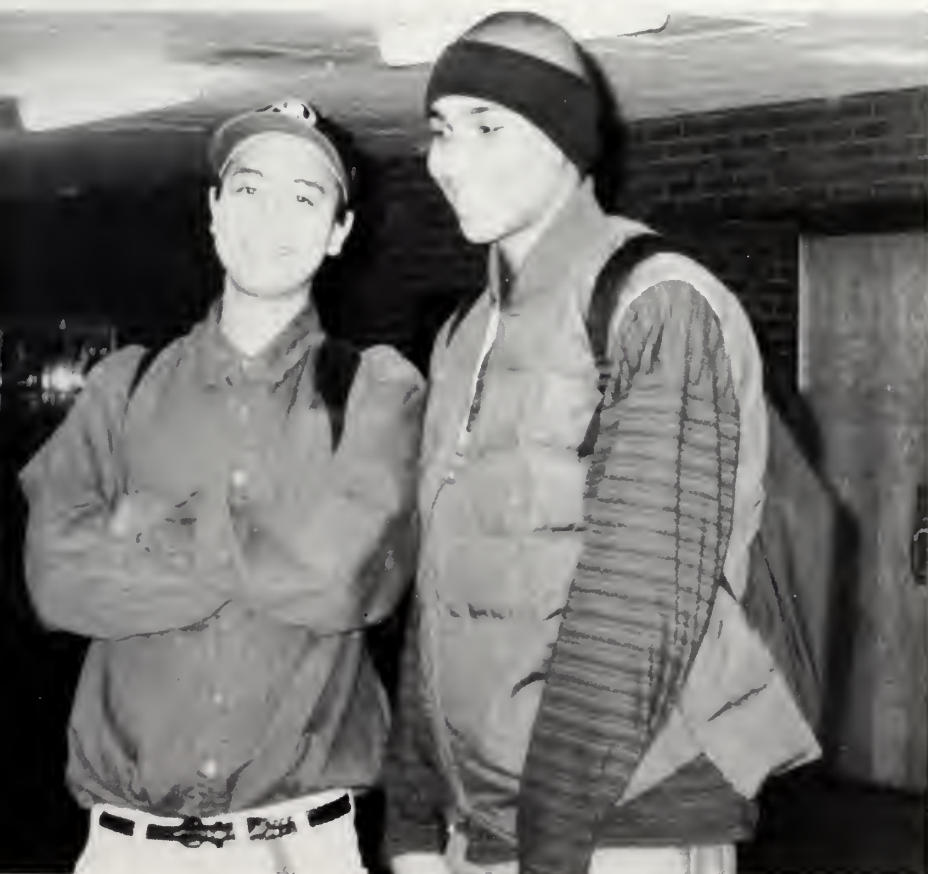
Carrie Bernstein and Dan Wynne share a friendly moment during lunch.



Abbie J. Weinberg
Michele M. Wenowitz
Aviva D. Wertkin
Stacey B. Whitborne
Michelle N. White
Sarah Wilcox



Steven Williams
Andrew R. Woglom
Chiao Wen Wu
Daniel Wynne
Benjamin T. Zeitler
Michael Ziomek



No Picture Available

John R. Barrett
Pierre Benoit
Tara Choate
Joel Cox
Carolina L. Davis
Stacia L. Ferro
Angela Folsom
Angela C. Gerhard
Tilman L. Renner
Kevin Zlogar

George Solt and Prentiss Frank ready to head for home after a busy day at school.



Because the bell hasn't rung yet, Litza Melendez and Kai Custard are able to catch up on things.

Really into his music, Rashaan Hazard doesn't even know his picture is being taken.



Concentrating hard, Josh Ratner does his pre-cal homework.

Looking up from their conversation, Eugenia Lamet and Sarah Klaum wait for their math class to begin.





Relieved to finish her test, Abby Penniman leaves social studies class.

Eli McKenna-Weiss plays the piano in the music room.



Reading his music intensely, Tyson Peelle plays his violin in the orchestra.

Pausing from her algebra homework, Tiffany Goscenski takes a break to see what's happening.

Going to his locker, Sam Wilson is glad the day is over.

Kate Gomberg and Emily Howard discuss math homework before class starts.



On a quick break from Cabaret, stage manager Chris Harlow and "Beauty School Drop-Out" Allison Dunn take a breather.

Hanging out afterschool Chiao Wu, Sara Orellana, and Noni Thompson consider what they are going to do for the evening.





Waiting for the bell to ring, Molly Karlin and Liz Brown pose for a picture.

Proud of their work, Adrienne Copen and Maria Silva show off their poster.



W. MASS.
GIRLS SWIMMING
1990

W. MASS.
GIRLS TENNIS
1990

MASS. STAT.
GIRLS SKIING
1991



Preparing for a game of volleyball, Tian En Long, Binh Loc, and Chung-I Liang set up the nets.



On their summer trip to Scotland, Phoebe Taubman and Naomi Cairns model sunglasses while shopping.

Class of 1997

This year the class of 1997 entered the high school with a new sense of enthusiasm and confidence in each other. We started off the year with a massive chip sale at the school (indoor) "picnic," and followed with a button sale which was a resounding success. We also were a part of Amherst's First Ever Football game under the lights. In December we held a 1st "Snow-Day" guessing game, hoping to start an Amherst tradition. We sparked community spirit in the spring by producing the second annual Talent Showcase.

The sophomore class showed great unity and dedication in the past year and look forward to our two remaining years at ARHS.



Class Officers: Chris Rue, *President*; Nicole Landset, *Vice President*; Colleen Schmitt, *Secretary*; Michael Ellis, *Treasurer*

Class Advisors: Debbie Fuller, Molly Pinkney, and Suzanne Stendahl

Ayyub Abdul-Alim
Naji Abdul-Alim
Antonio Allen
Irene Askew
Steve Auwerter
Kalil Baez-Cornier

Joshua L. Balis
Miranda S. Balkin
Silas Ball
Timothy Barber
Daniel Barnes
Mandisa A. Barnes

Toni G. Battistoni
Casey L. Beebe
Kate L. Berrine
Lori Blinn
Seth M. Blitzblau
Dylan Bowman

Bryan R. Bracey
Yasmin Brandford
Melissa Brooks
Cheryl Brunelle
Julliette Burbank
Aracelis Burgos

Matthew Burnham
Jason Caballero
Naomi Cairns
Sarah Callahan
Louie C. Cardasis
Jennifer L. Carey





Heather E. Carmichael
Benjamin M. Chilik
Trevor O. Clunes
Tarik H. Coble
Kendra D. Coffin
Dara K. Cohen

Michael A. Cohen
Anna Coldham
Patricia A. Cole
Robert L. Cole
Jeammy I. Crespo
Matthew Crossman

Jade Cuevas
India D'Arthenay-Adams
Brie Dana
Noah Z. Danoff
Tavar Davis
Sarah L. Degrazio

Bruce Demers
Roy Demers
Myrna C. Devillier
Anthony Diaz
Christine Dinatale
Megan Drake

Amy Dube
Hailu Dyami
Renee East
Michael Ellis
Marielle Emond
Adam English



Stefania Vanin watches the soccer game as she sits on the sidelines.



At the end of class, Irene Askew packs up her bag.



Brett Fagan
 Anthony L. Faith
 Joshua Feinman
 Josh Feldman
 Gregory D. Fennell
 Scott Ferguson

Stacia Ferro
 Aaron E. Fine
 Lisa Foley
 Ginger F. Fowler
 Christian E. Fox
 Nathan Franz

Jennifer Garmirian
 Amelie Geiger
 Jacob Gerber
 Melanie S. Gillis
 Jennifer Gladu
 Julie Glassman

Meryl J. Glassman
 Erica A. Gnatek
 Mollie A. Godfrey
 Niles A. Gold
 Nathan P. Goldstein
 Alexander Gomez

Carlos Gomez
 Rene Gonzalez
 Steve Goodhind
 Damany S. Gordon
 Robert Grant
 Lucia G. Green-Weiskel



Which Activity consumes most of your non-school free-time?

Studying	10%
Hobbies	2%
Sports	18%
Work	8%
Friends	31%
Family	3%
Procrastinating	13%
Other	15%



Andrew Kahn concentrates on his English homework.





Sara Parent tries to duck out of the picture after school in the locker room.

Nicole Landset and Mike Ellis smile as they try to raise money for the sophomore class at the school "picnic".



Jennifer L. Greene
Evan Gregg
Cory Griffin
Sean Griffin
Jennifer E. Grim
Rebecca L. Gruber

Isheika Hackett
Courtney J. Hall
Christopher W. Harlow
Benjamin Harper-Ewert
Sarah L. Harrington
Regina M. Hart

Jennifer R. Hartwell
Ethan Hazzard-Watkins
Paul Heller
Melanie Herbert
James W. S. Hines
Jared B. Hirschhorn

Sang Ho
Shamus P. Hogan
Alanna D. Holmes
Charles M. Holt
Kundai Hove
Gillian F. Howland

Anisha Humber
Nathaniel Ihedigbo
Ari J. Issler
Alysoun N. Johnston
Nicole M. Jolivet
Matthew B. Jones

Greggory C. Joyce
Megan Kaden
Andrew W. Kahn
Ethan Kakley
Amanda P. Karch
Ethan Karson



Dave Kroodsma plays custodian as he helps to sweep up the gym.

Paco Mas can't wait for the school day to end.



Hope Kazonis
Tolson Kehler
Samuel A. Kimball
Sophan Kong
Jillian E. Koplow
Nicholas R. Kosiba

David A. Kroodsma
Pavel (Paul) Kupin
Corey B. Kurtz
Andrew T. Lamb
Matthew H. Lambdin
Nicole R. Landset

Daniel J. Lapollo
Heather Lattuca
Douglas Lee
Amy M. Lehane
Sushene S. Leitch
David M. Lemly

Janet B. Leonas
Martin A. Lewis-Gonzalez
Tzu-Chun Liang
Jason Liang
Li Liang
Nicole C. Lima

Ellen Lin
Qiaoyu Lin
Ira K. Lindsay
Wei-Feng Liu
Benon Loebli
Erika C. Loper





Cynthia Lowen
Heather J. Lowing
Jeremy Mainville
Jonathan Maki
Molly Maland
Francisco A. Maldonado

Jon C. Malenfant
Isaiah Mandle
Amy Margalit
Gabriel N. Marquez
David J. Marshall
Jaime-Lynne Marshall

Ryan M. Martin
Ojay R. Martinez
Juan-Pablo Mas
William J. Matthews
Jaime L. Matuszko
June R. McCray

Talib McDowell
Jordan McEachern
Kerry McKenna
Lynn McKinnon
James S. Melby
Olivia Melendez

Wilnelia Melendez
Fredy Clement Mfuko
Eli Miller-Mack
Hoeun Moeun
Mayra A. Molina
Sokhy Mom



Jennifer Morgan, Tova Neuget and Meryl Glassman smile for the camera as they sell food after school.



Our guess is Abby Raskevitz didn't want her picture taken!



Ruby Moon
Christopher Moran
Jennifer M. Morgan
Lillian Mullin
Jessica L. Nachem
Tova Neugut



Heidi Norbis
Eleanor A. Norton
Dennis O'Neil
Shira Olevsky-Abercrombie
Audra L. Page
Eric E. Paixao



Sara B. Parent
Anthony M. Pascoe
Jason Paskus
David C. Patterson
Angelica I. Pereles
Corrie Perez



Rebecca Peterfreund
Kamil Peters
Jon S. Petitt
Sophy Pich
Jerusha E. Plante
Trent Poole



Elisha Portier
Lawren Quigley-Jones
Abigail Raskevitz
Joshua J. Rathbun
Nicholas G. Reich
Matthew E. Riddle



Becca Gruber, India D'artheny-Adams and Eleanor Norton are surprised to see a camera in the halls after school.



Shira Olevsky-Abercrombie and Ethan Karon share a bonding moment.





The library is always a great place to get some extra work done.

Favorite Kind of Fast Food

Burgers and Fries	31%
Chinese	21%
Fried Chicken	0%
Mexican	27%
Pizza	18%
Other	3%



Sabrina R. Riley
James M. Robb
Shaen Robertshaw
Daniel R. Roth
Christopher Rue
Ryan P. Ruopp

Melissa Russell
Robert O. Russell
Lauren Schiller
Colleen M. Schmitt
Havalah S. Schnurr
Kerry E. Scott

Alexander Y. Sedgwick
Chi M. Seppala
Navindra R. Sharma
Simon Shea
Rebecca C. Shinner
Martha P. Shulman

Gwendolyn C. Sikora
Emily R. Silver
Abraham H. Smith
Mia D. Sorcinelli
Claire E. Spencer
Daniel Spratlan

Seamus Stack
Kari Stanek
Mark W. Stankovic
Jason Stanton
Lonna Steinberg
Timothy Stone

Joshua Strong
Lorien Sullivan
Esther Switzenbaum
John Szczesny
Yang Tang
Gerald N. Theriault



Michael V. Tolson
Benjamin W. Trafford
Obiora M. Ugwoke
Narah E. Valcarcel
Derek Van Blerkom
Stefania Vanin



Gabriel Vaughan
Maurice R. Vianey
Jonathan W. Walker
Tisha D. Walker
Ernest L. Warren
Jeremy P. Waterman



Caitlyn A. Webster
Jesse D. Weiss
Marcy L. Whalen
John Whitehead
Dennis R. Whittemore
Heidi K. Wiemokly



Samuel Wilson
Caroline Winter
Daniel Wirth
Deborah A. Wolk
Christopher C. Wood
Yu-Chao Wu



James H. Young
August C. Zajonc



No Picture Available

Shaun Armstrong
Julia N Bettinelli
Nicole Brimmer-Williams
Carlos L. Cruz
Doniel Ephraim
Marisol Garcia
Daniel Gatti
Sarah A. Kucab
Yan-Peng Lam
Raymond Lemar

Alex Lesy
Emily A. Monarca
Emily K. Osterweil
Jennifer M. Palazzolo
Amber R. Roy
Michael Todrin
Tiffany Van
Owen D. Weaver
Matthew Wolkenbreit
Seth S. Yeaton



Smiling as they sell soda at the school picnic, Wilnelia Melendez and Lynn McKinnon help raise money for their club.





Sophomores Chris Rue and August Zajonc sell changes for the "Snow Day" contest.

Courtney Hall helps her class by making "Homecoming '94" buttons.



Before class starts, Abe Smith and Mike Ellis talk about the days events.



After a long day Corey Kurtz collects her books to go home.



Playing with play-dough during child study. Aracelis Burgos enjoys the children's creations.

Struggling with the heavy load in her back-pack, Kerry McKenna makes her way home.



Comparing hats. Trevor Clunes and Shudipto Rahman take time out from playing with the blocks.



Looking forward to their sophomore year, Heather Lattuca and Sabrina Riley smile for a picture.





In the library, Gregory Fennell studies Latin with the help of intern Mrs. Barrington.

During child study, Nick Reich helps Solomon Morreno clean up.



Taking a break during class, Tova Neugut and Jen Morgan smile for the camera.

Ari Issler looks forward to going home, relieved that the school day is over.



Faculty/Staff



Lorraine Kavanagh, Principal
Bruce Penniman, Instructional Director



Geoff Sather, Dean of Students

What advice you would give the seniors?

Be honest with yourself.

- Michael Bardsley

Be patient. Life gets better.

- Buzz Bray

Follow through in whatever goals or objectives you chose to pursue. Self-discipline is a key towards success.

- Karen Brown

Work hard, maintain integrity, enjoy what you do and make a difference.

- Bob Kelly

Slow down and enjoy yourself.

- Sean Smith

Never make a decision when you are down and out.

- Jessel Murray

Maintain your sense of humor.

- Betsy Mathews

Secretarial Staff

sitting: Dana Tarr, Irasema Lewis, Brenda Jenks; standing: Christine Heard, Debbie Fuller; not pictured: Helen Goddard



Health Room

Mim Thayer, Laverne St. Mary

Guidance Department

sitting: Suzanne Stendahl, Evelyn Goldenberg, Na'imah Muhammad; *standing:* Celeste Lawler, Michael Bardsley, Carlene Riccelli, Buzz Bray



English Department

John Warthen, Tiina Booth, Loretta Alper, Benton Minks, Janie Baer-Leighton, Jan Saulsberry, Suzanne Adams, Joseph Jacobs; *not pictured:* Bruce Penniman

Art Department

1st row, Blanche Derby, Lilian Kravitz, Jane Findlay; *not pictured:* Jim Logan

ESL/TBE Department

seated: Lila Fiengold, Wilma Ortiz, George Chigas; *standing:* Inge Ackerman, Yang Sam, Rosa Maria Calderon, Sue Abdow, Cornelia Holt



Math Department

seated: Christine Clifford; *standing:* John Moran, Carol Silver, Marilyn Purdy, Howard David, Fran Caporello, Suzanne Lavardiere

Stewart Olson

Best excuse you have ever heard from a student?

My little brother ate my homework. - *Janie Baer-Leighton*

"The reason why I didn't attend your class yesterday" was because "I skipped" - *Karen Brown*

I've never heard a good one. Excuses don't replace action. - *Buzz Bray*

Malfunctioning computer (newest) and "I forgot." - *Bob Kelly*

What is your favorite way to spend free time?

Theatre, Flee Markets, dancing and reading. - *Michael Bardsley*

Soak my feet in the Connecticut River. - *Jane Baer-Leighton*

Playing hockey, fishing, and working in my flower garden. - *Buzz Bray*

Shopping for bargains, going to Tag Sales, listening to music, and watching UMass basketball. - *Karen Brown*

Technical Studies Department

Robert Menko, Tom Gralinski, Chris Emery, Jim Kelly



Music Department

Patrick Smith, Doug Purcell; *not pictured:* Jessel Murray

Stewart Olson



Science Department

standing: Phyllis Eisenberg, Val Veneman, Charles Camp, Tara Yohan, Tom Styspeck, Mary Claire Adams; *sitting:* Ruth Trimachi, Sonya Bergquist



Foreign Language Department

Judith Wobst, Angel Chamorro, Cornelia Holt, Cynthia Stankiewicz, David Brule, Dael Chapman, Anna Hays, Adrienne Talamas; *not pictured:* Sean Smith, Chih-Wen Su, Betsy Matthews, Peter Goetz



Health Education
Carol Staiti

Physical Education Department

Tom Cullen, Lori Giard, Jane Ames (with Michael), Chris Collins, Larry Briggs



Business Department

David Harlow



Social Studies Department

sitting: Mark Gerstein, Ann Picard, Robert Kelly; standing: Clifford Fonsh, Yvonne Gittelson, Gaylord Saulsberry, Carole Schweid



Cafeteria Staff

Nancy Edwards, Katie Berry, Beverly Ingram, Pauline Lego, Paula Milesko, Heddy Thompson; not pictured: Nancy Dhlman

Business Department
Missy Shea



Molly Pinkney, Spanish Teacher

Who was the most influential person in your life? And why?

There have been a lot of influential people over the years. One I remember well was a junior high school shop teacher who told me to start using my head instead of my fists. - *Buzz Bray*

My parents - their guidance and support provided me with a strong sense of self-esteem and faith to guide myself. - *Karen Brown*

What is the best advice you were ever given? (Who gave it?)

Don't fall in love on the first date. (my first date) - *Michael Bardsley*

You can have money or kids, kids are more interesting. (parents) - *Sean Smith*

Give every person a chance. (mother & closest friend) - *Jessel Murray*

You're not the only pebble on the beach. (my mother) - *Betsy Mathews*

Library Department

seated: Patricia Sedgwick, Isabel Ryavec
standing: Sue Alward, Sheila Maisey



Custodians

1st row: Randy Andrews, George Graiff, 2nd row: Steve Hampton, Ronny Cradle, Donna McKinnon



S P O R T S

As a result of heroic fund raising efforts, we are beginning to see Amherst Regional sports in a whole new light — more specifically, under the lights of Community Field. This new addition to our athletic fields have allowed athletes in a range of sports to showcase their talent in front of larger crowds.

While the lights

hovering above Community Field are a sight to marvel at, so is the play that goes on beneath them. As can be seen by the 32 Western Massachusetts

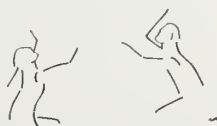
and State Championship banners adorning the walls of the gymnasium, our sports teams have accomplished unprecedented success in a variety of sports.

Countless hours of hard work and dedication to athletics by students in grades 7-12 is what has made Amherst sports the Best in the West.

Emily Jones ('95)



Members of the girls' Cross Country team push towards the finish line in pursuit of victory.



The boys' Varsity Soccer team huddles together to raise their spirit before a big game.

M

emorable Spring

Sports at Amherst Regional High School last spring turned out to be exciting, a season that can be memorable, and may predict even better things for the future. For example, the softball team participated in the state finals; the boys' varsity tennis team was one of the best teams in Massachusetts, while the track team also had another chance to compete at the Western Mass. Tournament. The golf team, all underclassmen are looking forward to this season with new things that they have learned from last season.

The softball team lost three seniors, Meghan Reid, Emily Shore, and Tasmyn Green, but with their record, 22-1, they came home as the league cham-

pions and as the Western Mass. champions. They are looking forward to another great season.

The boys' tennis team finished the season with a 13-2 record, and dominated Western Mass. their biggest event of the year was their participation at the individual tournament, which was held at Amherst College.

The girls' tennis team also had a strong season, winning 16 games, and losing only three. This record earned them second place in Division I in Western Mass.

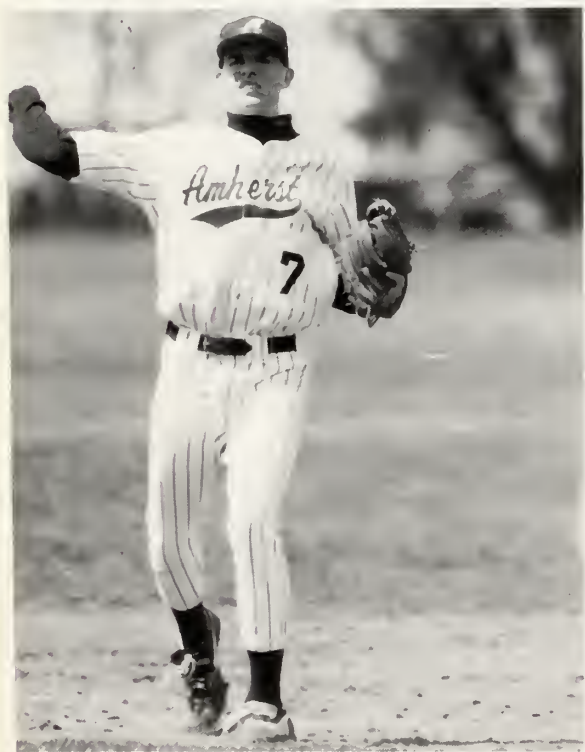
The track team got to participate at the May 14 individual meets, for an extra chance to compete for the Western Mass. Tournament, which was held in

Springfield on May 28. Eighteen students from the boys' and girls' track team qualified to participate in this tournament.

The lacrosse and golf teams gave a GREAT effort, and are planning to use their new experience from last year for this season. The Lacrosse team's record was 7-10, with twelve seniors leaving and eighteen players returning for this season. Although the golf team's record was 0-12, they still have a chance to win a match this season.

The spring season of '95 will be a great season, with many returning players, new experiences, and some extra chances.

Erik Betjemann '96



Faster than a speeding bullet, more powerful than a locomotive, Justin Sorensen hurls a baseball across the field.

Emily Jones stands in position anticipating the pitch.





Dan Souweine displays his smooth driving skills while aiming for that hole in one.

Despite the sun in her eyes, Delia Scanlan returns the ball to her opponent with incredible spin.

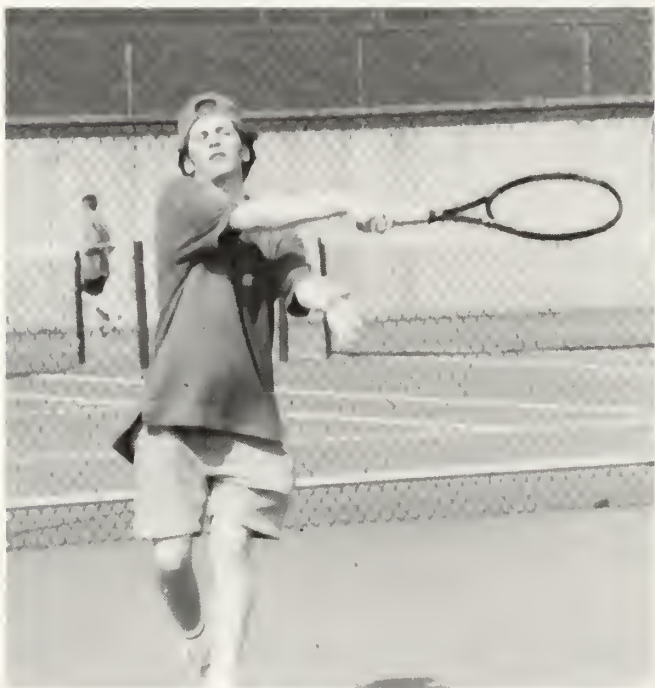


Members of the lacrosse team, John Bray, Greg Smith, Sergy Chebotarev and Phil Robinson take note of their teammates skill during practice.

Trying to win first place in the long jump, Rour Pen takes a giant leap into the sand pit.

Taking a breather during a tough game Justin Sorenson, Jeff Matuzko, and Scott Rathbun sit on the bench.

Preparing for the competition Aaron Fine practices his forehand.



Hey diddle diddle the cat and the fiddle watch Trisha Dana jump over the hurdle.

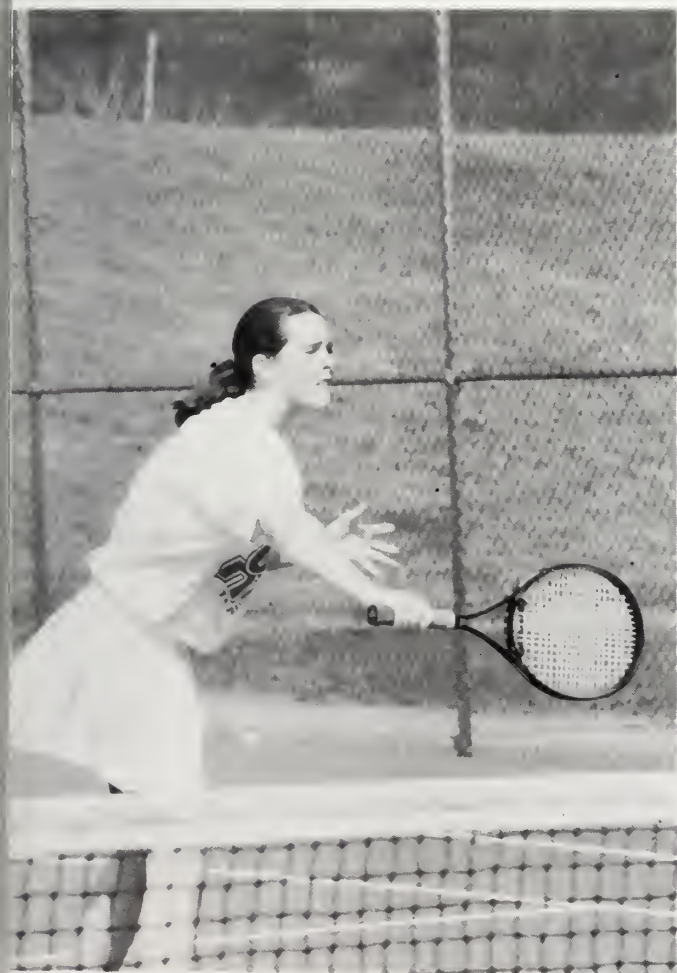
Epitomizing the form of a Greek statue Eli Martz prepares to put the shot.





Watching intently, Andrew Potter ponders the meaning of lacrosse.

Bending low for a ground ball Emily Frant thinks, yet again, "I am every woman."



In perfect synchronization Brian Murch and Bill Cray practice their strokes.

Exhibiting nearly impeccable form Curry Walker volleys at net.

Y

et Another Successful Season

Finishing yet another successful fall season, the Amherst Girls' Cross Country team completed another string of duel meet victories. Continuing an ongoing winning streak since 1988. Although we did not win the Western Mass. title, we felt that more importantly, we came together as more than a team. We became a family, celebrating our unity in events such as team spaghetti dinners, pizza dinners, disco parties, and ice cream runs to Barts'. Practice was not all fun and games, however, we will always remember

the repeat miles, never-ending suicides, on going 800's and hurricane runs. These were just a few of the workouts our dedicated coach, Art Keene, challenges us to do. As a team, we worked together to build our strength and depth until we soon became a team to fear. We had outstanding performances from 9th grader Alane Knipes and 10th grader Alysoun Johnston. We also had five seniors finish their last season - Carrie Adrion, Jessie Anthony, Rita Powell, Emily Riddle, and Jessi Whittemore.

Carrie Adrion ('95)



Coach Art Keene tends to an injured runner before a race.



1st row: Sophal Lam, Alysoun Johnston, Carrie Adrion, Jessi Anthony, Rita Powell, Jessi Whittemore, Alane Knipes; 2nd row: Jenny Steinberg, Molly Collins, Emily Adrion, Becca Peterfreund, Jessie Sikora, Natalya Weinstein-Roberts, Taylor Whittemore, Lauren Kohl, Kate McNamara; 3rd row: Lindsay Dunn, Tova Nugent, April Engley, Asha Awad, Kate Roy, Liz Brown, Yelena Gorfinkel, Lauren Mainville, Alison Klaum, Emily Riddle, Coach Art Keene





And they're off! Carrie Adrion, Jessi Anthony, Rita Powell and Becca Peterfreund sprint off to a good start.

Becca Peterfreund — what an iron woman!



Resting before a race, Asha Awad and Jenny Steinberg catch a peaceful moment in the sun.

Captain Rita Powell pushes towards the finish line. No wonder they call her the "Queen of Pain."



Martial Arts

Asian Systems of Self-Defense

Tae Kwon is a Korean Martial Art which incorporates hand and foot techniques. Erica Brillhart has been studying at the Amherst Martial Arts center for about a year and a half and is currently a blue stripe. Learning Martial Arts doesn't only mean learning how to fight, but it also requires one to build concentration, perseverance, endurance, self-awareness and control. It doesn't only tone the body, but enlightens the mind. A typical workout involves stretching, kicks, punches, blocks, traditional weapons, sparring and meditation. Erica's instructor is Annie Schwartz, a third degree black belt, who has been a great inspiration and role model, especially because she has mastered a typically "man's sport." She helps her students build self-confidence, self-discipline, and courage.



Junior, Erica Brillhart, demonstrates a kick during a Martial Arts demonstration.



David Patterson races for the finish.

Erik Nazar struggles to beat his own record.

Coach Crowley tells his team "run that way."



The team gets off to a good start.

Team: 1st row: Dan Roth, Dawa Romito, Jon Mallen-St. Clair, C.J. Karch;
2nd row: Taylor Washburn, Jon Rosen, David Patterson, Erik Nazar, Shua
Garfield; 3rd row: Ben Nicheteris, Sang Ho, Ethan Schmidt, Randy Crowley
(coach)





E

xceptional Year Finishing Third In The League

The Boys' Cross-Country team had an exceptional year, despite the fact that there were only three returning varsity runners. The team went 9-2, finishing third in the league, and losing only to Westfield and Minnechaug. The boys cross-country team went about its business, receiving some motivation from the song "I Talk to My Food," which the girls perpetually played before meets. Perhaps the most impressive triumph of the team was defeating Cathedral 26-29, which Amherst hadn't done for three years. "The victory was nice, really nice," says team captain Dawa Romito. Defeating Holyoke was another key victory. The loss of Sang Ho, due to knee trouble, hurt Amherst. However, the team managed to pull off the rest of the wins without him. As the meets passed, the times improved, the team got stronger, and eve-

rybody worked harder at bettering themselves. The "chowder head" award was given hands down to Daniel Roth, which acknowledges his denseness and numbness. This year saw the emergence of a young 8th grader Eric Nazar, whose name is in the Amherst Record books. He broke the best time on the home course for an 8th grader with an 18:24. There wasn't much success at Western Mass., with the team only finishing 9th out of 20, but everybody ran hard.

Hopefully, Mr. Crowley will return next year, and coach Amherst to a win in its league. That seems possible with five returning varsity runners, and maybe some of them will be in shape before the season starts. As Shua "the Butt Nut" Garfield, the famous 9th grade whiz kid, once said, the secret to doing well is to "run fast."

Brian Kerrigan ('96)



While spectators look on, Amherst and Chicopee Comp. team member prepare themselves for a race.

As the team walks towards the start, members "cuddle their shoes."



W

e Finished Strong won three...tied three

We won three games and tied three games this year, which beats many of our past seasons. However, our record in no way shows what kind of season this was. Every game we lost was extremely close (except for our night game, the only one that anyone came to watch); we would lose by one or two and often we would move the ball around better than our opponent. We finished the year off strongly with a 2-1 win over the league champs. Next year should be even better, with a more confident team and strong junior varsity players coming up. The junior

varsity team was the J.V. League champs this year, which only means we will have an increasingly better team.

We were burdened with multiple injuries for a while that kept us playing without substitutes. We entered games with high spirits after listening to "Summer of '69", "Piece of My Heart", "American Pie", and "Respect". We ate our hearts out at Gepetto's Restaurant on Pasta and BREAD. Some of us felt like puking, but it was good team bonding. Overall the season was more successful than our record showed; our morale was high and we never gave up.

Lena Fletcher ('95)



Varsity

1st row: Chris Monteiro (coach), Jessie Denis, Sarah Klaum, Amy Boreman, Megan Boreman, Caroline Winter, Carrie Tharp; 2nd row: Cara Connolly, Michelle Labbe, Bethany Roth, Lena Fletcher, Stephanie Hartouni, Kate Bonsignore, Rhiana Schwartz, Erin Cheney



Junior Varsity



Senior Carrie Tharp controls the ball as she moves upfield.

With intense concentration, Stephania Vanin takes a shot on goal.



Senior Nina Reck races after a loose ball.



Teammates Stephania Vanin and Michelle Labbe work together to avoid the pressure of oncoming defenders.

After scoring a goal, Carrie Tharp, Stephania Vanin and Caroline Winter celebrate at midfield.

Dancing



Phoebe Taubman and Maria Roeper perform with the Amherst Ballet Theatre Company

The dancers of the Amherst Ballet Theater Company spend six days a week learning different styles of dance and rehearsing for upcoming performances. Our program has included classes in choreography, ballet, modern, jazz, Spanish, Afro-Brazilian and Chinese dance. We have performed extensively throughout Western Massachusetts and at various art museums on the east coast. Last August we were proud to represent the U.S.A. at the Aberdeen International Youth Festival for the arts in Scotland. For many of us, the company is a home away from home where we have learned the value of responsibility and dedication.

Phoebe Taubman ('95)



Student from the Amherst Ballet Company pose for a picture after a workout.

Josh Ratner wins the ball in the air just as he gets hit from behind.

Robbie Russell concentrates hard as he moves the ball up-field.



Goalie Brian Murch dives on the ball as two opposing players converge.

Junior Nino Vanin goes up strong as he and another player fight for the ball in the air.





F

inishing on a High Note

"It's a SIMPLE GAME!" stressed first year coach Steve Lepore. Unfortunately we didn't learn that until late in the season, when we finished off our last seven games with a record of 4-2-1. Our final record was a much improved 5-10-3, with many of our losses coming on questionable calls.

We finished our season on a high note, beating Central under the lights at Community Field, and doing our part to knock them out of the playoffs. Dan Lawren's second-half goal, and Roberto Torres' tenacious play in the midfield helped seal the win in front of the home crowd. Another bright moment for our team was a vindictive stomping of Chicopee's post-season dreams, with a 1-1 tie. Although Chicopee had demon-

strated much "cunning with the ball" in our previous embarrassment, this time Amherst's stodgy defenders were not so easily tricked.

We had an inspired win over traditional arch-rivals Northampton, in what was arguably our most gratifying performance. Seniors Ryan Howes and "sueit" defenceman Jon Fendstad, played particularly well in this victory. The versatility of our goalie/striker Brian Murch and field general Ben Elbow made this season one to be remembered.

Now here's a message for you: thanks Abe! burn's my butt... Aaah!, Drips, Ben Gola, Enjoy the Foliage, Love to Sweat, It was free... so I wear it.

Ben Elbow ('95)

Brian Murch ('95)



Varsity: 1st row: Roberto Torres, Ryan Howes, Ben Elbow (co-captain), Brian Murch (co-captain), Dan Lawren, Jon Fendstad. 2nd row: Robbie Russell, Nuon Noeun, Brian Meyers, Raj Gurung, Josh Ratner, Woody Davies, Tim Stone. 3rd row: Steve Lepore (coach), Noah Danoff, Nate Adams (asst. captain), Nino Vanin, Dan Souweine, Thupten Tshering, Seamus Stack, Jon Stogner (asst. coach), Jeff Lombard



Junior Varsity: 1st row: Dan Worth, Jon Petit, Ethan Hazzard, Lawren Quigley-Jones, Dan Ratner, Jon Malenfant. 2nd row: Owen Buttolph, Abe Abernathy, Zack Browne, Matt Jones, Nick Kosiba. 3rd row: Chris Moran, Chris Rue, Jesse Weiss, Shaen Robertshaw, August Zajonc, Juan Pablo Mass, Jeff Lombard (coach)

F

irst Win

Under the Lights

Field Hockey team had a winning season with a record of 8-5-1. We faced many challenges: losing our goalie, Tani Wilson and our center back, Mariah Peelle due to injuries. We also played top Western Mass. Teams in cross-over games. We had a lot of young players to fill in the gaps, such as seventh grader Katie Zacharian in goal. Despite our problems we make the Western Mass. tour-

nament and we were the first team to win under the lights on Community Field.

We will always remember getting pulled over by the state police, practices with Mikey, "3 times around the big field," "Gun!... BANG!", team parties (jell-o and p & s), "1-5-6-3-eh?" and "Go home losers!" Thank you Ms. Keyes-Ames, and good luck to seniors and next year's team.

Monica Bhowmik ('95)

Adria Piccicuto ('95)



Varsity

1st row: Sara Suglia, Anne Dauchy, Kate Connelly (holding Michael Ames), Kristi Cherewatti, Heather Carmichael; 2nd row: Sadie Wilcox, Heather Lattuca, Adria Piccicuto, Monica Bhowmik, Heidi Wiemokly, Colleen Schmitt; 3rd row: Kate Zacarian, Jane Ames (Coach), Ella Pearce, Sarah Harrington, Bandi Mangaliso, Audra Page, Ariana Zukas



Junior Varsity

1st row: Vanessa Kellor, Corinne Kravitz, Nadia Kachwaha, Molly Emond, Andrea Mussante, Lauren Fein; 2nd row: Larissa Chernock, Jen Carey, Marli Jo Lombardi, Julia Sorcenelli, Sarah Pickering, Sarah Walsh, Jen Gladu, Mia Sorcinelle; 3rd row: Jen Garver (Coach), Dara Nussbaum, Kelly Jablonski, Ellen Katch, Jamey Kline, Anne Talley, Kia Custard, Kate Riva, Tasmyn Green (Coach)

Rejoicing, Sara Suglia throws her arms in the air.

Members of the field hockey team celebrate after scoring the winning goal.



Senior Monica Bhowmik manages to get off a good shot despite the collision with her opponent.



With her hard shot, Sara Suglia looks to score another goal.

With intense concentration, Heather Carmichael maneuvers the ball downfield.

W

e Proved Ourselves Champions

It was a great season! The new, inexperienced team that came together three years ago really melded together to achieve an impressive 17-4 overall record, go undefeated in the Southern league, and become the number one seed in the Western Mass. Tournament.

Having lost no players from last season, the team came back ready for victory, and we certainly proved ourselves champions with our successful season. The hard work paid off, and although we didn't go as far as we could have, we proved ourselves a rising power in Western Mass.

A disappointing loss in

the Western Mass. semi-final game ended our season abruptly, but the memories and accomplishments made along the way will always stay with us.

We'll always have the great memories: wrestling on the bus; ahh, smell the ocean! whipped cream fight and ghost stores. 100 series, Now! Rhode Island and Barnstable and other fun weekends!

TOGETHER
FIGHT, TOGETHER WIN!!
JUGGERNAUGHT
AMHERST #1

B.O.A !!!!!!!

Ashleigh Sullivan ('95)

Erica Gilbert ('95)



Varsity 1st row: Thea Moruzzi, Sara Parent, Sabrina Riley, Ashleigh Sullivan; 2nd row: Jade Cuevas, Courtney Scherpa, Cristina Toro, Michelle Wenowitz; 3rd row: Betsy Riley (coach), Meaghan Lumbis, Emily Frant, Erica Gilbert, Kristin Moyer, Elisabeth Malsch, Jen Palazino (manager)



Junior Varsity 1st row: Ariel Glassman, Ashaw Strazzero-Wild, Maia Ceslak, Jess Bonsignore; 2nd row: Melissa Lumbis, Angelica Pereles, Dolores Cruz, Marcy Whalen, Merrill Glassman; 3rd row: Angie Martinez (manager), Laurie Blin, Julia Goshing, Kari Stanek, Yael Leopold, Jen Hurwitz, Trish Lee (coach)



Sophomore Sara Parent spikes the ball.

Junior Cristina Vaquez-Toro waits attentively for the ball to come her way.



Meaghan Lumbis prepares to bop that ball.



Senior Erica Gilbert goes up for the block as junior Emily Frant gets ready for the ball to come over the net.

Members of the team, Elisabeth Malsch, Erica Gilbert, Courtney Scherpa and Kristin Moyer cheer a good play.

Bicycling



During her cross-country trip, Kim Sherman poses with her bike on the banks of the Mississippi.

Last summer, senior Kim Sherman left for a nine week biking expedition across the country which she said was the best summer of her life. The trip started in New Hampshire, where she and ten other campers spent two days in training. After that, they flew to the west coast and began their trip. They biked through the North Cascades in Washington, Montana, and North Dakota, continuing across the country into Canada and then back down through Vermont and New Hampshire, averaging about 80 miles a day.

For Kim the trip meant more than just exercise; for one thing she had the chance to really see the country. She spent some time at dairy farms, went to a town fair, went white water rafting, and visited Niagara Falls. Aside from this, though, she learned a lot about people and making friends. Over the nine weeks, she developed close relationships with the other people on the trip and they found it easy to talk to each other about anything that was on their minds.

Kim thought that the trip was a wonderful experience, one she will never forget. She strongly encourages other to try it.

Vanessa Norton ('95)



David Kroodsma gives it his all in practice.

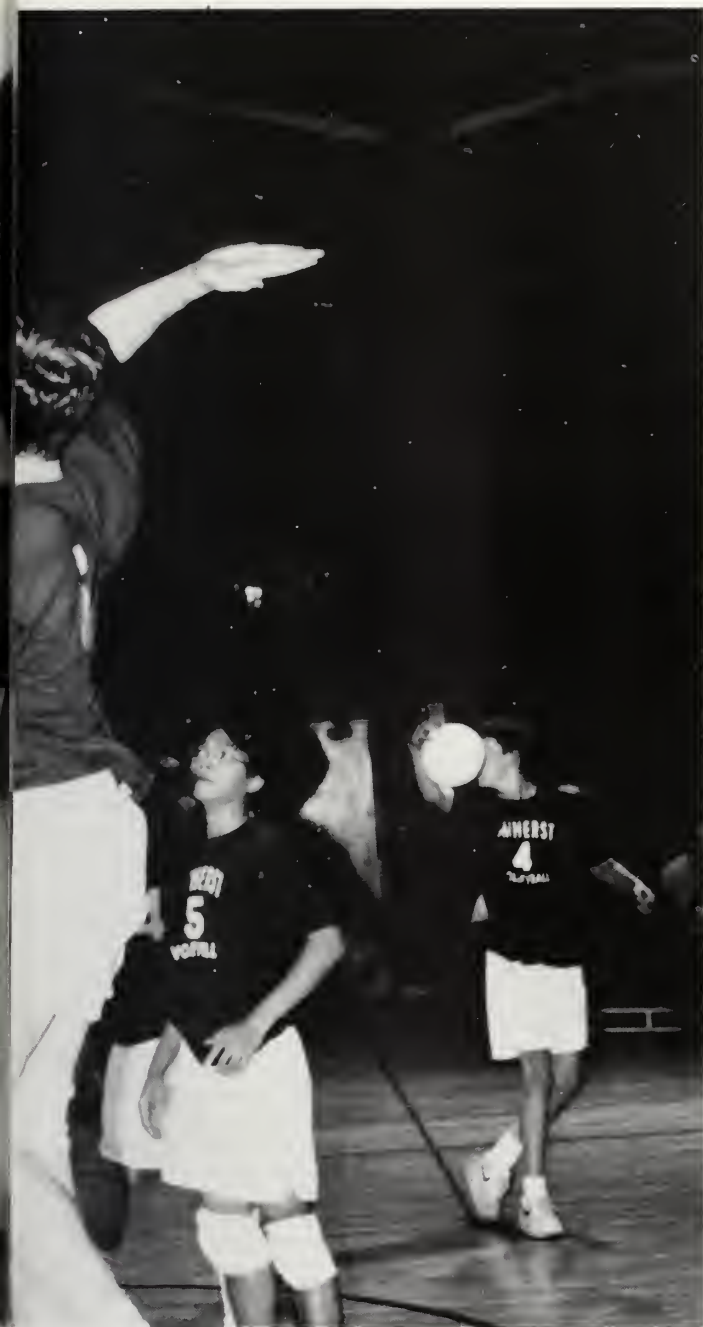
With intensity, Chung Liang bumps the ball high into the air.



With the support of his teammates Chung Liang skillfully puts the ball over the net.

Waiting for the serve, David Kroodsma focuses his energy on the game.





A

Positive Look

at a Tough Season

The Varsity Volleyball team survived a hard season, but still managed to keep a positive outlook on it and the upcoming season. Being the youngest team in the league they lacked the size, depth, and experience that most of the other opponents possessed. Two of the three tri-captains will return next year with high hopes for their junior and senior years. The third captain was the only member of the team to graduate. The young team also consisted of two juniors and two freshman. The JV team had a very good season, and there look to be many good athletes coming up in the next

few years.

In a season with few wins, there were many highlights. The obvious one, of course, was the one win against Minnechaug. The match was finished in two quick intense games of aggressive play by the Hurricanes. Other highlights come in the form of close games. A few times the Hurricanes were just points away from beating the best teams in the league, only to have the victory be just out of reach. Although the record did not show it, this team will be a threat in the upcoming years.

Nick Reich ('97)

David Kroodsma ('97)



Junior Varsity

1st row: Greg Ross, Tian En Long, Jiguang Hu; 2nd row: Ken Danford (coach), Tony Pascoe, Tom Gilbert, Ryan Muldoon, Rob Stefanisko (coach)



Varsity

1st row: Steven Williams, Nick Reich, Chung Liang, David Kroodsma; 2nd row: Ken Danford (coach), Ben Jones, Bryan Loose, Binh Loc, Lin Chung, Rob Stefanisko (coach)



Gracefully, Shachar Gillat lands her lay-out step out without a wobble.

Kerry Scott lands her back-hand spring quarter turn to a front support.

Carefully, Corinne Richmond lands her straddle-planche mount.



Keri Page laughs when Coach Schure suggests doing a double-back tuck off on bars for a dismount. (Dream on Melissa)

With deep concentration, Amber Scoon prepares for her valdez-full piroette.





S

howing Their Talents

The gymnastics team is as good as if not better than last year's squad. At 6-3, Coach Melissa Schure said, "The girls are performing at a higher level. They're doing really well. The judging is a level higher, and they're keeping up."

Coach Schure noted sophomore Kerri Scott as a solid member of the team.

Kerri is our best all-around performer. She has placed first or second in the all-around in all our meets." said Coach Schure.

Mike Ziomek ('96)



1st row: Corinne Richmond; 2nd row: Nikki fonsh, Laila Murfin;
3rd row: Amber Scoon, Rose Haughey, Cara Serio, Paloma Lustig;
4th row: Coach Emily Leucke, Emily Woolff, Marion Sussman, Keri Page, Kerry Scott, Shachar Gillat, Coach Melissa Schure



"Look ma, no hands!" Exclaims Rose Haughey (ouch!!)

Senior Marion Sussman performs a routine during a gymnastic meet.



The Hurricane offense lines up against Minnechaug.

Captains Alex Kaplan and Adam Kleindienst greet the Agawam captains.

Matt Natle breaks through the line against Minnechaug.



Matt Reid pitches the ball while Dave Jacoby, Alex Kaplan, Seth Hankowski and Gregg Joyce secure their blocks.

The Hurricanes celebrate their victory over Minnechaug.





T

hanksgiving Day Victory

Highlight Of The Year!

In the 1994 season, the Hurricanes blew through a rocky 1-9 season. Even though there was only one victory, the team stayed focused and determined. The first night game against Northampton was a memorable experience as the first game "under the lights" in the town of Amherst. Although the outcome was not as we may have wished, we had a great time playing in such an historical event. Besides the Amherst-Hamp rivalry should keep going on long after this game. There were many good times during the season, including team dinners, movies and M--O highlights from the season which include a school record 45 yard Ian Young

field goal against Greenfield, and a narrow loss to Suburban League Champions, South Hadley. In the end, all of our hard work paid off as we defeated Minnechaug 13-12 on Thanksgiving Day. Two first half touchdowns and a solid defense secured the win. Senior Serge Cheboratev said about the Thanksgiving Day victory, "It was the highlight of my year!" The Hurricanes would like to thank all the coaches and parents for their support, and special thanks to the lunch ladies for their stellar attendance. Good luck to all the underclassmen. Have a great season next year! BAL 95

Brian Emery ('95)
Alex Kaplan ('95)



Matt Reid lets one fly against Westside.



Gregg Smith, Alex Kaplan and Ian Young make the tackle against Greenfield.

Captions by Alex Kaplan



K

Keep That

Amherst Spirit Up

Throughout the season the cheerleading squad has experienced a variety of small problems, such as a loss of cheerleaders. But, through it all, the girls on the squad kept themselves together. No matter what happened before a game, they would put it aside and do what they were there to do — keep up the spirit of the team and of the fans.

The girls on the squad became like a family. That was inevitable; they spent at least four hours to-

gether twice a week. They shared stories, jokes, music, and make-up. They even had a “mom” — coach Renee. She was always willing to talk with the girls about their problems and share her own experiences. She will definitely be missed next year.

Memories: “Come on, spit out the gum.” “Is somebody mocking me?” “We’re winning by that much?” “Camp Atwater was a nightmare!” McDonald’s Playground. The boisterous rides home.

Kia Custard ('96)



1st row: Searita Scott, Narah Valcarcel, Shynia Bennett; 2nd row: Talitha Humber, Lorianna Streciwilk, Kai Defaima, Kia Custard; 3rd row: Monique Blake, Kiki Johnson, Renee Scott (coach), Angelica Pereles, Jennifer Grim



Raising their pom-poms, Kim Carey and Kiki Johnson, encourage the football team.





Some of the cheerleaders lead the crowd in a cheer.

After school the basketball cheerleaders practice a new formation.



Narah Valcarcel raises her arms in a cheer after the team makes a basket.

After a time out Narah Valcarcel, Carrie Davis, and Searita Scott run off the field.

Horseback Riding

Horseback riding, also known as equestrian arts, is a combination of horse control, grooming and knowledge of equipment, but according to Amherst Riders Carrie Howard and Caitlin Robinson the best part of riding is the beauty of the horses.

At horse shows, the rider and the horse are judged on style, pace, manners and in specific cases, the ability to clear jumps. Stock-seat riding which is used at rodeos compose another form of competition. At rodeos, the rider is judged on dress, and pattern tests. At more advanced levels collection and extension, the shortening and lengthening of the strides, is also required.

Horseback riding consists of numerous details and lots of hard work, but in the end the fun in competing and riding makes it all worth while.



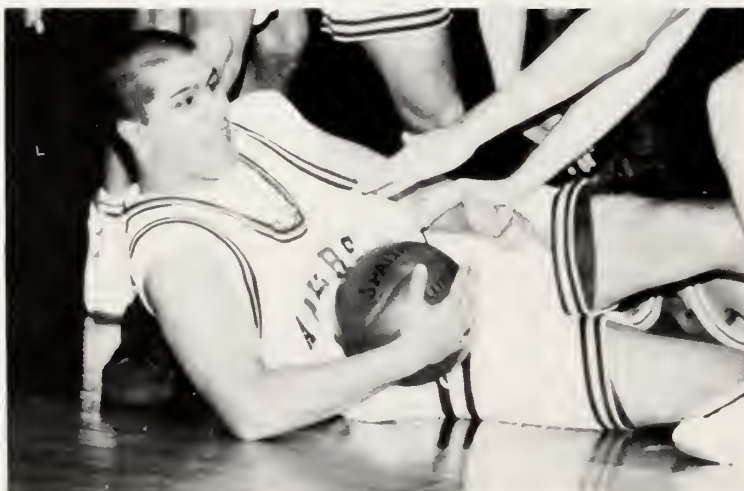
Displaying good form, Caitlin Robinson executes a jump.



Fending off the opponents, Nino Vanin dribbles towards the basket.

Josh Kortright looks on as Justin Sorensen goes up for a shot.

Despite the opponent's defense, Sean Coleman manages to pass to a fellow teammate.



Diving to the floor, Ben Loebli manages to maintain possession of the ball.



During a brief timeout, Coach Mike Thomas advises his team on a new strategy.



S low Start, Strong Finish

The Boys' varsity basketball team started the season slow by losing its first four games. Then team came together and won ten of the next twelve games, qualifying for the Western Mass. Division I tournament. The team consists of four seniors, five juniors and two sophomores. The six returning players included co-captains Jeff Matuszko and Justin Sorenson, seniors Josh Kortright and C.J. Wynder

and Juniors Nino Vanin and Richard Figueroa.

The team has both the depth and the talent to do well in the wide open tournament. At the time of printing we are hoping to beat 'Hamp for the second time this year and end their hopes for a tournament berth. The team hopes to finish the year strong and carry momentum into the post-season, continuing to collect more "keys" and keep up the "magic."

Justin Sorensen ('95)



Junior Varsity

1st row: Nathaniel Ihedigbo, John Barrett, Matt Reid, Ben Chilik;
2nd row: Matt Nattle, Tyson Kehler, Tarik Coble, Ryan Parker, Ernest Warren, Dan Clason-Hook, Scott Finch (coach)



Varsity

1st row: Justin Sorensen, Josh Kortright, Jeff Matuszko; 2nd row: Sean Coleman, C.J. Wynder, Nate Adams, Damany Gordon, Ben Loeb, Dave Jacoby, Nino Vanin, Richard Figueroa, Mike Thomas (coach)

C hallenges

Accomplishing Goals

The girls' basketball team began the season with many challenges. We lost many of last year's starters and were placed in a more challenging league, yet we still managed to accomplish many of our goals. Our hard work paid off and we improved as the season progressed. Swing and J.V. players stepped up to play in many games. We practiced long and hard after school and on weekends, enjoying every minute of the three lines drill and running our skeleton offenses. Despite our disadvantages, we developed into a strong team.

We had a lot of fun this season, both on and off the court. Problems with buses left us all decked out looking our best hanging out with the truck drivers in Great Barrington, and waiting for buses to pick us up

at the high school that never came. We frequently scrimmaged in practice encouraging Emily to "dunk it," and seeing which team was the best at running FLEX, a play used by many of our opponents. Emily, Sug's, and Stephania were always the last ones to leave the locker room. Von and Julie were always the first ones on the bus, letting nothing stand in their way. Rita was never without Aunt Tom, Carrie impressed and dazzled us with her socks, Jessi advertised our home games, and Amy got herself pepped up with her warm-up dances.

Seven seniors completed their last Hurricane Basketball season and we wish the best of luck to next year's team and all the great teammates that we're leaving behind.

Von Shepard ('95)
Julie Stanitis ('95)



Varsity

1st row: Sara Parent, Carrie Tharp; 2nd row: Julie Stanitis, Anne Dauchy, Stefania Vanin, Jessica Denis; 3rd row: Ron Moyer (coach), Lavonne Shepard, Amy Boreman, Emily Jones, Rita Powell, Sara Suglia



Junior Varsity

1st row: Sara Parent, Sara Bozorg, Leila Bozorg; 2nd row: Meaghan Lumbis, Rhiana Swartz, Catherine Bonsignore, Myrna Devillier; 3rd row: Trisha Lee (coach), Melissa Colbert, Jennifer Roberts, Anne Dauchy, Courtney Hall, Melissa Lumbis





With great effort, Emily Jones jumps while Jessi Denis blocks the opponent.

Looking for a way to steal the ball, Jessi Denis and Amy Boreman rush forward.



GIRLS SKIING
1991

GIRLS CROSS COUNTRY
1991



Being covered by a "Knight", Carrie Tharp attempts to pass the ball.

Alone in the back court, Rita Powell searches for an open teammate.



Rowing

Modern rowing originated in England in the 1700's as a pastime for the upper class. The first competition in the United States, held in New York City in 1811, demonstrated the strength and coordination needed to paddle the barges through the river. Once introduced, rowing developed into a prestigious amateur sport.

Today, rowing competitions are separated into two categories, either sculling or sweep events. In the sweep events, a rower holds only one oar and is part of a crew of two, four, or six, so teamwork is vital to a crew's success. Scullers hold two oars which allows for individual competition, but crews of two and four are also possible.

Rowers compete in the Olympics and around the world in various races with the top race begin the Henley Royal Regatta.



At the Head of the Connecticut, Gregg Lithgow demonstrates his sculling abilities.



Senior assistant captain Brian Murch helps out defensively.

Junior captain Steve Rouisse fiddles and diddles on his way to the net.

Freshman Rusty Atteridge scraps for the puck.



Senior captain Scott Rathbun pokes away Jason Roberts' bid as freshman Tom Rainard puts a shoulder into him.

Sophomore Dennis Whittemore eyes the puck before the save.





P lay as One

Learn To Win

“ This is not a rebuilding year, this is a reloading year,” said coach Buzz Bray on the 1995 Hurricanes. Many were skeptical of the upcoming season, citing our lack of experience and depth compared with last year’s championship season. Contrary to what the skeptics thought, we did reload. The young crop of freshman and sophomores played like veterans while returning letterman stepped-up their games another notch. After a slow start the team was able to

play as one and learn how to win. The 1995 Hurricanes, despite our youth, have become a hard working, winning playoff bound team. We “stick the pucks in our mouth and stick our head in the net,” as coach Dennis Whittemore put it.

1995 season highlights include: Senior Brian Murch scoring on a break-away. Smuggling kool-aid into Stables, Farmer Browns, Chicarelli Tuesday, the All-Powerful black line, and J.B.’s freestyling with pebbles, that fox.

Scott Rathbun ('95)



Varsity

1st row: B.J. Harris, Brian Murch (asst.), John Bray (asst.) Dennis Whittemore, Scott Rathbun (captain), Steve Rousse (captain); 2nd row: Buzz Bray (coach), Brian Zlogar, Scott Quinlan, C.J. Karch, Joe Stepchew, Brian Clarke, Phil Ciccerelli, James Melby, Dennis Whittemore (asst. coach); 3rd row: Tom Rainford, David Patterson, Russel Atteridge, Noah Kuhn, Erik Betjemann (mgr.), Peter Gulliver, Carlos Gomez, Chris Vigeland.



Junior Varsity

1st row: Matt Crutch, Berni Jacque, Jeff Lyons, James Melby, Justin Gal, John Domian; 2nd row: Paul Nelson, Steve Goodhind, Seamus Stack, Dan Lannon, Mark Stankovic, Chris Moran, Chris Looze, Jim Warren (coach)



A

Season To Remember

This year was one to remember. For the five senior starters it was their last shot at Western Mass. Though the lineup was small, with one to two weight classes forfeited, it was rugged; its 10-2-1 record was testimony to that. With a solid core of seven veterans, we recorded over 150 wins this season. This core of Jesse Mosher (112), Tim Stone (130), Matt Perchemlides (135), Dawa Romito (140), Adam Kleindienst (145), Dorje Romito (152), and Noah Stapleton (160) rolled over many a good opponent.

This team took

years to build, but was really forged in the last five years. Over those years the seniors spent lots of hungry nights awaiting weight ins, wrestled hundreds of matches and endured some painful defeats. They spent hundreds of hours in training, and paid their dues. To these athletes the team is grateful.

We take the time to thank coach Dave Wintch for starting and teaching us, and to Frank Demarinis for pushing us. Special thanks to Joe Zilfi for teaching us the love of the sport. Best of luck to the upcoming underclassmen.

Jesse Mosher ('95)



1st row: Josh Rock, Dawa Romito, Noah Stapleton, Jesse Mosher, Matt Perchemlides, Adam Kleindienst; 2nd row: Jeremy Mainville, Tim Stone, Katsuhito Wakaki, Mike Todrin, Kito Sharpe, David Bhowmik, Dorje Romito, Dave Wintch (coach); 3rd row: Ryan Ahern, Ryan Wells, Patrick Wysocki, Jeff Maki, John Szczesny, Lin-Chung Liang, Robert Grant, Babak Seihoun, Andrew Wells, Andrew Fernsten, Lenny Czerwonka, Li Liang, Josh Todrin, Joe Ward, Randy Roberts, Dan Lewis; not pictured: Frank Demarinis (assist. coach), Kevin Sousa, Matt Cutler, Jake Miller-Mack, Nkosi Sharpe



Senior captain Matthew Perchemlides looks for a pinning combination while dominating his match.

Senior captain Noah Stapleton earns his reputation as a dangerous opponent, as he drives his competitor on to his back, earning "armbar", and eventually getting a six point pin.

Jeremy Mainville executes a picture perfect "stand-up" against a tough opponent, scoring a one point escape.



Senior captain Jesse Mosher preparing to show everyone why he is known as begin among the best in the state.



Varsity members of Amherst Hurricane wrestling team, listen intently to Coach David Wintch's pre-match assessment of the opposing team.

Sophomore Tim Stone, sets up his opponent for a painfully effective pinning combination called the Guillotine.

Figure Skating

In Scandinavian countries prior to the Christian era, ice skating was a practical way of traveling over ice during the long winters. The first blades were made of bone, but in 1592, the manufacture of ironblades was developed. The iron blades reduced friction which made traveling even easier.

The sport of skating branched off into various activities, but the most popular and beautiful is figure skating. Primarily an amateur sport, figure skating can be done individually or in pairs. The skaters are judged during the free skate on their ability to jump, spin and twirl as well on demonstrated grace, precision and control. In recent years, skating has been moving towards athletics by adding more complicated and daring jumps.

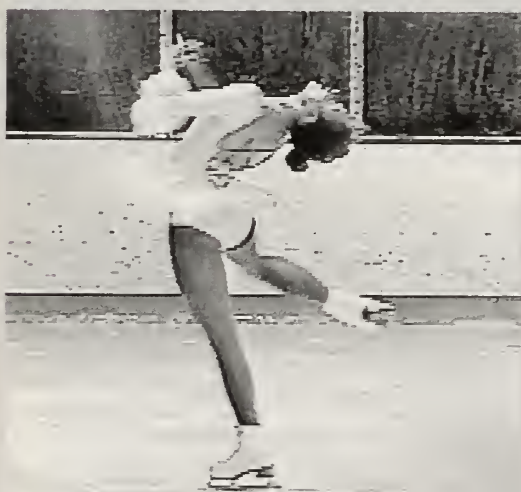


Figure Skater Lucia Green-Weiskel shows how beautiful this sport can be during a graceful performance on ice.

Zak Katz uses all his energy racing down the course.

Girls' captain Lauren Schweid leans into the approaching turn.



Junior Peter Manning crouches low to pick up speed.

Senior Gregg Lithgow glides past another gate.





ack of Snow

Didn't Hold Them Back

Despite the lack of snow at the beginning of the season, both the boys' and the girls' ski teams have been having fun and training hard. This was yet another season of young and inexperienced teams, yet with hard work during practices both teams have been able to finish strong.

The boys' team has been led by senior co-captains Zak Katz and Gregg Lithgow, and freshman Geoff Kravitz. Although injury and inconsistency has hurt the team, impressive team effort was contributed by skiers like Nick Rufe and Peter Manning.

The girls team finished strong, ranking 2nd

overall for the season. The team has been led by senior captain Lauren Schweid and by seventh grader Corrine Kravitz. The girls' team lost many returning skiers, yet despite their youth and the inexperience the girls have had a great season.

Both teams have seen much improvement this season, and are looking forward to an even better season next year.

Good luck to the girls' team which is going on to State's! We have shared many long cold nights together, and have been entertained by Top Gun on the bus rides home. We all say thanks to Pete, Bill and Christine for a great season!

Lauren Schweid ('95)



Senior Josh Artenstein maneuvers gracefully around the gates.



1st row: Bill Chaffee (coach), Sam Beebe, Sam Asher, Jon Breitbart, Corinne Kravitz, Audrey Ross, James Rosen, Ben Frantzdale; 2nd row: Kerri Wilbur, Julia Gohsing, Brendan Greeley, Janet Leonas, Tory Chlanda, Ben Kraines, Dan Roth, Bethany Roth; 3rd row: Chris Carde, Peter Tripp, Courtenay Ross, Alex Calhoun, Kate Gagnon, Adres Bur, Betsy Calhoun, Andy Rufe, Lubo Krupa, Peter Kravitz (coach); 4th row: Mark Donfried, Nick Rufe, Josh Artenstein, Peter Manning, Geoff Kravitz, Zak Katz, Lauren Schweid, Bryan Looze, Chris Tarr, Gregg Lithgow



A

New Team

This year the girls' swim team has changed. In the previous years it was more of an individual sport, each person striving to do her best. However, this year, we have a very large team that is composed mostly of seventh and eighth graders. This adds depth and changes swimming from an individual sport to a team sport. Although our weakness is inexperience, we have been very successful this season. Our record was 11 wins and 2 losses which is the best we've done as a team in four years. Although we did not have much competi-

tion in our division, we made the best out of the situation. We worked together and encouraged each other at all times. When it was a close race, we were there at the edge of the blocks yelling and screaming. When someone didn't do very well, we were there to tell her it was okay. When someone excelled, we were there to congratulate her! This season has been memorable with the pasta parties, the black nails, the shaving of the head, but mostly our "chats" in lane 1. We surely are a family. Good luck to Laura and Carrie. We'll miss you!

Erin Cheney ('96)



1st row: Emily Carey, Rachel Poritz, Kristin Moyer (captain), Carrie Adrion (captain), Erin Cheney (captain), Katie Zacarian; 2nd row: Kelly Chartier, Sherry Zakhary, Rebecca Adams, Caitlin Abrams-Freund, Merry Chiampa, Dara Cohen, Colleen Schmitt; 3rd row: Abby Kahn, Ellen Katch, Joyce Wong, Maria Choi, Emma Lieber, Lilly Mullin, Sadie Wilcox, Kate Connelly; 4th row: Maya Marx, Emily Adrion, Elaine Knipes, Alejandro Mendez-Rivera, Jamie Favaro, Patty Cole, Laura Wing, Betsy Riley (coach), Jim O'Donnell (coach)



Sadie Wilcox executes a perfect dive, earning valuable points for her team.

Jamie Favaro prepares to begin her race as Ben Zeitler looks on.

Rebecca Adams concentrates as she prepares to start the race.



Kristin Moyer powerfully glides through the water as she nears the finish.



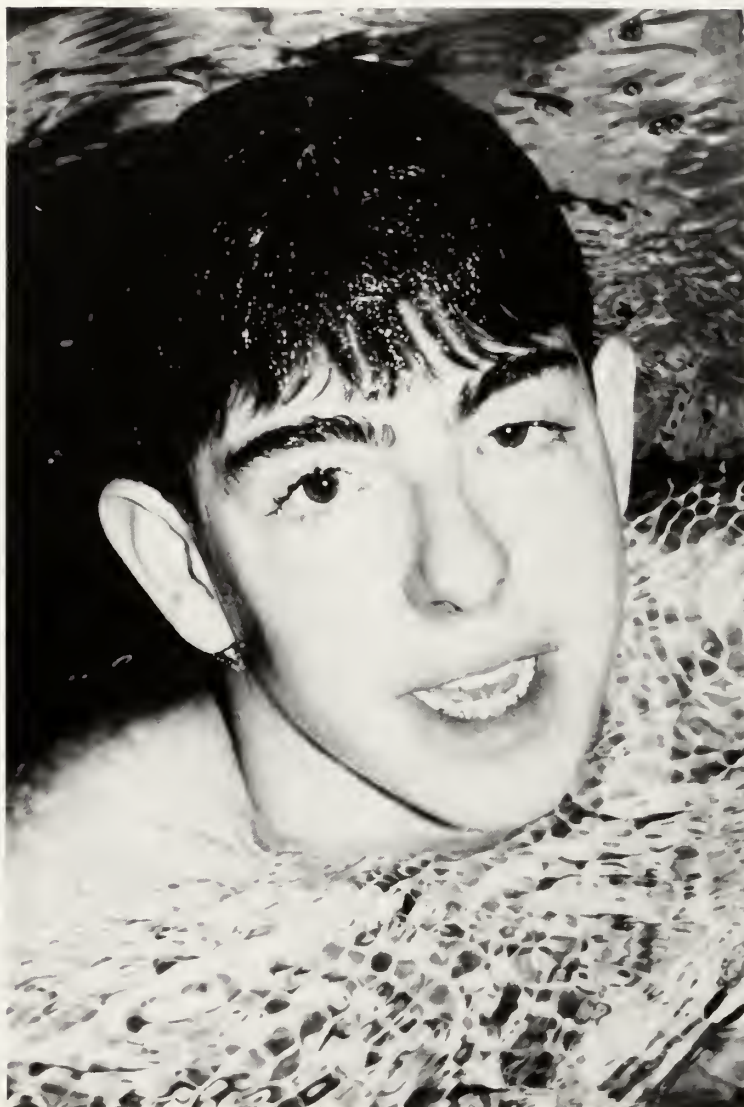
Merry Chiampa shows her skill as she competes in the freestyle event.

Patty Cole and Laura Wing smile for the camera as they watch the other members of the team swim.

David Kroodsma and his opponent launch off the starting block as the buzzer sounds.

Jacob Holzberg-Pill takes a breather after finishing a tough race.

Eating like a champion, a team member chomps away before his next event.



Nearing the end of the race Ethan Kakley needs just a few more strokes to win.





Jon Manter uses a powerful stroke to move ahead of his opponents. With a good look at the water Ben Zeitler tries to maintain perfect form.

F

inishing

Strong

Under the direction of coach Jim O'Donnell the boys' swim team survived yet another season. The meets our seven member squad did manage to win were well worth the effort we put into them. Though we dropped down two divisions,

individual times improved significantly over last year. With Western Mass approaching we look forward to giving it our all, finishing strong in both swimming and diving, and hopefully breaking the 200 freestyle record! Thanks for a great season O.D.!

Ben Zeitler ('96)



1st row: Jacob Holzberg-Pill, Tristan Boscardin, Ben Zeitler; 2nd row: Jon Manter, David Kroodsmma, Ethan Kakley; 3rd row: Betsy Riley (assist. coach) Jim O'Donnell (coach)



This year, instead of writing the tired old copy which is most likely incorrect by the time you read it in June, we decided to ask all our senior ultimate players why exactly they play this sport. Their responses:

I PLAY ULTIMATE BECAUSE...

I love diving after frisbees (G.D.M.)...anything you do with a disc is amazing and no other sport has anything like SOG (C.W.)... I love the fast pace, hard running, and emphasis on good sportsmanship (L.T.-B.)... there is no other sport in the world that is so competitive, so much fun, and yet you don't hate your opponents afterwards (N.D.)... there is no ref to card me when I hurt sensitive people who stay crunchy in milk (E.M.-B.) ... I like things that fly (G.K.-W.)... No other sport issues pastel team shirts (C.W.-R.)... Nothing is faster, nothing is dirtier, nothing is more intense, and no other sport uses a disc (S.M.)... SCOTT MADE

ME! (It's fun too.) (A.H.)... it is the only sport I know that your opponent will compliment you on a good play out of sheer appreciation for the beauty of skill. (A.F.)... it is the only sport in which some overweight, nearsighted official does not make MY call for me, and because people like Kenny and Jethro exist (C.S.)... of the sound. The sound of nature, breathing, crying. Foul! Go to! Check your feet! Shut the door! Huck it! And, most of all, Dusty Rose! (S.F.)... it's the best game in the world; because I refuse to associate with under-achievers; because chick coaches win more; because it's my life. (J.L.B.)



Most of the members of the 1994 ARHS ultimate intramural league:

1st row: Cathy Wirth, Steve Rouisse, Chris Stidsen, Mike Ziomek, Peter Manning, Matt Seeve; 2nd row: Alex Rosenthal, Amy Margalit, Jen Morgan, Vivian Lee, Cori Garrett-Goodyear, Chris Walker-Ray, Andrew Woglom; 3rd row: Michael Ellis, David Lemly, Niles Gold, Susanne Theberge, Gabi Kruks-Wisner, Nathan Dauchy, Zrinka Dekic, Josh Brandt; 4th row: Nathan Goldstein, Yang Tang, Sarah Lange, Vanessa Norton, Addie Fletcher, Dan Mullins, Vivi Ruiz, Aaron Fine, Josh Feldman; 5th row: Andrew Kahn, Li Liang, Alison Hsieh, Ben Chilik, George Sierra, Jonathan Mazer; 6th row: Brian Clarke, Scott McNiven, Josh Nugent, Loren Ludwig, Sathya Gosselin, Scott Fisher, Luke Brown, Ebon Moss-Bachrach, Tim Barber



Gangrene celebrates its intramural championship after defeating the Black Team by a score of 13-12. Left to right: Zrinka Dekic, Loren Ludwig, Steve Rouisse, Matt Seeve, Tim Barber, Andy Woglom, Aaron Fine, Gabi Kruks-Wisner and David Lemly. Missing: Amanda Boynton and Ebon Moss-Bachrach.





Gabi Kruks-Wisner sneaks a forehand by Sam Wilson as she looks for David Lemly to make a strong cut.

Five young toughs hang before intramural play-offs.



Loren Ludwig lays it out for a goal with Jarad Hirschhorn in hot pursuit.



Chris Stidsen, Josh Brandt and Steve Rouisse mock the little man in the cake's bidding style, after they spent three hours decorating it, of course.



Gabi Kruks-Wisner grabs a Tim Barber backhand as the Liang cousins (Jason and Li) of Dusty Rose struggle to reset the cup.



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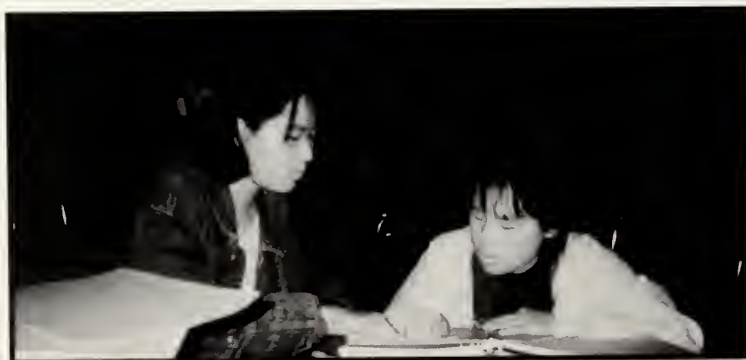
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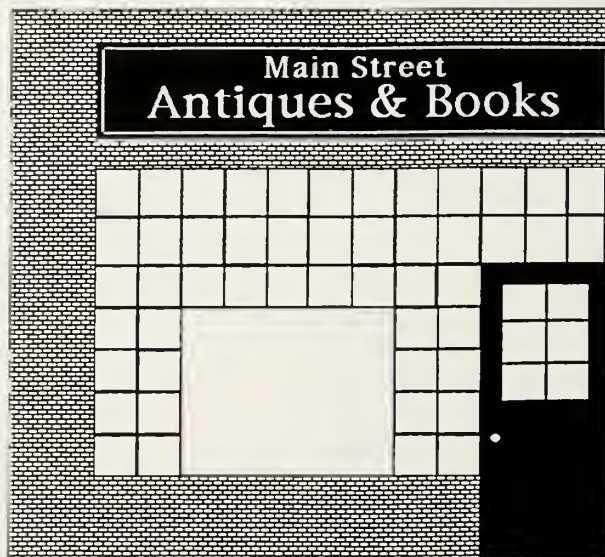
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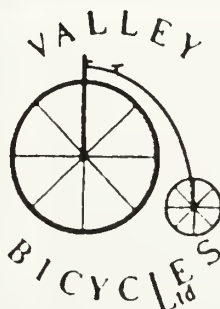
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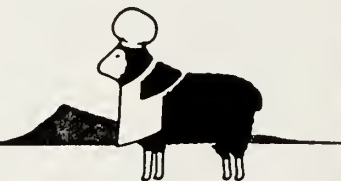
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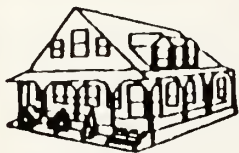
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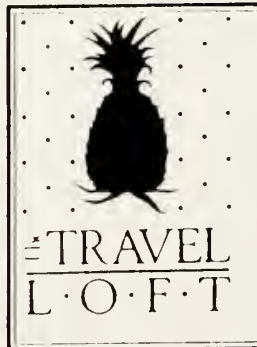
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Jan (center)
with her two
cousins Amy &
Carrie

Love
Mom



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MOUSA, AND DA
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Love,
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& Molly Collins

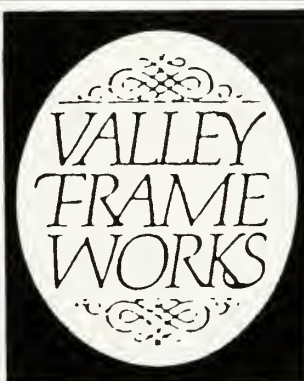


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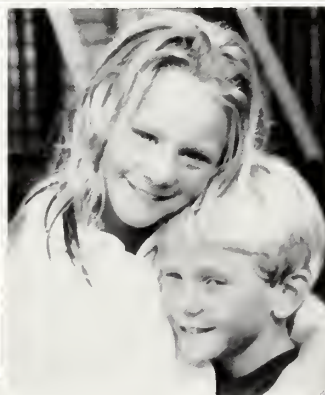
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*Congratulations
and
Good Luck*

*to the Class of 1995
from the Class of 1996*



CONGRATULATIONS

Love,
Mom and Dad

*The staff of the 1995 Goldbug
wishes to thank
the administration,
faculty and staff
of
Amherst Regional High School
for the support and cooperation
which made this book possible.*



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Special thanks to our Herff Jones representatives Claire Sygiel and John Carrier for all their help, patience and support.

And thanks to all those who helped with one time assignments.

The typographical error is a slippery thing and sly.
You can hunt till you are dizzy, but it somehow will get by.
'Til the forms are off the presses, it is strange how still it keeps.
It shrinks down in the corner, and it never stirs or peeps.
The typographical error is too small for human eyes
'til the ink is on the paper, when it grows to mountain size.
The boss just stares with horror, then he grabs his hair and groans.
The copy reader drops her head upon her hands and moans.
The remainder of the issue may be clean as clean can be, but the
typographical error is the only thing you sea.

Colophon

The Amherst Regional High School 1995 edition of the **Goldbug** was printed in offset lithography by Herff Jones Yearbooks, Gettysburg, Pennsylvania.

It was printed in a limited edition of 450 copies with 184 pages an 8 page tip-in is also included.

The paper stock used throughout the book is 80 lb. Bordeaux.

The cover is a silkscreen non-woven material in Glacier. Elements are done in Kelly Green and Gold Foil. It is mounted on 120 point binder's board.

The endsheets are printed in one color, Forest Green on white stock.

The book is smyth-sewn in 16 page signature, trimmed to 8 1/2 x 11 3/4.

In addition to the black ink used throughout the book, there are two flats of four color.

Captions and body copy are done in 8 and 10 point Bookman. Heads appear in Bookman.

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